NATURAL HEALTH TRENDS CORP Form SC 13G/A February 14, 2013

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 13G (Rule 13d-102)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULES 13d-1(b), (c), AND (d) AND AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2(b)

(Amendment No. 3)1

Natural Health Trends Corp. (Name of Issuer)

Common Stock, \$0.001 par value (Title of Class of Securities)

63888P406 (CUSIP Number)

December 31, 2012 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

- o Rule 13d-1(b)
- x Rule 13d-1(c)
- o Rule 13d-1(d)

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

<sup>1</sup> The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

#### CUSIP NO. 63888P406

ROBERT L. FROME

- 2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A (a) o GROUP (b) o
- 3 SEC USE ONLY
- 4 CITIZENSHIP OR PLACE OF ORGANIZATION

NUMBER OF	5	SOLE VOTING POWER
SHARES		
BENEFICIALLY		695,125 (1)(2)
OWNED BY	6	SHARED VOTING POWER
EACH		
REPORTING		30,000 (3)
PERSON WITH	7	SOLE DISPOSITIVE POWER
		695,125 (1)(2)
	8	SHARED DISPOSITIVE POWER

30,000 (3)

9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

725,125 (1)(2)(3)

- 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) "EXCLUDES CERTAIN SHARES
- 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

6.4%

12 TYPE OF REPORTING PERSON

IN

- (1) Includes (i) shares of Common Stock held by Frome & Co., a limited partnership of which Mr. Frome serves as the general partner, (ii) shares of Common Stock held by the Jennifer Frome Trust, a trust of which Mr. Frome serves as a trustee, and (iii) shares of Common Stock held in Mr. Frome's IRA account. Mr. Frome disclaims beneficial ownership of all such shares except to the extent of his pecuniary interest therein. See Item 4(a) for additional information regarding beneficial ownership.
- (2) Includes 14,707 shares of Common Stock currently issuable upon the conversion of shares of Preferred Stock and 14,707 shares of Common Stock currently issuable upon the exercise of Warrants. See Item 4(a) for additional information regarding beneficial ownership.
- (3) Includes shares of Common Stock held by Mr. Frome's spouse, LouAnn Moore, with respect to which Mr. Frome disclaims beneficial ownership.

CUSIP NO. 638	88P406			
Item 1(a).		Name of Issuer:		
Natural Health T	Trends Corp., a Delawar	re corporation (the "Issuer")		
Item 1(b).		Address of Issuer's Principal Executive Offices:		
4514 Cole Aven Suite 1400 Dallas, Texas 75				
Item 2(a). Item 2(b). Item 2(c).	Addre	Name of Person Filing ss of Principal Business Office or, if Citizenship	f None, Residence	
Robert L. Frome c/o Olshan From Park Avenue To 65 East 55th Stre New York, New Citizenship: Uni	ower eet York 10022	1")		
Item 2(d).		Title of Class of Securitie	es:	
Common Stock,	\$0.001 par value (the "	Common Stock")		
Item 2(e).		CUSIP Number:		
63888P406				
Item 3. If This S	tatement is Filed Pursua	ant to Rule 13d-1(b), or 13d-2(b) or (	(c), Check Whether the Person Filing is a:	
		/x/	Not applicable.	
(a)	//	Broker or dealer registered under Sec	ction 15 of the Exchange Act.	
(b	) //	Bank as defined in Section 3	(a)(6) of the Exchange Act.	
(c)	// Insu	rance company as defined in Section	1 3(a)(19) of the Exchange Act.	
(d)	// Investment	company registered under Section 8	of the Investment Company Act.	
(e)	//	An investment adviser in accordance	e with Rule 13d-1(b)(1)(ii)(E).	
(f) //	An employee bene	fit plan or endowment fund in accor	dance with Rule 13d-1(b)(1)(ii)(F).	
(g) //	A parent holding	company or control person in accord	dance with Rule 13d-1(b)(1)(ii)(G).	
(h) /	// A savings assoc	iation as defined in Section 3(b) of t	he Federal Deposit Insurance Act.	

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(iii)

See Cover Page Items 5-9.

(i)//A church plan th Investment Comp		om the definition of an investment company under Section 3(c)(14) of the
(j)	//	Group, in accordance with Rule 13d-1(b)(1)(ii)(J).
(k)	//	Group, in accordance with Rule 240.13d-1(b)(1)(ii)(K).
If filing as a non-U.S. i	nstitution in accor	dance with Rule 240.13d-1(b)(1)(ii)(J), please specify the type of institution:
Item 4.		Ownership
	(a)	Amount beneficially owned:
Stock, which includes 14,707 shares of Comrbeneficially owned by general partner of Front of Common Stock benedicted to beneficially be deemed to beneficial. The filing of this Schenes Section 13(d) of the Schenes Common Stock reporter.	14,707 shares of Comon Stock current Mr. Frome, 225,9 ne & Co., a family eficially owned by own 30,000 sharedly own 30,000 sharedly own shall not becurities Exchanged herein. The Research Mr. Stock Company of the control of the control of the company of the com	31, 2012, Mr. Frome directly beneficially owned 565,125 shares of Common Common Stock currently issuable upon the conversion of Preferred Stock and ly issuable upon the exercise of Warrants. Of the shares of Common Stock 213 shares of Common Stock are held in Mr. Frome's IRA account. As the partnership, Mr. Frome may be deemed to beneficially own 100,000 shares Frome & Co. As the trustee of the Jennifer Frome Trust, Mr. Frome may be see of Common Stock held by the Jennifer Frome Trust. Mr. Frome may also ares of Common Stock held by his spouse, LouAnn Moore.  It be construed as an admission that the Reporting Person is, for purposes of ge Act of 1934, as amended, the beneficial owner of any of the shares of exporting Person specifically disclaims beneficial ownership of the shares of ot directly owned by such Reporting Person.
F	(b)	Percent of class:
filed with the Securities	s and Exchange Co	Stock outstanding, as reported in the Issuer's Quarterly Report on Form 10-Commission on November 13, 2012. As of the close of business on December approximately 6.4% of the outstanding shares of Common Stock.
(	(c)	Number of shares as to which such person has:
	(i)	Sole power to vote or to direct the vote
See Cover Page Items 5	5-9.	
	(ii)	Shared power to vote or to direct the vote
See Cover Page Items 5	5-9.	

Sole power to dispose or to direct the disposition of

(iv) Shared power to dispose or to direct the disposition of

See Cover Page Items 5-9.

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CUSID	NO	63888P406
COSIP	NO.	038881400

Item 5.	Ownership of Five Percent or Less of a Class.

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following [ ].

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

Not applicable.

Item Identification and Classification of the Subsidiary That Acquired the Security Being Reported on by the ParentHolding Company or Control Person.

Not applicable.

Item 8. Identification and Classification of Members of the Group.

Not applicable.

Item 9. Notice of Dissolution of Group.

Not applicable.

Item 10. Certifications.

By signing below each of the undersigned certifies that, to the best of his or its knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

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### CUSIP NO. 63888P406

### **SIGNATURE**

After reasonable inquiry and to the best of his knowledge and belief, the undersigned certifies that the information set forth in this statement is true, complete and correct.

Dated: February 14, 2013

By: /s/ Robert L. Frome

Name: Robert L. Frome

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