HERBALIFE LTD.

Form 4 July 23, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005 Estimated average

0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

burden hours per

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Walsh Des			2. Issuer Name and Ticker or Trading Symbol HERBALIFE LTD. [HLF]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)		
1800 CENTU	JRY PARK	EAST	(Month/Day/Year) 07/19/2007	Director 10% Owner _X Officer (give title Other (specify below) SVP, Distributor Sales		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
LOS ANGEL	ES, CA 90	067	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Securi	ities Acqu	iired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit on(A) or Di (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	07/19/2007		M	21,250	A		25,843	D	
Common Stock	07/19/2007		M	750	A	\$9	26,593	D	
Common Stock	07/19/2007		M	500	A	\$ 13	27,093	D	
Common Stock	07/19/2007		S(1)	500	D	\$ 44.04	26,593	D	
Common Stock	07/19/2007		S <u>(1)</u>	1,100	D	\$ 44.02	25,493	D	

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Common Stock	07/19/2007	S(1)	501	D	\$ 44.01	24,992	D
Common Stock	07/19/2007	S <u>(1)</u>	20,399	D	\$ 44	4,593	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	ive Expiration Date es (Month/Day/Year) d (A) osed of		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Non-Qualified stock option (right to buy)	\$ 8.02	07/19/2007		M	21,250	(2)	04/03/2014	Common Stock	21,2
Non-Qualified stock option (right to buy)	\$ 9	07/19/2007		M	750	(3)	09/01/2014	Common Stock	75
Non-Qualified stock option (right to buy)	\$ 13	07/19/2007		M	500	<u>(3)</u>	09/01/2014	Common Stock	50

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting o man rame, radices	Director	10% Owner	Officer	Other			
Walsh Des							
1800 CENTURY PARK EAST			SVP, Distributor Sales				
LOS ANGELES, CA 90067							

Signatures

Vicki Tuchman by Power of Attorney 07/23/2007

Reporting Owners 2

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 10, 2007.
- Option vests 5% on April 3, 2004 and thereafter in 5% quarterly increments commencing on June 30, 2004 and on the last day of each subsequent calendar quarter thereafter until fully vested.
- (3) Option vests in 5% quarterly increments commencing on September 30, 2004 and each quarter thereafter until fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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