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LUTER JOS Form 4										
September 2	ЛЛ								OMB AI	PPROVAL
	UNITED	STATES					NGE C	OMMISSION	OMB Number:	3235-0287
Washington, D.C. 20549Washington, D.C. 20549Check this box if no longer subject to Section 16.STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIESForm 4 or Form 5 obligations 							e Act of 1934, 1935 or Section	Expires:January 312005Estimated averageburden hours perresponse0.5		
(Print or Type	Responses)									
	Address of Reporting SEPH W IV	Person [*]	Symbol		d Ticker or FOODS II			5. Relationship of Issuer		
(Last) C/O 200 CO	(First) (Middle) EET	3. Date of	of Earliest T Day/Year)				Director X Officer (give below)		Owner er (specify
SMITHFIE	(Street) SLD, VA 23430			endment, D onth/Day/Yea	ate Origina m)	1		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M Person	One Reporting Pe	erson
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deen Executior any (Month/D	Date, if	3. Transactic Code (Instr. 8) Code V	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
common stock, par value \$.50	09/23/2011			Р	15,000	A	\$ 18.36	202,994	D	
common stock, par value \$.50								355,400	I	By LLC (1)
common stock, par value \$.50								7,908	I	By custodial trust for son
								5.776	I	

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common stock, par value \$.50			By custodial trust for daughter
common stock, par value \$.50	1,724	Ι	By custodial trust for son
common stock, par value \$.50	1,724	Ι	By custodial trust for daughter

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	Amou Unde Secur	le and unt of rlying rities : 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LUTER JOSEPH W IV C/O 200 COMMERCE STREET SMITHFIELD, VA 23430			Executive Vice President					

Signatures

/s/ Michael H. Cole, as attorney-in-fact

09/26/2011

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The reporting person and his two minor children each own a one-third interest in ROSF LLC.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.