SMITHFIEL Form 4	D FOODS INC								
January 23, 2	2008								
FORM	14 UNITED S	STATES SECUR	RITIES A	ND EX(THAT	NGE C	OMMISSION		PROVAL
			shington,			INGE C	01411411551014	OMB Number:	3235-0287
Check th if no long subject to Section 1 Form 4 o Form 5	6. Filed purs	ENT OF CHAN	SECUR	ITIES			Expires: Estimated a burden hour response		
obligatio may cont <i>See</i> Instru 1(b).	inue. Section 17(a	a) of the Public U 30(h) of the In	•	•	· ·			1	
(Print or Type I	Responses)								
1. Name and A FRIBOURC	Address of Reporting F B PAUL J	Symbol	r Name and FIELD F			-	5. Relationship of Issuer	Reporting Pers	on(s) to
(Last)	(First) (M		f Earliest Tr		10 [5		(Check	k all applicable)
C/O 200 CC	MMERCE STRE	(Month/E EET 01/18/2	-				XDirector Officer (give t below)	title $\underline{\qquad} 10\%$ below)	Owner r (specify
	(Street)		endment, Da nth/Day/Year	-			6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	one Reporting Per	rson
	LD, VA 23430						Person		
(City)			le I - Non-D	Derivative S	Securi	ties Acqu	uired, Disposed of	, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	4. Securiti on(A) or Dis (Instr. 3, 4	sposed and 5 (A) or	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	01/18/2008		Code V $P^{(2)}$	Amount 300	(D) A	Price \$ 24.88	9,790,485	I <u>(1)</u>	see footnote
Stock						24.00			#1
Common Stock	01/18/2008		P <u>(2)</u>	400	A	\$ 24.92	9,790,885	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008		P <u>(2)</u>	400	A	\$ 24.93	9,791,285	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008		P <u>(2)</u>	800	A	\$ 24.94	9,792,085	I <u>(1)</u>	see footnote #1

Common Stock	01/18/2008	P <u>(2)</u>	600	A	\$ 24.95	9,792,685	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	7,400	А	\$ 24.96	9,800,085	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	2,900	А	\$ 24.97	9,802,985	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	9,400	А	\$ 24.98	9,812,385	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	10,700	А	\$ 24.99	9,823,085	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	7,600	А	\$ 25	9,830,685	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	4,700	А	\$ 25.01	9,835,385	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	5,200	А	\$ 25.02	9,840,585	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	3,800	А	\$ 25.03	9,844,385	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	1,300	А	\$ 25.04	9,845,685	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	3,900	А	\$ 25.05	9,849,585	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	600	А	\$ 25.06	9,850,185	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	1,800	А	\$ 25.07	9,851,985	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	2,100	А	\$ 25.08	9,854,085	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	6,200	А	\$ 25.09	9,860,285	I <u>(1)</u>	see footnote

								#1
Common Stock	01/18/2008	P <u>(2)</u>	1,100	A	\$ 25.1	9,861,385	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	2,000	А	\$ 25.11	9,863,385	I <u>(1)</u>	see footnote #1
Common Stock	01/18/2008	P <u>(2)</u>	1,800	А	\$ 25.13	9,865,185	I <u>(1)</u>	see footnote #1
Common Stock	01/22/2008	P <u>(2)</u>	400	А	\$ 24.62	9,865,585	I <u>(1)</u>	see footnote #1
Common Stock	01/22/2008	P <u>(2)</u>	100	А	\$ 24.63	9,865,685	I <u>(1)</u>	see footnote #1
Common Stock	01/22/2008	P <u>(2)</u>	300	А	\$ 24.67	9,865,985	I <u>(1)</u>	see footnote #1
Common Stock	01/22/2008	P <u>(2)</u>	100	А	\$ 24.7	9,866,085	I <u>(1)</u>	see footnote #1
Common Stock	01/22/2008	P <u>(2)</u>	200	А	\$ 24.71	9,866,285	I <u>(1)</u>	see footnote #1
Common Stock	01/22/2008	P <u>(2)</u>	100	А	\$ 24.72	9,866,385	I <u>(1)</u>	see footnote #1
Common Stock	01/22/2008	P <u>(2)</u>	1,100	А	\$ 24.73	9,867,485	I <u>(1)</u>	see footnote #1
Common Stock	01/22/2008	P <u>(2)</u>	1,100	А	\$ 24.74	9,868,585	I <u>(1)</u>	see footnote #1

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	e and	8. Price of	9. Nu
Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)		Transactio Code	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	Expiration Date (Month/Day/Year)		Amour Underl Securit	nt of lying	Derivative Security (Instr. 5)	Secur
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date		Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
FRIBOURG PAUL J C/O 200 COMMERCE STREET SMITHFIELD, VA 23430	Х						
Signatures							
/s/ Michael H. Cole, as Attorney-in-Fact		01/23/200	8				
<u>**</u> Signature of Reporting Person		Date					

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The shares listed as indirectly owned in the table above are shares owned directly by ContiGroup Companies, Inc. ("ContiGroup"). Mr. Fribourg may be deemed to share voting and investment power with respect to the shares of common stock owned directly by ContiGroup by virtue of being the Chairman, Chief Executive Officer and President of ContiGroup. In addition, Mr. Fribourg is one of the co-trustees

- (1) by virtue of being the Charman, Chief Executive Onicer and President of Conferoup. In addition, Mr. Fribourg is one of the Co-trustees and in one case, a beneficiary, of various trusts established for the benefit of certain members of Mr. Fribourg's family that collectively control a majority interest in ContiGroup. Mr. Fribourg disclaims beneficial ownership with respect to all of these shares except to the extent of his pecuniary interest
- (2) The purchases reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by ContiGroup on October 12, 2007.

Remarks:

Form 1 of 3

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.