

DHT Holdings, Inc.  
Form 6-K  
May 19, 2010

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SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Form 6-K  
Report of Foreign Private Issuer  
Pursuant to Rule 13a-16 or 15d-16 under  
the Securities Exchange Act of 1934  
For the month of May 2010

Commission File Number 001-32640

DHT HOLDINGS, INC.  
(Translation of registrant's name into English)

(Exact name of Registrant as specified in its charter)

26 New Street  
St. Helier, Jersey JE2 3RA  
Channel Islands

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.  
Form 20-F  Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Yes  No

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

Yes  No

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes  No

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b).



The press release issued by DHT Holdings, Inc. on May 19, 2010 related to its results for the first quarter of 2010 is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

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EXHIBIT LIST

Exhibit	Description
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99.1	Press Release dated May 19, 2010
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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

DHT HOLDINGS, INC.  
(Registrant)

Date: May 19, 2010

By: /s/ Eirik Ubøe  
Eirik Ubøe  
Chief Financial Officer