CAPLINGER LARRY A

Form 4

March 22, 2018

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

0.5

Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

response...

5. Relationship of Reporting Person(s) to

Ι

Ι

26.4001 (2)

1,000

for Grandson

As

for Grandson

Custodian

1(b).

Stock

Common

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person *

CAPLINGER LARRY A			Symbol	Symbol F&M BANK CORP [fmbm]				Issuer (Check all applicable)			
	(Last)	(First) (M	iddle) 3. Date of (Month/D	Earliest Tr	ransaction			_X_ Director		% Owner	
	PO BOX 274	1	03/22/2	018				_X_ Officer (g below)	ive titleOt below) Exec VP & Sec	her (specify	
		(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
TIMBERVILLE, VA 22853 Form filed by More than One R Person									Reporting		
	(City)	(State)	Zip) Tabl	e I - Non-D	Perivative	Securit	ties Ac	quired, Disposed	of, or Benefici	ally Owned	
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. SecurionAcquired Disposed (Instr. 3,	d (A) or d of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Common Stock	03/22/2018		Code V	Amount 36	or (D)	Price \$ 35	(Instr. 3 and 4) 8,199.1768	D		
	Common							25	I	As Custodian	

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Stock Stock			By Non- Qualified Deferred Comp. Plan
Common Stock	1,114	I	By IRA
Common Stock	178.0523 (3)	I	By Son
Common Stock	178.0523 <u>(3)</u>	I	By Son
Common Stock	179.3432 (4)	I	By Daughter
Common Stock	9,384	I	By ESOP
Reminder: Report on a separate line for each class of securities benefit	cially owned directly or indirectly. Persons who respond to the coll	ection of	SEC 1474

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

number.

information contained in this form are not

required to respond unless the form displays a currently valid OMB control

(9-02)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	.	ate	7. Titl Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secun Bene Owno Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
Topolong O When I want of I want of	Director	10% Owner	Officer	Other			
CAPLINGER LARRY A PO BOX 274 TIMBERVILLE, VA 22853	X		Exec VP & Sec				

Reporting Owners 2

Signatures

Larry A. Caplinger

03/22/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 18.9608 shares Mr. Caplinger received in the F&M Bank Corp. Dividend Reinvestment Plan.
- (2) Includes .1976 shares grandson received in the F&M Bank Corp. Dividend Reinvestment Plan.
- (3) Includes 1.3327 shares son received in the F&M Bank Corp Dividend Reinvestment Plan.
- (4) Includes 1.3424 shares daughter received in the F&M Bank Corp. Dividend Reinvestment Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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