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GOLAR LNG LTD Form 6-K October 05, 2010

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549
FORM 6-K
REPORT OF FOREIGN ISSUER
Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934
For the month of October 2010
Golar LNG Limited (Translation of registrant's name into English)
Par-la-Ville Place, 14 Par-la-Ville Road, Hamilton, HM 08, Bermuda
(Address of principal executive offices)
Indicate by about mode whather the resistant files on will file annual modes and an enter of Ferm 20 F or Ferm 40 F
Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F
Form 20-F [X] Form 40-F [] Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934
Yes [] No [X] If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):82

	Item 1	INFORMATI	ON CONTAINED	IN THIS FORM 6-K	REPORT
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Attached as Exhibit 99.1 is a copy of the press release of Golar LNG Limited dated October 5, 2010
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Exhibit 99.1

Letters to Golar LNG Limited shareholders in respect of distribution of Golar LNG Energy Limited shares

We refer to the Press Release issued on September 13, 2010 regarding the special dividend Golar LNG Energy Limited ("Energy") shares. Please find enclosed Letters and Forms sent out to Golar LNG Limited shareholders in respect of the distribution of Energy shares. These letters will also be available to view and download from Golar LNG Limited's website.

Hamilton, Bermuda

October 4, 2010

This information is subject of the disclosure requirements acc. to §5-12 vphl (Norwegian Securities Trading Act)

Letter to US Shareholders Letter to Norwegian Shareholders

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Golar LNG
Limited
(Registrant)

Date: October 5, 2010 By:/s/ Graham Robjohns

Graham Robjohns Chief Financial Officer

SIGNATURES 5

SIGNATURES 6