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NBT BANC Form 4	CORP INC										
May 03, 201	ЛЛ	STATES					ANGE C	OMMISSION	OMB AF	PROVAL 3235-0287	
Check th if no lon subject t Section Form 4 o Form 5 obligatio may con <i>See</i> Instr 1(b).	Washington, D.C. 20549 F CHANGES IN BENEFICIAL OWNED SECURITIES Section 16(a) of the Securities Exchange A Public Utility Holding Company Act of 19 of the Investment Company Act of 1940					Act of 1934, 1935 or Section	OF Expires: January 31, 2005 Estimated average burden hours per response 0.5				
(Print or Type	Responses)										
MURPHY MICHAEL M Symbo			Symbol	uer Name and Ticker or Trading I BANCORP INC [NBTB]				5. Relationship of Reporting Person(s) to Issuer			
(Last) 52 SOUTH	(First) (I BROAD STREE	Middle) T	3. Date o	f Earliest T Day/Year)	-		1	(Check X Director Officer (give the below)) Owner er (specify	
	(Street)			endment, D nth/Day/Yea	-	al		6. Individual or Joi Applicable Line) _X_ Form filed by Oi Form filed by Mo	nt/Group Filin	rson	
	I, NY 13815							Person		porting	
(City) 1.Title of Security (Instr. 3)	(State) 2. Transaction Date (Month/Day/Year)	ansaction Date 2A. Deemed				ties A sed of	cquired (A)	Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	y Owned 7. Nature of Indirect Beneficial Ownership (Instr. 4)	
NBT Bancorp Inc. Common Stock	04/29/2016			Code V	Amount	or	Price \$ 22.5508	Transaction(s) (Instr. 3 and 4) 33,490	(Instr. 4) D		
NBT Bancorp Inc. Common Stock	04/29/2016			М	300	А	\$ 22.4842	33,790	D		
NBT Bancorp	05/01/2016			А	742 (1)	А	\$0	34,532	D		

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Inc. Common Stock			
NBT Bancorp Inc. Common Stock	4,410	I	by Spouse
Reminder: Report on a separate line for each class of securities beneficially own	ed directly or indirectly.		

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number or of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisab Expiration Date (Month/Day/Year		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Nun of Shar
Non-Qualified Stock Option (right to buy)	\$ 22.4842	04/29/2016		М	300	05/01/2008 <u>(2)</u>	05/01/2017	NBT Bancorp Inc. Common Stock	30
Non-Qualified Stock Option (right to buy)	\$ 22.5508	04/29/2016		М	600	05/01/2009 <u>(2)</u>	05/01/2018	NBT Bancorp Inc. Common Stock	60

Reporting Owners

Reporting Owner Name / Address

Relationships

Director

10% Owner Officer Other

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MURPHY MICHAEL M 52 SOUTH BROAD STREET NORWICH, NY 13815

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Michael M. Murphy

**Signature of Reporting Person

05/03/2016

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Acquired pursuant to the NBT Bancorp Inc. 2008 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vests in three annual installments.
- (2) Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.