Edgar Filing: NELSON DAVID C. - Form 4

NELSON DA Form 4											
September 09	Л	~~.~~~				~~~			PPROVAL		
. •	• UNITED	STATES					E COMMISSION	OMB Number:	3235-0287		
								urs per			
(Print or Type R	esponses)										
1. Name and Address of Reporting Person <u>*</u> NELSON DAVID C.			Symbol	er Name an HFIELD F		Trading	5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Middle)					(Che	ck all applicable)			
200 COMMI	ERCE STREET										
SMITHFIEL	(Street) D, VA 23430			endment, D onth/Day/Yea	-	ıl	6. Individual or , Applicable Line) _X_ Form filed by Form filed by Person		erson		
(City)	(State)	(Zip)	Tab	ole I - Non-J	Derivative	Securities A	Acquired, Disposed	of, or Beneficia	lly Owned		
	2. Transaction Date Month/Day/Year)	2A. Deeme Execution any (Month/Da	Date, if	Code (Instr. 8)	4. Securit nAcquired Disposed (Instr. 3, 4)	(A) or of (D)	Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Repo	ort on a separate line	e for each cla	ass of sec	urities bene	Perso inform requir	ns who res nation cont red to resp ays a curre	or indirectly. spond to the colle tained in this form ond unless the fo ntly valid OMB co	i are not rm	SEC 1474 (9-02)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities Acquired	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	(A) or Disposed of		

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	Derivative Security			(D) (Instr. 3, 4, and 5)						
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	(1)	09/04/2009	А		1,265.3374		(2)	(2)	common stock	1,265.33

Reporting Owners

Reporting Owner Name / Address		Relationsh	nips	
i e	Director	10% Owner	Officer	Other
NELSON DAVID C. 200 COMMERCE STREET SMITHFIELD, VA 23430	Х			
Signatures				
/s/Michael H. Cole, as Attorney-In-Fact		09/09/2	2009	
**Signature of Reporting Person		Date		
Evalenction of De				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 1 for 1

The phantom stock becomes payable in shares of Company common stock upon termination of service as a director either in a lump sum or in annual installments over a period of at least two years and not more than ten years as per the director's deferral election.

(2) Or in annual instantients over a period of at least two years and not more than ten years as per the director's deternal election.
 Notwithstanding the foregoing, after termination of service, the phantom stock may, at the election of the director, be converted into one or more "deemed investments" approved by the Company's Nominating and Governance Committee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.