HASSAN EMIL E Form 4 November 13, 2018

subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Form 4 or Form 5 obligations may continue.

Check this box

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to

Issuer

HASSAN EMIL E

NATIONAL HEALTHCARE CORP [NHC]

(Check all applicable)

(Last) (First) (Middle)

(Street)

3. Date of Earliest Transaction (Month/Day/Year)

X Director 10% Owner Officer (give title Other (specify below)

100 VINE STREET

11/08/2018

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

Person

MURFREESBORO, TN 37130

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)

(Month/Day/Year) Execution Date, if

2. Transaction Date 2A. Deemed

(Month/Day/Year)

4. Securities 3. TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of Securities Beneficially Owned Following

6. Ownership 7. Nature of Form: Direct Indirect Beneficial (D) or Indirect (I) (Instr. 4)

Ownership (Instr. 4)

(A) or

Reported Transaction(s)

Code V Amount (D) Price

(Instr. 3 and 4)

Shares of Common

50,509 D

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option to purchase common stock	\$ 52.93	11/08/2018		D <u>(1)</u>		7,500	<u>(1)</u>	05/07/2019	Common Stock	7,500
Option to purchase common stock	\$ 52.93	11/08/2018		A(1)	7,500		<u>(1)</u>	05/07/2019	Common Stock	7,500
Option to purchase common stock	\$ 61.25	11/08/2018		D <u>(1)</u>		7,500	<u>(1)</u>	05/06/2020	Common Stock	7,500
Option to purchase common stock	\$ 61.25	11/08/2018		A(1)	7,500		<u>(1)</u>	05/06/2020	Common Stock	7,500
Option to purchase common stock	\$ 62.78	11/08/2018		D <u>(1)</u>		7,500	<u>(1)</u>	06/01/2021	Common Stock	7,500
Option to purchase common stock	\$ 62.78	11/08/2018		A(1)	7,500		<u>(1)</u>	06/01/2021	Common Stock	7,500
Option to purchase common stock	\$ 72.94	11/08/2018		D <u>(1)</u>		7,500	<u>(1)</u>	05/08/2022	Common Stock	7,500
Option to purchase common stock	\$ 72.94	11/08/2018		A <u>(1)</u>	7,500		<u>(1)</u>	05/08/2022	Common Stock	7,500
Option to purchase common stock	\$ 61.9	11/08/2018		D(1)		7,500	<u>(1)</u>	05/02/2023	Common Stock	7,500

Option to

stock

purchase common $\$ 61.9 \ 11/08/2018$ $A_{\underline{(1)}} \ 7,500$ $\underline{(1)} \ 05/02/2023$ $\underline{Common} \ Stock$ 7,500

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

HASSAN EMIL E 100 VINE STREET X MURFREESBORO, TN 37130

Signatures

/s/ Emil E. Hassan, by Kristina R. Hulsey, P.O.A.

**Signature of Reporting Person Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The reported transactions involve an amendment to five outstanding options resulting in the deemed cancellation of each of the "old" options and the grant of replacement options. On November 8, 2018, the Board of Directors amended each of the options to allow a

(1) director that has served as a director for at least 12 years to remain able to exercise the option for the full term of the option even if the director retires, resigns, dies or becomes disabled. Each of the options were fully exercisable on the date of grant. The grant and exercise of these options are exempt from Section 16(b) pursuant to Rule 16b-3(d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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