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HERBALI	FE LTD.									
Form 4										
February 27	7, 2017									
FORM	Л 4								PPROVAL	
	UNITED	STATES		RITIES A shington			E COMMISSIO	N OMB Number:	3235-0287	
Check t				U				Expires:	January 31,	
if no longer subject to Section 16. STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP SECURITIES						WNERSHIP OF	Estimated burden hor			
Form 4 Form 5								response	. 0.5	
obligati	ons Section 17						nge Act of 1934, of 1935 or Secti	on		
may con <i>See</i> Inst 1(b).	nunue.			•	•	ny Act of 1		011		
(Print or Type	Responses)									
1. Name and Address of Reporting Person <u>*</u> GOUDIS RICHARD			2. Issuer Name and Ticker or Trading Symbol		5. Relationship of Reporting Person(s) to Issuer					
			HERBALIFE LTD. [HLF]			(Check all applicable)				
(Last)	(First) ((Middle)	3. Date of Earliest Transaction				ek an applicabl	k un applicable)		
800 W. OLYMPIC BOULEVARD,			(Month/Day/Year) 02/23/2017			Director 10% Owner X_ Officer (give title Other (specify below) below)				
#406							· · · · · · · · · · · · · · · · · · ·	f Operating Offi	cer	
			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line)				
LOS ANG	ELES, CA 90015		rneu(mo	Juni/Day/18	u <i>)</i>		_X_ Form filed by	One Reporting P More than One R		
(City)	(State)	(Zip)	Təł	de I - Non-	Dorivativa	Securities A	Acquired, Disposed	of or Bonoficia	lly Owned	
1 THf	2 Transition Date	24 D							-	
1.Title of Security	2. Transaction Date (Month/Day/Year)	Execution Date, if				5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect		
(Instr. 3)		any (Month/D	av/Year)	Code (Instr. 8)	(Instr. 3,		Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership	
				()	(11001.0,		Following	(Instr. 4)	(Instr. 4)	
						(A)	Reported			
						or	Transaction(s) (Instr. 3 and 4)			
				Code V	Amount	(D) Price	(

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amoun
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Securiti
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)				
				Code V	7 (A) (I) Date Exercisable	Expiration Date	Title	Amor or Numl of Sh
Stock Appreciation Rights	\$ 59.98	02/23/2017		А	50,041	04/30/2017	04/30/2024	Common Stock	50,0
Stock Appreciation Rights	\$ 30.44	02/23/2017		А	24,470	03/02/2017	03/02/2025	Common Stock	24,4
Stock Appreciation Rights	\$ 47.8	02/23/2017		А	16,650	05/07/2017	05/07/2025	Common Stock	16,6
Stock Appreciation Rights	\$ 62.51	02/23/2017		А	12,133	05/09/2017	05/09/2026	Common Stock	12,1

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
GOUDIS RICHARD 800 W. OLYMPIC BOULEVARD, #406 LOS ANGELES, CA 90015			Chief Operating Officer			
Signatures						
/s/ Mark J. Friedman, Attorney-in-Fact for Goudis	Richard I	2.	02/27/2017			
** Signature of Reporting Person		Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On April 30, 2014, the reporting person was granted an award of 83,402 stock appreciation rights ("SARs"). The amount and timing of
(1) the vesting of these SARs is dependent upon the achievement by Herbalife Ltd. (the "Company") of certain performance criteria for each of fiscal 2014, 2015 and 2016. The performance criteria for 2016 was met, resulting in 50,041 SARs which will vest on April 30, 2017.

On March 2, 2015, the reporting person was granted an award of 122,349 SARs. The amount and timing of the vesting of these SARs is
(2) dependent upon the achievement by the Company of certain performance criteria for each of fiscal 2015, 2016 and 2017. The performance criteria for 2016 was met, resulting in 24,470 SARs which will vest on March 2, 2017.

On May 7, 2015, the reporting person was granted an award of 83,250 SARs. The amount and timing of the vesting of these SARs is(3) dependent upon the achievement by the Company of certain performance criteria for each of fiscal 2015, 2016 and 2017. The performance criteria for 2016 was met, resulting in 16,650 SARs which will vest on May 7, 2017.

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On May 9, 2016, the reporting person was granted an award of 60,665 SARs. The amount and timing of the vesting of these SARs is

(4) dependent upon the achievement by the Company of certain performance criteria for each of fiscal 2016, 2017 and 2018. The performance criteria for 2016 was met, resulting in 12,133 SARs which will vest on May 9, 2017.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.