TRIUMPH GROUP INC /

Form 4

February 02, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * BARTHOLDSON JOHN R

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

TRIUMPH GROUP INC / [TGI]

01/31/2007

(Check all applicable)

(Last)

(First)

(Middle)

3. Date of Earliest Transaction (Month/Day/Year)

X Director 10% Owner Other (specify _X__ Officer (give title

Sr. VP, CFO, and Treasurer

below)

1550 LIBERTY RIDGE, SUITE 100

(Street)

4. If Amendment, Date Original

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person

Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

Person

WAYNE, PA 19087

(City)	(State)	(Zip) Tabl	e I - Non-I	Derivative (Securi	ities Acqu	ired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	· / /			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock	01/31/2007		M	3,784	A	\$ 26.44	113,390	D	
Common Stock	01/31/2007		S	3,784	D	\$ 56.13	109,606	D	
Common Stock	01/31/2007		M	8,580	A	\$ 32.83	118,186	D	
Common Stock	01/31/2007		S	8,580	D	\$ 56.13	109,606	D	
Common Stock	01/31/2007		M	17,636	A	\$ 38.35	127,242	D	

Edgar Filing: TRIUMPH GROUP INC / - Form 4

Common Stock	01/31/2007	S	17,636	D	\$ 56.13	109,606	D
Common Stock	02/01/2007	M	2,364	A	\$ 38.35	111,970	D
Common Stock	02/01/2007	S	2,364	D	\$ 56.32	109,606	D
Common Stock	02/01/2007	M	17,636	A	\$ 43.13	127,242	D
Common Stock	02/01/2007	S	17,636	D	\$ 56.32	109,606	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day	Pate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 26.44	01/31/2007		M	3,784	<u>(1)</u>	04/16/2009	Common Stock	3,784
Employee Stock Option (Right to Buy)	\$ 32.83	01/31/2007		M	8,580	<u>(2)</u>	11/12/2013	Common Shares	8,580
Employee Stock Option (Right to Buy)	\$ 38.35	01/31/2007		M	17,636	(3)	04/20/2011	Common Stock	17,636
	\$ 38.35	02/01/2007		M	2,364	<u>(3)</u>	04/20/2011		2,364

Edgar Filing: TRIUMPH GROUP INC / - Form 4

Employee Sotck Option (right to buy)							Common Stock	
Employee Stock Option (right to buy)	\$ 43.13	02/01/2007	М	17,636	<u>(4)</u>	04/17/2008	Common Stock	17,636

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 8	Director	10% Owner	Officer	Other			
BARTHOLDSON JOHN R 1550 LIBERTY RIDGE SUITE 100 WAYNE, PA 19087	X		Sr. VP, CFO, and Treasurer				

Signatures

John B. Wright, II, Power of Attorney for John R.
Bartholdson 02/02/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The option vested in four equal installments on April 16, 2000, 2001, 2002 and 2003.
- (2) The options vested in two installment: the first vesting was on November 11, 2004 and the remaining options were vested by the Board of Directors of Triumph Group, Inc. on May 12, 2005.
- (3) The options vested in four equal installment on April 20, 2002, 2003, 2004 and 2005.
- (4) The option vested in four equal installment on April 19, 1999, 2000, 2001 and 2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3