



Item 5.03 Amendments to Articles of Incorporation or Bylaws; Change in Fiscal Year.

On March 27, 2018, the Board of Directors (the “Board”) of Natural Health Trends Corp. (the “Company”) amended and restated the Company’s Bylaws (as so amended and restated, the “Bylaws”) to (1) require advance notice and specified information for stockholders seeking to present director nominations or business proposals to a stockholder vote, (2) formally require an audit committee, and (3) require that certain types of lawsuits may only be pursued in the Court of Chancery of the State of Delaware.

The foregoing description of the amendments to the Bylaws is a summary only and is qualified in its entirety by reference to the full text of the Bylaws, a copy of which is included as Exhibit 3.1 to this report.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

3.1 Amended and Restated Bylaws of Natural Health Trends Corp.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: March 28, 2018

NATURAL HEALTH TRENDS CORP.

By: /s/ Timothy S. Davidson

Timothy S. Davidson

Senior Vice President and Chief Financial Officer

EXHIBIT INDEX

Exhibit Number Exhibit Description

3.1 Amended and Restated Bylaws of Natural Health Trends Corp.