

L 3 COMMUNICATIONS HOLDINGS INC

Form 4

July 31, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
STRIANESE MICHAEL T

2. Issuer Name and Ticker or Trading Symbol
L 3 COMMUNICATIONS HOLDINGS INC [LLL]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
07/29/2013

Director 10% Owner
 Officer (give title below) Other (specify below)
Chairman, President and CEO

C/O L-3 COMMUNICATIONS CORPORATION, 600 THIRD AVENUE

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

NEW YORK, NY 10016

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	07/29/2013		S	20,000	D	\$ 92.06 ⁽¹⁾	140,897 ⁽⁵⁾ ₍₆₎ D
Common Stock	07/29/2013		M	18,300	A	\$ 69.18	159,197 ⁽⁵⁾ ₍₆₎ D
Common Stock	07/29/2013		S	18,300	D	\$ 91.89 ⁽²⁾	140,897 ⁽⁵⁾ ₍₆₎ D
Common	07/29/2013		M	20,873	A	\$	161,770 ⁽⁵⁾ D

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Stock					71.81	⁽⁶⁾	
Common Stock	07/29/2013	S	20,873	D	\$ 91.89 ⁽³⁾	140,897 ⁽⁵⁾ ⁽⁶⁾	D
Common Stock	07/30/2013	M	31,700	A	\$ 69.18 ⁽⁶⁾	172,597 ⁽⁵⁾ ⁽⁶⁾	D
Common Stock	07/30/2013	S	31,700	D	\$ 92.53 ⁽⁴⁾	140,897 ⁽⁵⁾ ⁽⁶⁾	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
8/2/2006 Employee Stock Option (Right to Buy)	\$ 69.18	07/29/2013		M	18,300	⁽⁷⁾ 08/02/2016	Common Stock 18,300
7/12/2005 Employee Stock Option (Right to Buy)	\$ 71.81	07/29/2013		M	20,873	⁽⁷⁾ 07/12/2015	Common Stock 20,873
8/2/2006 Employee Stock Option (Right to Buy)	\$ 69.18	07/30/2013		M	31,700	⁽⁷⁾ 08/02/2016	Common Stock 31,700

