#### Edgar Filing: FBL FINANCIAL GROUP INC - Form 4

FBL FINAN Form 4 January 19,	NCIAL GROUP I 2005	NC								
FORM	ЛЛ								PPROVAL	
	UNITED	STATES		RITIES A Ashington			COMMISSIO	N OMB Number:	3235-0287	
Check the check	aar							Expires:	January 31,	
subject t Section Form 4	16. <b>SIAIEN</b>	AENT OI	F CHAN	WNERSHIP OI	Estimated burden hou response	urs per				
Form 5 obligation may corn <i>See</i> Instruction 1(b).	ons Section 17(	a) of the l	Public U	Jtility Hol	ding Cor		nge Act of 1934, of 1935 or Secti 940			
(Print or Type	Responses)									
1. Name and Address of Reporting Person <u>*</u> LANG CRAIG A			2. Issuer Name <b>and</b> Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer			
F [I				INANCIA	AL GROU	JP INC	(Check all applicable)			
(Last) (First) (Middle) 5400 UNIVERSITY AVENUE			3. Date of Earliest Transaction (Month/Day/Year)			X Director 10% Owner X Officer (give title Other (specify below) below)				
5400 UNI V	EKSII I AVEN	UE	01/17/2	2005			Chai	irman of the Boa	rd	
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)			<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> </ul>				
WEST DES	S MOINES, IA 50	)266						More than One Ro		
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Re	port on a separate line	e for each cl	ass of sec				or indirectly.			
					Perso inforn requir	ns who res nation cont ed to resp lys a curre	spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not orm	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Ame
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Secu
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8		Acquired (A) or Disposed o (D) (Instr. 3, 4 and 5)					
				Code	V	(A) (	D)	Date Exercisable	Expiration Date	Title	Ai or Ni of Sł
Incentive Stock Option (right to buy)	\$ 26.35	01/17/2005		А		3,955		01/17/2006(1)	01/17/2015	Class A Common Stock	3
Non-Qualified Stock Option (right to buy)	\$ 26.35	01/17/2005		А		2,996		01/17/2005(1)	01/17/2015	Class A Common Stock	2

### **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
LANG CRAIG A 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266	Х		Chairman of the Board				

## **Signatures**

Lang, Craig Allen	01/19/2005		
<u>**</u> Signature of Reporting Person	Date		

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares become exercisable annually, beginning one year from the date of grant, pro-rata during a five year period, subject to compliance with annual dollar limits for incentive stock option grants.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.