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Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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**Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.**

(b) On June 17, 2008, Mr. Bradford Richardson, the Company's Executive Vice President of Asia Pacific, notified the Company of his resignation, effective June 30, 2008, to pursue another career opportunity.

**Item 8.01 Other Events.**

On June 18, 2008, the Company issued a press release that included the announcement of Bradford Richardson's resignation as Executive Vice President of Asia Pacific to pursue another career opportunity. A copy of the press release is furnished herewith as Exhibit 99 to this Current Report on Form 8-K and is incorporated herein by reference. The Company will also post this document on its corporate website, [www.usanahealthsciences.com](http://www.usanahealthsciences.com), under the "investors" link.

**Item 9.01 Financial Statements and Exhibits.**

(d) Exhibits

Exhibit 99 Press release issued by USANA Health Sciences, Inc. dated June 18, 2008 (furnished herewith).

**SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**USANA HEALTH  
SCIENCES, INC.**

**By:** /s/ Gilbert A. Fuller  
Gilbert A. Fuller, Chief  
Financial Officer

Date: June 18, 2008