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CONAGRA FOODS INC /DE/

Form 3

November 10, 2015

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF

SECURITIES

(Print or Type Responses)

1. Name and Address of Reporting Person *

Â Brock Charisse

(Last)

(First) (Middle)

Statement (Month/Day/Year)

11/01/2015

2. Date of Event Requiring 3. Issuer Name and Ticker or Trading Symbol

CONAGRA FOODS INC /DE/ [CAG]

4. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(give title below) (specify below)

EVP, Chief HR Officer

5. If Amendment, Date Original

Filed(Month/Day/Year)

C/O CONAGRA FOODS. INC., ONE CONAGRA DRIVE

(Street)

(State)

Director _X__ Officer

10% Owner Other

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting

Person

Form filed by More than One Reporting Person

OMAHA. NEÂ 68102

(Zip)

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security

(City)

(Instr. 4)

2. Amount of Securities Beneficially Owned

(Instr. 4)

3. Ownership Form:

4. Nature of Indirect Beneficial Ownership (Instr. 5)

Direct (D) or Indirect

(I)

Common Stock

166.482 (1)

(Instr. 5) I

By 401(k) Plan Trust

Common Stock

10,918

D Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)

2. Date Exercisable and **Expiration Date** (Month/Day/Year)

3. Title and Amount of Securities Underlying **Derivative Security**

Conversion

Ownership

6. Nature of Indirect Beneficial Ownership

or Exercise Form of (Instr. 5)

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			(Instr. 4)		Price of	Derivative	
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Security: Direct (D) or Indirect (I) (Instr. 5)	
Restricted Stock Units	(2)	(3)	Common Stock	6,069	\$ 0 (3)	D	Â
Restricted Stock Units	(4)	(3)	Common Stock	1,458	\$ 0 (3)	D	Â
Employee Stock Options (Right to buy)	(5)	07/12/2025	Common Stock	26,238	\$ 44.72	D	Â
Restricted Stock Units	(6)	(3)	Common Stock	3,193	\$ 0 (3)	D	Â
Employee Stock Options (Right to buy)	(7)	07/13/2024	Common Stock	11,495	\$ 30.89	D	Â
Restricted Stock Units	(8)	(3)	Common Stock	5,818	\$ 0 (3)	D	Â
Restricted Stock Units	(8)	(3)	Common Stock	2,909	\$ 0 (3)	D	Â
Employee Stock Options (Right to buy)	(9)	07/14/2023	Common Stock	5,237	\$ 36.89	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships					
F	Director	10% Owner	Officer	Other		
Brock Charisse						
C/O CONAGRA FOODS, INC.	â	â	EVP, Chief HR Officer	â		
ONE CONAGRA DRIVE	A	A	A EVF, Cillet HR Officer	A		
OMAHA, NE 68102						

Signatures

/s/ Lyn Rhoten, Attorney-in-fact

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects holdings under the ConAgra Foods, Inc. 401(k) plan. The information in this report is based on a plan statement of November 6, 2015
- (2) Restricted stock units vest 100% on 8/28/2018, or earlier upon certain events.
- (3) Each unit is the economic equivalent of one share of ConAgra Foods common stock and will be settled in ConAgra Foods common stock on the vesting date.

Reporting Owners 2

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- (4) Restricted stock units vest 100% on 7/13/2018, or earlier upon certain events.
- (5) These stock options will become exercisable as to 33.33% on 7/13/2016, 33.33% on 7/13/2017, and 33.34% on 7/13/2018.
- (6) Restricted stock units vest 100% on 7/14/2017, or earlier upon certain events.
- (7) The original stock option grant to purchase 19,158 shares of ConAgra Foods common stock became exercisable as to 40% on 7/14/2015, and will become exercisable as to 30% on 7/14/2016, and 30% on 7/14/2017.
- (8) Restricted stock units vest 100% on 7/15/2016, or earlier upon certain events.
- (9) The original stock option grant to purchase 17,454 shares of ConAgra Foods common stock became exercisable as to 40% on 7/15/2014, 30% on 7/15/2015 and will become exercisable as to 30% on 7/15/2016.

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Remarks:

Exhibit 24-Power of Attorney is attached.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.