TORCHMARK CORP

Form 4

January 05, 2015

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

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OMB APPROVAL

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obligations

may continue.

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section See Instruction

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type	Responses)										
1. Name and Address of Reporting Person * STONE SPENCER H			Symbol	er Name an e]	5. Relationship of Reporting Person(s) to Issuer			
	(First) ARK ATION, 100 RSE PARKWA	(Middle) Y, STE	3. Date of Earliest Transaction (Month/Day/Year) 01/02/2015					(Check all applicable) Director 10% Owner _X_ Officer (give title Other (specify below) Controller			
	(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)					, - -	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	ole I - Non-l	Derivativ	e Secu	ırities Acqu	ired, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	med n Date, if Day/Year)	Date, if Transactiomr Disposed of (D) Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. 7. Nature of Ownership Indirect Form: Beneficial Direct (D) Ownership or Indirect (Instr. 4) (I) (Instr. 4)			
Common Stock	01/02/2015			M	1,375	A	\$ 27.8578	42,723	D		
Common Stock	01/02/2015			S	1,375	D	\$ 54.2082 (1) (2)	41,348	D		
Common Stock								23,953 (3)	I	Thrift Plan Trust	
Common Stock								25,650	I	By Spouse	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	ŕ	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to	\$ 27.8578	01/02/2015		M	1	1,375	02/26/2011	02/26/2015	Common Stock	1,375

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

STONE SPENCER H TORCHMARK CORPORATION 100 CONCOURSE PARKWAY, STE 350 HOOVER, AL 35244

Controller

Signatures

Buy)

Spencer H. Stone, By:/s/Carol A. McCoy, Attorney-in-fact

01/05/2015

Date

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sales at prices ranging from \$54.09 per share to \$54.28 per share.
- (2) Reporting person will provide full information regarding the number of shares sold at each separate price upon request by the SEC staff, the issuer or any security holder of the issuer.

Reporting Owners 2

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(3) Shares in unitized fund in employee benefit plan-estimated conversion of \$ balance to shares using \$54.16.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.