Rose Justin Form 4 January 10, 2019

#### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB APPROVAL

Number: 3235-0287

Expires: January 31, 2005
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0.5

burden hours per response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Common

Stock (1)

01/08/2019

(Print or Type Responses)

1. Name and Address of Reporting Person * Rose Justin			2. Issuer Name and Ticker or Trading Symbol Lifevantage Corp [LFVN]				5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)			
			(Month/D	ay/Year)			Director		6 Owner	
9785 SOUTH MONROE STREET, SUITE 400			01/08/2019				_X_ Officer (gives below)	er (specify		
							below) below) Chief Sales Officer			
(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
	Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person					
SANDY, UT 84070							Form filed by More than One Reporting Person			
(City)	(State)	Zip)	Table	e I - Non-E	erivative S	Securities Ac	quired, Disposed of, or Beneficially Owned			
1.Title of	2. Transaction Date	2A. Deemed		3.	4. Securit	ies Acquired	5. Amount of	6. Ownership 7	7. Nature of	
Security	(Month/Day/Year)	Execution	on Date, if	*			Securities		Indirect	
(Instr. 3)		any		Code	(D)		Beneficially	(D) or	Beneficial	
		(Month/	Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)		Owned Following	Indirect (I)	Ownership (Instr. 4)	
							Reported	(Instr. 4)	(IIISII. 4)	
						(A)	Transaction(s)			
				G 1 W		or D	(Instr 3 and 4)			
				Code V	Amount	(D) Price				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

A

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

D

\$0 87,539

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

15,500 A

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1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transactio	5. orNumber	6. Date Exerc Expiration D		7. Title at Amount of		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(monda, Day, Teal)	(Month/Day/Year)	Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/	(Month/Day/Year)		ng	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	or Title Nu of	nount umber uares		

# **Reporting Owners**

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

Rose Justin 9785 SOUTH MONROE STREET, SUITE 400 SANDY, UT 84070

Chief Sales Officer

## **Signatures**

/s/ Justin Rose 01/10/2019

\*\*Signature of Date Reporting Person

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This reflects a stock unit award that the reporting person elected to receive in lieu of cash in satisfaction of a phantom award granted on (1) February 2, 2018. Each stock unit represents a right to receive one share of issuer common stock, which award will vest, subject to the reporting person's continued service with the issuer, on the one-year anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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