DIANA SHIPPING INC. Form 6-K February 15, 2006

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION Washington, D. C. 20549

Report of Foreign Private Issuer Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of February 2006

DIANA SHIPPING INC. (Translation of registrant's name into English)

Diana Shipping Inc.
Pendelis 16
175 64 Palaio Faliro
Athens, Greece

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F X Form 40-F

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No X

INFORMATION CONTAINED IN THIS FORM 6-K REPORT

Attached to this Report on Form 6-K as Exhibit 1 is a copy of the press release issued by Diana Shipping Inc. (the "Company") on February 15, 2006, announcing fourth quarter and year 2005 results, the declaration of a cash dividend for the fourth quarter of 2005 and a conference call and webcast to discuss financial results.

EXHIBIT 1

Corporate Contact:
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Director and Vice-President
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For Immediate Release

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DIANA SHIPPING INC. REPORTS FINANCIAL RESULTS
FOR THE YEAR AND THE FOURTH QUARTER ENDED DECEMBER 31, 2005

DECLARES CASH DIVIDEND OF \$0.40 PER SHARE FOR THE FOURTH QUARTER

CONFERENCE CALL AND WEBCAST TO BE HELD FEBRUARY 17, 2006

ATHENS, GREECE, February 15, 2006 - Diana Shipping Inc. (NYSE: DSX), a global shipping transportation company specializing in dry bulk cargoes, today reported net income of \$65.0 million for the year ended December 31, 2005, representing an increase of \$4.9 million compared to \$60.1 million for 2004. Voyage and time charter revenues were \$103.1 million for the year ended December 31, 2005, compared to \$63.8 million for 2004.

For the fourth quarter of 2005, net income was \$13.9 million compared to net income of \$31.6 million reported in the same period of 2004. For the fourth quarter of 2005, voyage and time charter revenues increased by \$5.5 million to \$24.0 million compared to \$18.5 million reported in the same period of 2004.

During the fourth quarter of 2004, the Company recorded a gain on the sale of one of its vessels of approximately \$20.0 million, which is included in the net income of both the fourth quarter of 2004 and the year ended December 31, 2004.

Dividend declaration.

The Company has declared a cash dividend on its common stock of \$0.40 per share, based on the Company's results from operations during the quarter ended December 31, 2005. The cash dividend will be payable on or about March 9, 2006 to all shareholders of record as of February 28, 2006. The Company has 45 million shares of common stock outstanding.

During the year ended December 31, 2005, there were 9.6 vessels on average operating in the Company's fleet, as compared with 6.3 vessels during 2004.

Fleet Employment Profile Currently Diana's fleet is employed as follows:

Name	Sister ships(3)	Year Built	Age (6)	DWT	Employment
Nirefs	А	2001	4.9	75 <b>,</b> 311	\$ 18 <b>,</b> 250
Alcyon	A	2001	4.9	75 <b>,</b> 247	\$ 22 <b>,</b> 58
Triton	A	2001	4.8	75 <b>,</b> 336	\$ 11 <b>,</b> 25
Oceanis	A	2001	4.6	75 <b>,</b> 211	\$ 18,00
Dione	A	2001	5.0	75 <b>,</b> 172	\$ 18 <b>,</b> 25
Danae	A	2001	5.0	75 <b>,</b> 106	\$ 30,00
Protefs	В	2004	1.3	73,630	4TCs Avera
Calipso	В	2005	0.9	73,691	4TCs Avera

Clio	В	2005	0.6	73,691	4TCs Average
Thetis	В	2004	1.4	73,583	\$ 25 <b>,</b> 00
Erato	С	2004	1.4	74,444	\$ 21,00
Coronis	С	2006	0.0	74,381	\$ 21,00
Pantelis SP	_	1999	6.9	169,883	\$ 47 <b>,</b> 50
					-

Total: 1,064,686

- (1) Gross Time Charter Rate per day.
- (2) Estimated dates assuming earliest redelivery by charterers.
- (3) Each vessel is a sister ship of the other vessels that have the same letter.
- (4) Plus an additional one-time payment of \$365,000 over the duration of the charter.
- (5) Adjustable every 15 days based on the average of four main pre-determined time charter routes, as published by the Baltic Exchange.
- (6) As of December 31, 2005.

Summary of Selected Financials & Other Data

Three Months Ended
December 31.

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	2005	2004
	(unaudited)	(unaudited)
INCOME STATEMENT DATA (in thousands of US Dollars):		
Voyage and time charter revenues	\$ 24,005	\$ 18,452
Voyage expenses	1,291	1,243
Vessel operating expenses	4,287	2,747
Net income	13,875	31,570
FLEET DATA		
Average number of vessels	10.8	7.0
Number of vessels	12.0	7.0
Weighted average age of fleet (in years)	3.8	3.4
Ownership days	995	644
Available days	984	644
Operating days	980	644
Fleet utilization	99.6%	100.0%
AVERAGE DAILY RESULTS		
Time charter equivalent (TCE) rate (1)	\$ 23,083	\$ 26,722
Daily vessel operating expenses (2)	\$ 4,309	\$ 4,266

- (1) Time charter equivalent rates, or TCE rates, are defined as our voyage and time charter revenues less voyage expenses during a period divided by the number of our available days during the period, which is consistent with industry standards. Voyage expenses include port charges, bunker (fuel) expenses, canal charges and commissions. TCE rate is a standard shipping industry performance measure used primarily to compare daily earnings generated by vessels on time charters with daily earnings generated by vessels on voyage charters, because charter hire rates for vessels on voyage charters are generally not expressed in per day amounts while charter hire rates for vessels on time charters are generally expressed in such amounts.
- (2) Daily vessel operating expenses, which include crew wages and related costs, the cost of insurance, expenses relating to repairs and maintenance, the costs of spares and consumable stores, tonnage taxes and other

miscellaneous expenses, are calculated by dividing vessel operating expenses by ownership days for the relevant period.

#### Conference Call and Webcast Information

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Diana Shipping Inc. will conduct a conference call and simultaneous Internet webcast at 9:00 A.M. (Eastern Time) on Friday, February 17, 2006, to discuss these financial results. Investors may access the webcast by visiting the Company's website at www.dianashippinginc.com, and clicking on the webcast link. The webcast also is accessible at www.viavid.net, by clicking on the Diana Shipping link under "Events". The conference call also may be accessed by telephone by dialing 1-877-692-2086 (for U.S.-based callers) or 1-973-935-8599 (for international callers).

A replay of the webcast will be available soon after the completion of the call and will be accessible on both www.dianashippinginc.com and www.viavid.net. A telephone replay will be available by dialing 1-877-519-4471 (for U.S.-based callers) or 1-973-341-3080 (for international callers); callers must use the PIN number 7005586.

#### About the Company

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Diana Shipping Inc. (NYSE: DSX) is a global provider of shipping transportation services. The Company specializes in transporting dry bulk cargoes, including such commodities as iron ore, coal, grain and other materials along worldwide shipping routes.

#### Cautionary Statement Regarding Forward-Looking Statements

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Matters discussed in this press release may constitute forward-looking statements. The Private Securities Litigation Reform Act of 1995 provides safe harbor protections for forward-looking statements in order to encourage companies to provide prospective information about their business. Forward-looking statements include statements concerning plans, objectives, goals, strategies, future events or performance, and underlying assumptions and other statements, which are other than statements of historical facts.

The Company desires to take advantage of the safe harbor provisions of the Private Securities Litigation Reform Act of 1995 and is including this cautionary statement in connection with this safe harbor legislation. The words "believe," "except," "anticipate," "intends," "estimate," "forecast," "project," "plan," "potential," "will," "may," "should," "expect" pending and similar expressions identify forward-looking statements.

The forward-looking statements in this press release are based upon various assumptions, many of which are based, in turn, upon further assumptions, including without limitation, our management's examination of historical operating trends, data contained in our records and other data available from third parties. Although we believe that these assumptions were reasonable when made, because these assumptions are inherently subject to significant uncertainties and contingencies which are difficult or impossible to predict and are beyond our control, we cannot assure you that we will achieve or accomplish these expectations, beliefs or projections.

In addition to these important factors other important factors that, in our view, could cause actual results to differ materially from those discussed in the forward-looking statements include the strength of world economies and currencies, general market conditions, including fluctuations in charter rates and vessel values, changes in demand for dry bulk shipping capacity, changes in our operating expenses, including bunker prices, drydocking and insurance costs, the market for our vessels, availability of financing and refinancing, changes in governmental rules and regulations or actions taken by regulatory

authorities, potential liability from pending or future litigation, general domestic and international political conditions, potential disruption of shipping routes due to accidents or political events, vessels breakdowns and instances of off-hires and other factors. Please see our filings with the Securities and Exchange Commission for a more complete discussion of these and other risks and uncertainties.

(See financial tables attached)

# DIANA SHIPPING INC. CONSOLIDATED STATEMENTS OF INCOME

Expressed in thousands of U.S. Dollars, except share, per day and fleet data

	Three Months Ended December 31, 2005 2004			
	2005  (unaudited)			
REVENUES:  Voyage and time charter revenues  EXPENSES:  Voyage expenses  Vessel operating expenses  Depreciation and amortization of  deferred charges  Management fees  Executive management services and rent  General and administrative expenses  Foreign currency losses (gains)  Operating income	\$ 24,005 1,291 4,287 2,976 486 38 841 (1) 14,087		\$ 18,452 1,243 2,747 1,421 287 382 89 1	
OTHER INCOME (EXPENSES):  Interest and finance costs  Interest Income		(569) 357 –		(757) 63 19,982
Total other income (expenses), net  Net Income		(212)  13,875		19,288  31,570
Earnings per common share, basic and diluted	\$	0.34	\$	1.14
Weighted average number of common shares, basic and diluted		1,358,696 ======		7,625,000 ======

BALANCE SHEET DATA

Year Ended December 31,

	2005		2004	
			2004	
	(unau	dited)		
ASSETS				
Cash and sach assistation		21 220	1 750	
Cash and cash equivalents		21,230	1,758	
Other current assets		5,367	1,791	
acquisitions and other vessel costs		4,221	19,234	
Vessels' net book value		307,305	132,853	
Other non-current assets		3,826	_	
Total assets	\$	341,949	155,636	
			=======================================	
LIABILITIES AND STOCKHOLDERS' EQUITY				
Current liabilities, including current				
portion of long term debt		4,667	11,344	
Long-term debt, net of current portion		12,859	85,168	
Other non-current liabilities		265	72	
Total stockholders' equity		324,158	59,052	
Total liabilities and stockholders' equity	\$	341,949	155,636	
	=====	=======		

OTHER FINANCIAL DATA

Three Months Ended December 31,

2005	2004	200
(unaudited)	(unaudited)	(unaud
\$ 11,592	\$ 14,319	\$ 6
(77,754)	13,961	(16
57,408	(35, 183)	11
	(unaudited) \$ 11,592 (77,754)	(unaudited) (unaudited) \$ 11,592 \$ 14,319 (77,754) 13,961

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### SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

DIANA SHIPPING INC. (registrant)

Dated: February 15, 2006 By: /s/ Anastassis Margaronis

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Anastassis Margaronis

President

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