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	MICHAEL										
Form 4 December	13 2017										
									OMB	APPROVAL	
FORM 4 UNITED STATES SECURITIES AT Washington,						AND EXCHANGE COMMISSION 1, D.C. 20549				3235-028	7
Check if no lo	this box ^{nger} STATE									January 31 200	
subject Section Form 4		F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						burden h	Estimated average burden hours per response 0.3		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	e Responses)										
1. Name and JOHNSON	g Person <u>*</u>	2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]					5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First)	(Middle)	3. Date of Earliest Transaction					(Cne	ck all applica	ble)	
800 W. OI #406	(Month/Day/Year) 12/11/2017					X Director 10% Owner X Officer (give title Other (specify below) below) Executive Chairman					
				If Amendment, Date Original led(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
LOS ANG	ELES, CA 90015							Form filed by Person			
(City)	(State)	(Zip)	Ta	ble I - Non	-Derivative	Secur	ities Acq	uired, Disposed o	of, or Benefic	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	ransaction Date 2A. Deemed nth/Day/Year) Execution Date, if any (Month/Day/Year)		Code (Instr. 3, 4 and 5)))	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
~				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	12/11/2017			М	132,416	А	\$ 22.94	2,080,700	D		
Common Stock	12/11/2017			D <u>(1)</u>	43,513	D	\$ 69.81	2,037,187	D		
Common Stock	12/11/2017			F <u>(1)</u>	49,120	D	\$ 69.81	1,988,067	D		

\$ 53.29

\$ 69.81 2,198,715

2,037,915

D

D

210,648 A

160,800 D

Μ

D(2)

Common

Common

Stock

Stock

12/11/2017

12/11/2017

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Common Stock	12/11/2017	F <u>(2)</u>	27,542	D	\$ 69.81	2,010,373	D	
Common Stock	12/11/2017	М	327,868	А	\$ 44.79	2,338,241	D	
Common Stock	12/11/2017	D <u>(3)</u>	210,360	D	\$ 69.81	2,127,881	D	
Common Stock	12/11/2017	F <u>(3)</u>	64,924	D	\$ 69.81	2,062,957	D	
Common Stock						35,340	I	Beneficially owned through a trust for his child
Common Stock						113,122	Ι	Beneficially owned through Michael O. Johnson IRA

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ative Expiration Date ties (Month/Day/Year) red (A) or sed of (D)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am Nur Sha
Stock Appreciation Right	\$ 22.94	12/11/2017		М		132,416	05/07/2013	05/07/2020	Common Stock	13
Stock Appreciation Right	\$ 53.29	12/11/2017		М		210,648	05/18/2014	05/18/2021	Common Stock	21
Stock Appreciation Right	\$ 44.79	12/11/2017		М		327,868	05/31/2015	05/31/2022	Common Stock	32

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
JOHNSON MICHAEL 800 W. OLYMPIC BLVD., SUITE #406 LOS ANGELES, CA 90015	Х		Executive Chairman					
Signatures								
/s/ Eileen Uy, Attorney-in-Fact for Michael Johnson	0.	12/13/20	17					
**Signature of Reporting Person		Date						
Explanation of Response	es:							

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The reporting person received 39,783 shares of common stock upon the net exercise of 132,416 stock appreciation rights ("SARS"). The reporting person forfeited 43,513 shares of common stock underlying such SARS in payment of the exercise price and 49,120 shares of

(1) reporting person forfered 45,515 shares of common stock underlying such SARS in payment of the exercise, price and 45,120 shares of common stock underlying such SARS to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on December 11, 2017 of \$69.81.

The reporting person received 22,306 shares of common stock upon the net exercise of 210,648 SARS. The reporting person forfeited
 (2) 160,800 shares of common stock underlying such SARS in payment of the exercise price and 27,542 shares of common stock underlying such SARS to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on December 11, 2017 of

The reporting person received 52,584 shares of common stock upon the net exercise of 327,868 SARS. The reporting person forfeited 210,360 shares of common stock underlying such SARS in payment of the exercise price and 64,924 shares of common stock underlying

(3) 210,500 shares of common stock underlying such SARS in payment of the exercise pilee and 04,924 shares of common stock underlying such SARS to satisfy the withholding tax obligation resulting from the exercise, using the closing stock price on December 11, 2017 of \$69.81.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

\$69.81.