BARTHOLDSON JOHN R

Form 4/A August 21, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

3235-0287

January 31,

2005

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

08/04/2006

Stock (1)

1. Name and Address of Reporting Person * BARTHOLDSON JOHN R			2. Issuer Name and Ticker or Trading Symbol TRIUMPH GROUP INC / [TGI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (M		Date of Earl Ionth/Day/Y		ransaction			X Director		Owner	
1550 LIBE	RTY RIDGE, SUI		3/04/2006	cai)				X_ Officer (give below)		er (specify	
	(Street)	Fi	If Amendme led(Month/Da 3/08/2006		Č	1		6. Individual or Jo Applicable Line) _X_ Form filed by 0	•		
WAYNE, I	PA 19087	00	5/ 00/ 2000					Form filed by N Person	More than One Re	porting	
(City)	(State)	(Zip)	Table I -	Non-I	Derivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution D any (Month/Day,	ate, if Tra	e tr. 8)	4. Securion(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common	0010410006				4.200		\$	467 406	-		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

M

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

165,406

32.83

D

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

4,300

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivati Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non Qualified Employee Stock Option (Right to Buy) (1)	\$ 32.83	08/04/2006		M	4,300	(2)	11/12/2013	Common Stock	4,300

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
BARTHOLDSON JOHN R 1550 LIBERTY RIDGE SUITE 100 WAYNE, PA 19087	X		Sr. VP, CFO, and Treasurer				

Signatures

John B. Wright, II, Power of Attorney for John R.

Bartholdson 08/21/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The Form 4 as originally filed incorrectly identified which specific options were exercised by the Reporting Person. This amended Form 4 correctly identifies the options exercised.
- (2) The option vested in three installments: as to 9239 shares on November 12, 2004, as to 13,858 shares on May 12, 2005, and as to 13,858 shares on November 12, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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