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TORCHMARK CORP Form 4 June 23, 2015 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Check this box if no longer subject to Section 16. Form 4 or Form 5 Form 4 or Form 5								OMB AF OMB Number: Expires: Estimated a burden hour response	•		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
PRESSLEY W MICHAEL Sym				er Name an HMARK				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Mon				3. Date of Earliest Transaction Month/Day/Year) 06/23/2015				Director 10% Owner X Officer (give title Other (specify below) below) EVP & Chief Inv. Officer			
				ed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Secu		ired, Disposed of,	or Beneficiall	v Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		ed Date, if	3.	4. Securit oror Dispos (Instr. 3, 4	ies Ac ed of	equired (A) (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	06/23/2015			М	67,500	A	\$ 20.5823	102,900	D		
Common Stock	06/23/2015			S	67,500	D	\$ 58.9977 (1) (2)	34,500	D		
Common Stock								14,196 <u>(3)</u>	Ι	Thrift Plan Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 20.5823 (4)	06/23/2015		М		67,500 (4)	02/25/2013	02/25/2017	Common Stock	67,500

Reporting Owners

Reporting Owner Name / Address			Relationships		
1	Director	10% Owner	Officer	Other	
PRESSLEY W MICHAEL 3700 SOUTH STONEBRIDGE DRIVE MCKINNEY, TX 75070			EVP & Chief Inv. Officer		
Signatures					
W. Michael Pressley, By:/s/Carol A. Mc Attorney-in-fact	Coy,		06/23/2015		
**Signature of Reporting Person			Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) sales at prices ranging from \$58.82 per share to \$59.25 per share.
- (2) Reporting person will provide full information regarding the number of shares sold at each separate price upon request by the SEC staff, the issuer or any security holder of the issuer.
- (3) Shares in unitized fund in employee benefit plan estimated conversion of \$ balance to shares using \$59.03 per share.
- (4) Previously reported as option for 30,000 shares at an exercise price of \$46.31 per share, but has been adjusted to reflect 3-for-2 stock splits paid in the form of 50% stock dividends occuring on July 1, 2011 and July 1, 2014.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.