

NEWTON LLOYD W  
Form 4  
December 26, 2012

**FORM 4** UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
NEWTON LLOYD W

2. Issuer Name and Ticker or Trading Symbol  
TORCHMARK CORP [TMK]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
6128 AUDUBON MANOR BLVD.  
  
(Street)

3. Date of Earliest Transaction (Month/Day/Year)  
12/24/2012

Director  10% Owner  
 Officer (give title below)  Other (specify below)

LITHIA, FL 33547  
  
(City) (State) (Zip)

4. If Amendment, Date Original Filed (Month/Day/Year)

6. Individual or Joint/Group Filing (Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |                                | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|--------------------------------|---|--|-----------------------------------|
|                                 |                                      |  |                                | Code  | V Amount or Price              |   |  |                                   |
| Common Stock                    | 12/24/2012                           |  | M                              | 9,000   | A \$ 39.8334                   | 22,135.5  | D  |                                   |
| Common Stock                    | 12/24/2012                           |  | M                              | 9,000   | A \$ 42.9734                   | 31,135.5  | D  |                                   |
| Common Stock                    | 12/24/2012                           |  | M                              | 9,000   | A \$ 39.6667                   | 40,135.5  | D  |                                   |
| Common Stock                    | 12/24/2012                           |  | S                              | 23,150  | D \$ 51.9304<br><u>(1) (2)</u> | 16,985.5  | D  |                                   |
| Common Stock                    |                                      |  |                                |   |                                | 0   | I  | N/A                               |

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Amount or Number of Shares |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|-------------------------------|
| Director Stock Option (Right to Buy)       | \$ 39.8334   | 12/24/2012                           |  | M                              | 9,000   | 10/27/2006 04/27/2013                                    | Common Stock  | 9,000                         |
| Director Stock Option (Right to Buy)       | \$ 42.9734   | 12/24/2012                           |  | M                              | 9,000   | 07/03/2007 01/03/2014                                    | Common Stock  | 9,000                         |
| Director Stock Option (Right to Buy)       | \$ 39.6667   | 12/24/2012                           |  | M                              | 9,000   | 07/02/2008 01/02/2015                                    | Common Stock  | 9,000                         |

## Reporting Owners

| Reporting Owner Name / Address                                 | Relationships |           |         |       |
|--|---------------|-----------|---------|-------|
|  | Director      | 10% Owner | Officer | Other |
| NEWTON LLOYD W<br>6128 AUDUBON MANOR BLVD.<br>LITHIA, FL 33547 | X             |           |         |       |

## Signatures

Lloyd W. Newton, By:/s/Carol A.  
McCoy

12/26/2012

\_\_Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Sales at prices ranging from \$51.80 per share to \$52.03 per share.
- (2) Reporting person will provide full information regarding the number of shares sold at each separate price upon request by the SEC staff, the issuer or any security holder of the issuer.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.  
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