BCB BANCORP INC

Form 4 March 26, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB

Number: Expires:

5. Relationship of Reporting Person(s) to

(Check all applicable)

10% Owner

Issuer

X Director

3235-0287 January 31, 2005

0.5

Estimated average

OMB APPROVAL

burden hours per response...

SECURITIES

Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Section 16.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

BCB BANCORP INC [BCBP]

3. Date of Earliest Transaction

(Month/Day/Year)

Symbol

1(b).

(Last)

(Print or Type Responses)

MINDIAK DONALD

1. Name and Address of Reporting Person *

(First)

(Middle)

104-110 AV	ENUE C	03/26/20	•				_X_ Director _X_ Officer (gives below)		er (specify
			ndment, Date Original ath/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
BAYONNE, NJ 07002						Form filed by More than One Reporting Person			
(City)	(State)	Zip) Table	e I - Non-D	erivative (Securi	ities Acc	quired, Disposed	of, or Beneficia	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		3. Transactic Code (Instr. 8)	on(A) or D (D) (Instr. 3,	ispose	d of	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/26/2007		M	250	A	\$ 5.29	250	I	By Son 2
Common Stock							84,491	I	By IRA
Common Stock							2,950	I	By Spouse's IRA
Common Stock							1,561	I	By Son 1
Common Stock							19,525	D	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Fransaction of Code Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. F Der Sec (Ins
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options	\$ 5.29	03/26/2007		M		250	07/08/2002	07/08/2012	Common Stock	250	
Stock Options	\$ 9.34						08/13/2003	08/13/2013	Common Stock	14,580	
Stock Options	\$ 11.84						08/12/2004	08/12/2014	Common Stock	11,406	

Reporting Owners

Reporting Owner Name / Address	Relationships						
I a garage	Director	10% Owner	Officer	Other			
MINDIAK DONALD 104-110 AVENUE C BAYONNE, NJ 07002	X		President and CEO				

Signatures

/s/ Donald Mindiak	03/26/2007		
**Signature of Reporting Person	Date		

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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