Edgar Filing: GOLDBERG RAY A - Form 4

| GOLDBERG RAY | Y A | | | | | | | | | |
|---|------------------------------------|--|-------------------------------------|--|--|--|--|--|--------------------------|--|
| Form 4 September 01, 200 |)6 | | | | | | | | | |
| FORM 4 | | | | | | | | | PPROVAL | |
| Washington | | | | | | | N OMB Number: | 3235-0287 | | |
| Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b). | STATEM Filed pur Section 17(| suant to S | Estimated burden hou response | urs per | | | | | | |
| (Print or Type Respon | ises) | | | | | | | | | |
| | | | Symbol | er Name an IFIELD F | | r Trading [NC [SFD] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | |
| (1 | | | | of Earliest T Day/Year) 2006 | ransactior | ı | Officer (give title Other (specify below) below) | | | |
| | | | | endment, D onth/Day/Yea | - | al | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person | | | |
| (City) (S | State) | (Zip) | Tab | le I - Non-l | Derivativ | e Securities A | cquired, Disposed | of, or Beneficia | lly Owned | |
| | nsaction Date h/Day/Year) | 2A. Deemo Execution any (Month/Da | ed Date, if | 3. Transactic Code (Instr. 8) Code V | 4. Securi nAcquirec Disposed (Instr. 3, | ties 1 (A) or 1 of (D) 4 and 5) (A) or | 5. Amount of Securities Beneficially Owned | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect | |
| Reminder: Report on | a separate line | for each cl | ass of sect | urities bene | Perse infor requi | ons who res mation cont red to resp ays a curre | or indirectly. spond to the colle tained in this form ond unless the fo ntly valid OMB co | n are not rm | SEC 1474 (9-02) | |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of | 2. | 3. Transaction Date | 3A. Deemed | 4. | 5. Number | 6. Date Exercisable and | 7. Title and Amount | 8. Price |
|-------------|-------------|---------------------|--------------------|------------|-----------------|-------------------------|---------------------|-----------|
| Derivative | Conversion | (Month/Day/Year) | Execution Date, if | Transactio | onof Derivative | Expiration Date | of Underlying | Derivat |
| Security | or Exercise | | any | Code | Securities | (Month/Day/Year) | Securities | Securit |
| (Instr. 3) | Price of | | (Month/Day/Year) | (Instr. 8) | Acquired | | (Instr. 3 and 4) | (Instr. : |

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| Derivative Security | | | | | (A) or Disposed (D) (Instr. 3, and 5) | | | | | | |
|------------------------|------------|------------|------|---|---|-----|---------------------|--------------------|-----------------|--|------|
| | | | Code | V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares | |
| Phantom Stock | <u>(1)</u> | 08/30/2006 | А | | 1,500 | | (2) | (2) | common stock | 1,500 | \$ (|

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|---|---------------|------------|---------|-------|--|--|--|
| | Director | 10% Owner | Officer | Other | | | |
| GOLDBERG RAY A C/O 200 COMMERCE STREET SMITHFIELD, VA 23430 | Х | | | | | | |
| Signatures | | | | | | | |
| \s\Michael H. Cole, as attorney-in-fact | (|)9/01/2006 | | | | | |

******Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

(1) 1 for 1

The phantom stock becomes payable in shares of Company common stock upon termination of service as a director either in a lump sum or in annual installments over a period of at least two years and not more than ten years as per the director's deferral election.

(2) Of infamiliar installinents over a period of at least two years and not more than feir years as per the director's deternal election.
 (2) Notwithstanding the foregoing, after termination of service, the phantom stock may, at the election of the director, be converted into one or more "deemed investments" approved by the Company's Nominating and Governance Committee.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.