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MITCHELL	JOHN C									
Form 4										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB APPROVAL OMB 3235-028			
Check thi if no long subject to Section 10 Form 4 or Form 5	 ashington, D.C. 20549 NGES IN BENEFICIAL OWNERSHIP OF SECURITIES 16(a) of the Securities Exchange Act of 1934, 					Number: January 31 Expires: 200 Estimated average burden hours per response 0.				
obligatior may conti <i>See</i> Instru 1(b). (Print or Type R	ns Section 17(a netion	a) of the Public U 30(h) of the Ir	tility Hold	ling Com	pany	Act o	f 1935 or Sectio	on		
1. Name and A MITCHELL	er Name and Ticker or Trading BANCORP INC [NBTB]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) 52 SOUTH	(First) (M BROAD STREET	(Month/I	3. Date of Earliest Transaction (Month/Day/Year) 05/22/2018				Officer (give title Other (specify below) below)			
	ndment, Date Original th/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
NORWICH,	, NY 13815						Form filed by I Person	More than One R	eporting	
(City)	(State) (Zip) Tab	le I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8) (Instr. 3, 4 and 5) (A))	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
NBT Bancorp			Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Inc. Common Stock	05/22/2018		А	778 <u>(1)</u>	A	\$0	33,559	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Reporting Owners

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D (Month/Day/ e	6. Date Exercisable and Expiration Date (Month/Day/Year)		le and int of rlying ities . 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other MITCHELL JOHN C 52 SOUTH BROAD STREET X NORWICH, NY 13815 Signatures

By: F. Sheldon Prentice, Power of Attorney For: John C. Mitchell

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Relationships

(1) Acquired pursuant to the NBT Bancorp Inc. 2018 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vests in three annual installments.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

05/23/2018

Date