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TRIUMPH G	ROUP INC /										
Form 4											
September 06	6, 2006										
									OMB APPROVAL		
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
	Check this box								Expires:	January 31,	
subject to	if no longer subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF							NERSHIP OF	Estimated a	2005	
Section 10	5.	SECURITIES							burden hou	0	
Form 4 or									response	0.5	
Form 5 obligation	· ·						-	ge Act of 1934,			
may conti				•	•	- ·		f 1935 or Section	n		
See Instru		30(h) of	f the Inv	vestment	Company	y Act	t of 194	40			
1(b).											
(Print or Type R	esponses)										
							Reporting Person(s) to				
RESNICK LAWRENCE J Symbol Issuer											
TRIUMPH GROUP INC / [TGI]					[]	(Check all applicable)					
(Last)) (First) (Middle) 3. Date of Earliest Transaction				()						
				10000000000000000000000000000000000000				Director 10% Owner Officer (give title Other (specify below)			
	(Street)	4	I. If Amer	ndment, Dat	e Original			6. Individual or Jo	oint/Group Filir	1g(Check	
				ed(Month/Day/Year)				Applicable Line)			
X Form filed by C							One Reporting Person				
WAYNE, PA	A 19087							Form filed by M Person	Iore than One Re	porting	
(City)	(State)	(Zip)			• .• .•						
(eng)	(5000)	(2 .P)	Table	e I - Non-D				quired, Disposed of	, or Beneficial	ly Owned	
1.Title of	2. Transaction Date	1						6. Ownership			
Security (Instr. 3)	(Month/Day/Year)	any	on Date, if Transaction(A) or Disposed of Code (D)				a or	Securities Beneficially		Indirect Beneficial	
(Month/Da							5)	2	· /	Ownership	
				, ,	`		ĺ	Following	(Instr. 4)	(Instr. 4)	
						(A)		Reported			
						or		Transaction(s) (Instr. 3 and 4)			
G				Code V	Amount	(D)	Price	(Instr. 5 und 4)			
Common	09/05/2006			S	270	D	\$	57,765	D		
Stock							44.7				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date	7. Titl Amou Under Secur (Instr.	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Addu	ress	Relationships							
	Director	10% Owner	Officer	Other					
RESNICK LAWRENCE J 1550 LIBERTY RIDGE SUITE 100 WAYNE, PA 19087			Senior Vice President						
Signatures									
Lawrence J. Resnick	09/06/2006								
**Signature of	Date								

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.