HERBALIFE LTD. Form 4

FORM 4

July 17, 2014

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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January 31, 2005

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if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Barnes Leroy Jr.

2. Issuer Name and Ticker or Trading Symbol

Issuer

HERBALIFE LTD. [HLF]

(Last) (First) (Middle) 3. Date of Earliest Transaction

(Month/Day/Year) 07/15/2014

800 W. OLYMPIC BOULEVARD, #406

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

(Check all applicable)

_X__ Director 10% Owner _ Other (specify Officer (give title below)

(Street)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

LOS ANGELES, CA 90015

(City)	(State)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	07/15/2014		M(1)	8,824	A		10,824	D	
Common Stock	07/15/2014		D	931	D	\$ 64.65	9,893	D	
Common Stock	07/15/2014		M(1)	13,064	A	\$ 22.94	22,957	D	
Common Stock	07/15/2014		D	4,636	D	\$ 64.65	18,321	D	
Common Stock	07/15/2014		M <u>(1)</u>	7,503	A	\$ 44.79	25,824	D	

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Common Stock	07/15/2014	D	5,199	D	\$ 64.65	20,625	D
Common Stock	07/16/2014	S(1)	18,625 (2)	D	\$ 64.45	2,000	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of onDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Stock Appreciation Rights	\$ 6.82	07/15/2014		M <u>(1)</u>	8,824	02/27/2010	02/27/2016	Common Stock	8,8
Stock Appreciation Rights	\$ 22.94	07/15/2014		M <u>(1)</u>	13,064	04/15/2011	05/07/2017	Common Stock	13,0
Stock Appreciation Rights	\$ 44.79	07/15/2014		M(1)	7,503	04/15/2013	05/31/2019	Common Stock	7,5

Reporting Owners

Reporting Owner Name / Address	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
Barnes Leroy Jr. 800 W. OLYMPIC BOULEVARD, #406 LOS ANGELES, CA 90015	X					

Signatures

Leroy Barnes by Jim Berklas, Attorney-in-Fact 07/17/2014

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**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 30, 2014.
 - This transaction was executed in multiple trades at prices ranging from \$64.25 to \$64.84. The price reported reflects the weighted average
- (2) sale price of \$64.45. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transaction was effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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