WOLTZ H O III Form 4 August 16, 2018

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287 January 31,

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: 2005
Estimated average burden hours per response... 0.5

Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * WOLTZ H O III			2. Issuer Name and Ticker or Trading Symbol INSTEEL INDUSTRIES INC [IIIN]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	Last) (First) (Middle)		3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	X Director 10% Owner		
1373 BOGGS DRIVE			08/14/2018	X Officer (give title Other (specify below)		
				Chairman, President and CEO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
MOUNT AIRY, NC 27030				_X_ Form filed by One Reporting Person Form filed by More than One Reportin Person		

(City)	(State)	(Zip) Tabl	e I - Non-L	Derivative :	Securi	ities Acqui	red, Disposed of	, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acq Transaction Disposed of (D Code (Instr. 3, 4 and 5) (Instr. 8)			(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership Ind Form: Ber Direct (D) Ow	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(msu. 4)	
Common Stock	08/14/2018		M	4,878	A	\$ 20.5	509,322	D	
Common Stock	08/14/2018		M	4,553	A	\$ 21.96	513,875	D	
Common Stock	08/14/2018		S	3,700	D	\$ 42.296	510,175	D	
Common Stock	08/15/2018		S	20,335	D	\$ 40.72	489,840	D	
Common Stock	08/16/2018		S	184	D	\$ 40.71	489,656	D	

Edgar Filing: WOLTZ H O III - Form 4

Common Stock (Restricted Stock Units)		37,212	D	
Common Stock		113,328	I	Co-trustee of Trusts created by Estate of Howard O. Woltz, Jr.
Common Stock		54,798	I	Trustee of trusts for the benefit of children of H. O. Woltz III
Common Stock		61,222	I	co-trustee of Woltz Foundation
Reminder: Report on a separate line for each class of securities benefic	cially owned directly or indi		ion of	SEC 1474

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

number.

information contained in this form are not

required to respond unless the form displays a currently valid OMB control

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Common Stock (Right to Buy)	\$ 20.5	08/14/2018		M	4,878	<u>(1)</u>	08/12/2024	Common Stock	4,878
Stock Option	\$ 21.96	08/14/2018		M	4,553	<u>(1)</u>	02/17/2025	Common Stock	4,553

(9-02)

Edgar Filing: WOLTZ H O III - Form 4

(Right to Buy)					
Stock Option (Right to Buy)	\$ 41.85	<u>(1)</u>	08/13/2028	Common Stock	10,534
Stock Option (Right to Buy)	\$ 34.49	<u>(1)</u>	08/11/2026	Common Stock	8,643
Stock Option (Right to Buy)	\$ 18.05	<u>(1)</u>	08/17/2025	Common Stock	7,657
Stock Option (Right to Buy)	\$ 23.95	<u>(1)</u>	02/11/2026	Common Stock	5,754
Stock Option (Right to Buy)	\$ 29.69	<u>(1)</u>	02/13/2028	Common Stock	14,340
Common Stock (Right to Buy)	\$ 37.06	<u>(1)</u>	02/07/2027	Common Stock	10,981
Stock Option (Right to Buy)	\$ 26.75	<u>(1)</u>	08/07/2027	Common Stock	16,094

Reporting Owners

Reporting Owner Name / Address	Relationships						
FB	Director	10% Owner	Officer	Other			
WOLTZ H O III 1373 BOGGS DRIVE MOUNT AIRY, NC 27030	X		Chairman, President and CEO				
Signatures							
James F. Petelle for H. O. Woltz III		08/16/2018					
**Signature of Reporting Person		Date					

Reporting Owners 3

Edgar Filing: WOLTZ H O III - Form 4

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning one year from grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.