

LAROCHE RICHARD F JR  
Form 4  
November 13, 2018

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
LAROCHE RICHARD F JR

2. Issuer Name and Ticker or Trading Symbol  
NATIONAL HEALTHCARE CORP  
[NHC]

5. Relationship of Reporting Person(s) to Issuer  
  
(Check all applicable)

(Last) (First) (Middle)  
100 VINE STREET  
  
(Street)

3. Date of Earliest Transaction  
(Month/Day/Year)  
11/08/2018

Director  10% Owner  
 Officer (give title below)  Other (specify below)

MURFREESBORO, TN 37130  
  
(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
				Code	V	Amount	Price
Common Stock - Held in my name or my wife's name						194,720	D
Common Stock - Family LP (BFLP)						29,523	I General Partner
Common Stock - Fam. Partnership						31,698	D

(LR Ent.)

Common  
Stock - Fam.  
Partnership  
(LFLP)

96,000

I

General  
Partner

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
					Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	V	(A)	(D)	Date Exercisable		
Option to purchase common stock	\$ 52.93	11/08/2018		D <sup>(1)</sup>		7,500		<u>(1)</u>	05/07/2019	Common Stock	7,500
Option to purchase common stock	\$ 52.93	11/08/2018		A <sup>(1)</sup>	7,500			<u>(1)</u>	05/07/2019	Common Stock	7,500
Option to purchase common stock	\$ 61.25	11/08/2018		D <sup>(1)</sup>		7,500		<u>(1)</u>	05/06/2020	Common Stock	7,500
Option to purchase common stock	\$ 61.25	11/08/2018		A <sup>(1)</sup>	7,500			<u>(1)</u>	05/06/2020	Common Stock	7,500
Option to purchase common stock	\$ 62.78	11/08/2018		D <sup>(1)</sup>		7,500		<u>(1)</u>	06/01/2021	Common Stock	7,500
Option to purchase common stock	\$ 62.78	11/08/2018		A <sup>(1)</sup>	7,500			<u>(1)</u>	06/01/2021	Common Stock	7,500

