## Edgar Filing: ADAMS JOHN BUCHANAN JR - Form 4

ADAMS JO Form 4 January 26, 2	HN BUCHAN 2010	AN JR										
FORM	14									OMB AF	PROVAL	
-	UNITE	D STATES				ND EX( D.C. 20		NGE C	OMMISSION	OMB Number:	3235-0287	
Check the if no long	a.r.									Expires:	January 31, 2005	
subject to Section 1	6. <b>SIAII</b>	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									iverage rs per	
Form 4 o Form 5	Form 4 or Form 5 Eiled pursuant to Section 16(a) of the Securities Exchange Act of 1024								e Act of 1934	response 0.5		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type I	Responses)											
1. Name and Address of Reporting Person _ ADAMS JOHN BUCHANAN JR2. Issuer Name and Ticker or Trading Symbol5. Relationship of Issuer						-	f Reporting Person(s) to					
F [I				JIER E	BAN	NKSHAI	RES,	INC.	(Check all applicable)			
(]				f Earlies Day/Year 009		ansaction			X Director 10% Owner Officer (give title Other (specify below) below)			
						te Original			6. Individual or Joint/Group Filing(Check Applicable Line)			
WARRENTON, VA 20186				ز 					_X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - No	n-D	erivative	Secur	ities Acq	uired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction D (Month/Day/Yea	ar) Executio any		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	05/27/2009			S		5	D	\$ 11.86	12,963.273	D		
Common Stock	01/06/2010			G	v	950	А	\$0	13,975.532 (1)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Under Secur	rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address		Relationsh			
	Director	10% Owner	Officer	Other	
ADAMS JOHN BUCHANAN JR 10 COURTHOUSE SQUARE WARRENTON, VA 20186	Х				
Signatures					
Valerie Barlowe, as Attorney in Fa Adams, Jr.		01/26/2010			
<u>**</u> Signature of Report			Date		

\*\*Signature of Reporting Person

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Includes 62.26 shares accumulated through automatic dividend reinvestment in reporting person's DRIP account since previous Form 4. (1)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.