

AAMOTH WILLIAM L

Form 4

December 06, 2010

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0287
Expires: January 31,
2005
Estimated average
burden hours per
response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person *

AAMOTH WILLIAM L

2. Issuer Name **and** Ticker or Trading
Symbol

STERIS CORP [STE]

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

(Last) (First) (Middle)

5960 HEISLEY ROAD

3. Date of Earliest Transaction
(Month/Day/Year)

12/03/2010

____ Director ____ 10% Owner
__X__ Officer (give title ____ Other (specify
below) below)

V P - Corporate Treasurer

(Street)

4. If Amendment, Date Original
Filed(Month/Day/Year)

MENTOR, OH 44060

6. Individual or Joint/Group Filing(Check
Applicable Line)
__X__ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership Indirect Beneficial Ownership (Instr. 4)
Common Shares, No Par Value	12/03/2010		M	4,500 A	\$ 22.58 13,452	D	
Common Shares, No Par Value	12/03/2010		S ⁽¹⁾	4,500 D	\$ 36.047 8,952 ⁽²⁾	D	
Common Shares, No Par Value					500	I	See Footnote Below. ⁽³⁾
Common Shares, No					635	I	See Footnote

Par Value

Below. (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Description of Underlying Securities (Instr. 3 and 4)		
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option Exercise	\$ 22.58	12/03/2010		M		4,500		<u>(5)</u>	05/23/2013	Common Shares, No Par Value	4,500

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
AAMOTH WILLIAM L 5960 HEISLEY ROAD MENTOR, OH 44060			V P - Corporate Treasurer	

Signatures

Dennis P. Patton, Authorized Representative under Power of Attorney

12/06/2010

****Signature of Reporting Person**

Date _____

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These open market sales of a total of 4,500 Common Shares is pursuant to a Rule 10b5-1 Stock Trading Plan entered into by the Reporting Person on May 10, 2010.
- (2)

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6,280 of these Common Shares are restricted. The restrictions on these Common Shares lapse as follows: 1,600 on May 23, 2011, 2,000 on May 21, 2012 and 2,680 on May 20, 2014.

- (3) Represents an investment by Mr. Aamoth in his Vanguard William L. Aamoth - Rollover IRA Brokerage Account.
- (4) Represents 648.685 units of the STERIS Corporation 401(k) Plan STERIS Stock Fund which equals 635 share equivalents as of December 3, 2010.
- (5) These options became exercisable as follows: 1,500 on April 23, 2006 and 3,000 on April 23, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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