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CABOT OIL & GAS CORP

Form 3

March 01, 2007

UNITED STATES SECURITIES AND EXCHANGE COMMISSION FORM 3 Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * MACHESNEY LISA A			2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name and Ticker or Trading Symbol CABOT OIL & GAS CORP [COG]						
(Last)	(First)	(Middle)	02/23/2007	4. Relationship of Reporting Person(s) to Issuer (Check all applicable)			5. If Amendment, Date Origina Filed(Month/Day/Year)			
1200 ENCL.		KWAY					•			
(Street) HOUSTON, TX 77077				Director 10% Owner Other (give title below) (specify below) VP, Mang. Counsel & Corp. Sec.			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I - 1	Table I - Non-Derivative Securities Beneficially Owned						
1.Title of Secur (Instr. 4)	rity		2. Amount of Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		ture of Indirect Beneficial ership :. 5)			
Common Sto	ock		30,782		D	Â				
Common Sto	ock		1,967 (5)		D	Â				
Common Sto	ock		4,000 (6)		D	Â				
Coommon S	tock		2,800 (7)		D	Â				
Common Sto	ock		963.89		I	Held	l in 401(k) Plan.			
Reminder: Repo owned directly	or indirectly Perso infori	ons who res mation cont	ach class of securities benefic spond to the collection of ained in this form are no	f t	EC 1473 (7-02	2)				
	requi	red to respon	ond unless the form disp	lays a						

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

currently valid OMB control number.

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1. Title of Derivative Security (Instr. 4)	2. Date Exercisal Date (Month/Day/Year)	ole and Expiration	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative	5. Ownership Form of Derivative Security:	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Security	Direct (D) or Indirect (I) (Instr. 5)	
Stock Option (right to buy)	02/17/2004	02/17/2008	Common	14,000 (1)	\$ 15.32	D	Â
Performance Shares	04/30/2008(2)	04/30/2008(2)	Common	6,500	\$ 0	D	Â
Performance Shares	12/31/2008(2)	12/31/2008(2)	Common	3,300	\$ 0	D	Â
Performance Shares	12/31/2009(2)	12/31/2009(2)	Common	3,000	\$ 0	D	Â
Stock Appreciation Rights (3)	02/23/2007	02/23/2013	Common	8,300	\$ 47.595	D	Â
Stock Appreciation Rights (4)	02/22/2008	02/22/2014	Common	3,300	\$ 70.435	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships				
Fg	Director	10% Owner	Officer	Other	
MACHESNEY LISA A 1200 ENCLAVE PARKWAY HOUSTON Â TXÂ 77077	Â	Â	VP, Mang. Counsel & Corp. Sec.	Â	

Signatures

Lisa A.
Machesney

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 33 1/3% of the 21,000 share option award became exercisable on February 17, 2004 and an additional 33 1/3% became exercisable on each of the next two one-year anniversaries of such date.
- (2) The performance shares provide for payment in common stock and cash in an amount ranging from 0-200% of the performance shares awarded based upon certain performance criteria over a three year performance period.
- (3) Grant to reporting person under Issuer's 2004 Incentive Plan. SAR becomes exercisable in increments of one-third, (i.e. 2,766, 2,767 and 2,767), on February 23, 2007, February 23, 2008 and February 23, 2009, respectively.
- (4) Grant to reporting person under Issuer's 2004 Incentive Plan. SAR becomes exercisable in increments of one-third, (i.e. 1,100, 1,100 and 1,100) on February 22, 2008, February 22, 2009 and February 22, 2010, respectively.
- (5) Restricted Stock Award to Reporting Person under Issuer's 2004 Incentive Plan. Restrictions on the 2,950 share restricted stock award lapse 33 1/3% on February 23, 2007 and 33 1/3% on each of the next two one-year anniversaries of such date.

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- (6) Restricted Stock Award to Reporting Person under Issuer's 2004 Incentive Plan. Restrictions on the 6,000 share restricted stock award lapse 33 1/3% on May 24, 2006, and 33 1/3% on each of the next two one-year anniversaries of such date.
- (7) Restricted Stock Award to Reporting Person under Issuer's 2004 Incentive Plan. Restrictions on the 2,800 share restricted stock award lapse 33 1/3% on February 22, 2008, and 33 1/3% on each of the next two one-year anniversaries of such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.