SPARTAN STORES INC

Form 4

November 07, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

OMB APPROVAL

3235-0287

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subject to Section 16. Form 4 or Form 5 obligations may continue.

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if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Addr VAN HALL T	•	_	2. Issuer Name and Ticker or Trading Symbol SPARTAN STORES INC [SPTN]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	st) (First) (Middle)		3. Date of Earliest Transaction	(Check all applicable)			
C/O 850 - 76TH STREET SW		SW	(Month/Day/Year) 11/05/2008	Director 10% Owner _X Officer (give title Other (specify below) Vice President Finance			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
GRAND RAPI	IDS, MI 49	518	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Tabl	e I - Non-D	erivative (Securi	ties Acqu	ired, Disposed of	, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	11/05/2008		M	8,428	A	\$ 10.25	51,631	D	
Common Stock	11/05/2008		M	6,250	A	\$ 2.29	57,881	D	
Common Stock	11/05/2008		M	1,563	A	\$ 3.25	59,444	D	
Common Stock	11/05/2008		M	2,250	A	\$ 11.5	61,694	D	
Common Stock	11/05/2008		M	3,000	A	\$ 13.7	64,694	D	

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			· ·	•							
	Common Stock (1)	11/05/2008		S	21,258	D \$ 25.75		43,436 D			
	Common Stock							9,000	I	By spouse's trust	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned											
			(e.g.,]	puts, calls, warrants	, options, c	onver	tible secu	urities)			
	1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
	Stock Option (Right to Buy)	\$ 10.25	11/05/2008		M		214	05/09/2003	05/09/2011	Common Stock	214
	Stock Option (Right to Buy)	\$ 10.25	11/05/2008		M		4,107	05/09/2004	05/09/2011	Common Stock	4,107
	Stock Option (Right to Buy)	\$ 10.25	11/05/2008		M		4,107	05/09/2005	05/09/2011	Common Stock	4,107
	Stock Option (Right to	\$ 2.29	11/05/2008		M		6,250	05/07/2007	05/07/2013	Common Stock	6,250

M

(Right to

(Right to

Buy)

\$ 3.25

11/05/2008

Buy) Stock Option

781

Common

Stock

781 05/12/2007 05/11/2014

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Stock Option (Right to Buy)	\$ 3.25	11/05/2008	M	782	05/12/2008	05/11/2014	Common Stock	782
Stock Option (Right to Buy)	\$ 11.5	11/05/2008	M	750	05/11/2006	05/11/2015	Common Stock	750
Stock Option (Right to Buy)	\$ 11.5	11/05/2008	M	750	05/11/2007	05/11/2015	Common Stock	750
Stock Option (Right to Buy)	\$ 11.5	11/05/2008	M	750	05/11/2008	05/11/2015	Common Stock	750
Stock Option (Right to Buy)	\$ 13.7	11/05/2008	M	1,500	05/10/2007	05/10/2016	Common Stock	1,500
Stock Option (Right to Buy)	\$ 13.7	11/05/2008	M	1,500	05/10/2008	05/10/2016	Common Stock	1,500

Reporting Owners

Reporting Owner Name / Address
Director 10% Owner Officer Other

VAN HALL THOMAS A C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518

Vice President Finance

Signatures

/s/ Daniel C. Persinger, by Power of Attorney 11/07/2008

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents the aggregate number of shares sold at a weighted average price of \$25.75. The actual sales prices ranged from \$25.51 to \$25.99. Details regarding aggregated sales transactions will be provided upon request.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3