Cunningham George Kevin Form 4

November 05, 2018

Check this box

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

2. Issuer Name and Ticker or Trading

OMB APPROVAL OMB

3235-0287 Number:

January 31, Expires: 2005

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burden hours per response...

5. Relationship of Reporting Person(s) to

Estimated average

if no longer subject to Section 16. Form 4 or Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Stock

Stock

Common

(Print or Type Responses)

1. Name and Address of Reporting Person *

Cunningham George Kevin			Symb					Issuer				
				BOT OIL &	GAS CO	RP [C	COG]	(Check all applicable)				
	CABOT OII CORPORA' ROAD, SUI	(Mon 11/0	te of Earliest 7 th/Day/Year) 1/2018	ransaction			Director 10% Owner Other (specify below) below) Vice Pres. & General Counsel					
		(Street)	4. If <i>i</i>	Amendment, D	ate Origina	1		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting				
	************		Filed	Month/Day/Yea	ar)							
	HOUSTON	, TX 77024						Person				
	(City)	(State)	(Zip)	Table I - Non-	Derivative	Secur	ities Acqı	uired, Disposed o	f, or Beneficial	ly Owned		
	1.Title of Security (Instr. 3)	rity (Month/Day/Year) Execution Date, if			4. Securition(A) or Di (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
	Common			Code V		(D)	Price \$	(Instr. 3 and 4)				
	Stock	11/01/2018		M	14,690	A	17.59	82,677	D			
	Common Stock	11/01/2018		D	10,767	D	\$ 24	71,910	D			
	Common Stock	11/01/2018		F	1,544	D	\$ 24	70,366	D			

Held in

401(k)

Plan.

27,368 (1)

Ι

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	etion 3)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount Underlying Securitie (Instr. 3 and 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shar
Stock Appreciation Rights	\$ 17.59	11/01/2018		M			14,690	(2)	02/16/2019	Common Stock	14,69

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Cunningham George Kevin CABOT OIL & GAS CORPORATION 840 GESSNER ROAD, SUITE 1400 HOUSTON, TX 77024

Vice Pres. & General Counsel

Signatures

Deidre L. Shearer, Attorney-in-fact for George K. Cunningham

11/04/2018

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Based on a statement dated November 1, 2018 for shares held by the reporting person under the Cabot Oil & Gas Savings Investment Plan.
- (2) Stock Appreciation Rights became exerciseable for common stock in increments of one-third on each of the first three anniversaries of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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