Barry Micha Form 5 March 12, 2	013										
FORM	15							-	PROVAL		
				RITIES AND EXCHANGE COMMISSION				OMB Number:	3235-0362		
Check this box if Was no longer subject			Washington, L	ashington, D.C. 20549					January 31, 2005		
to Section 16. Form 4 or Form 5 obligations may continue.			CATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES					Estimated average burden hours per response 1.0			
See Instruction 1(b).Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,Form 3 HoldingsSection 17(a) of the Public Utility Holding Company Act of 1935 or SectionReported Form 430(h) of the Investment Company Act of 1940Transactions ReportedReported											
1. Name and Address of Reporting Person <u>*</u> Barry Michael			2. Issuer Name and Ticker or Trading Symbol Fresh Market, Inc. [TFM]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First)	(Mor	3. Statement for Issuer's Fiscal (Month/Day/Year) 01/27/2013			1 -	(Check Director Officer (give t	title Other (specify			
C/O THE FRESH MARKET, INC., 628 GREEN VALLEY ROAD, SUITE 500				below)					below) ner 10% owner		
			Amendment, Date (Month/Day/Year)	onth/Day/Year)				int/Group Reporting			
GREENSB				_	X_ Form Filed by C Form Filed by M erson						
(City)	(State)	(Zip)	Fable I - Non-De	rivative Secu	irities	Acqui	red, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Code	4. Securitie (A) or Disp (Instr. 3, 4)	posed of and 5) (A) or	of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common stock	06/21/2012	Â	G	235,000	D	\$ 0		I	See footnote 1 below (1)		
Reminder: Report on a separate line for each class of			Persons w	Persons who respond to the collection of information							

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	
					(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Barry Michael C/O THE FRESH MARKET, INC. 628 GREEN VALLEY ROAD, SUITE 500 GREENSBORO, NC 27408	Â	Â	Â	former 10% owner		
Signatures						

Eric Hardin,	03/12/2013		
attorney-in-fact			
**Signature of Reporting	Date		

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Includes shares owned by the Atma Trust, as to which the reporting person's wife is trustee and beneficiary; Unger, Keigan and Rossler Trusts, as to each of which the reporting person is the special holdings advisor, the investment advisor and his wife is beneficiary; and

(1) This is, as to each of which the reporting person is the special holdings advisor, the investment advisor and ins which is beneficiary, and Lerra, Farra and Caito Trusts, as to each of which the reporting person is a co-trustee, the special holdings advisor, the investment advisor and one of his children is beneficiary.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.