MEDIFAST INC Form 10-Q

November 07, 2018
UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549
FORM 10-Q
x QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934
For the quarterly period ended September 30, 2018
OR
"TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934
For the transition period fromto
Commission File Number: 001-31573
Medifast. Inc.

(Exact name of registrant as specified in its charter)

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Delaware 13-3714405 (State or other jurisdiction of incorporation or organization) (I.R.S. Employer)	loyer Identification No.)
100 International Drive	
Baltimore, Maryland 21202	
<b>Telephone Number:</b> (410) 581-8042	
(Address of Principal Executive Offices, Zip Code and Telephone Number,	, Including Area Code)
Indicate by checkmark whether the registrant (1) has filed all reports required to Securities Exchange Act of 1934 during the preceding 12 months (or for such strequired to file such reports), and (2) has been subject to such filing requirement Yes x No "	horter period that the registrant was
Indicate by check mark whether the registrant has submitted electronically ever submitted pursuant to Rule 405 of Regulation S-T (§232.405 of this chapter) du such shorter period that the registrant was required to submit such files).  Yes x No "	·
Indicate by check mark whether the registrant is a large accelerated filer, an accessmaller reporting company, or an emerging growth company. See the definition filer," "smaller reporting company," and "emerging growth company" in Rule 1	as of "large accelerated filer," "accelerated
Large accelerated filer " Accelerated filer x Non-accelerated filer " Emerging growth company"	Smaller reporting company "
If an emerging growth company, indicate by check mark if the registrant has eleperiod for complying with any new or revised financial accounting standards precised Act."	

Indicate by checkmark whether the Registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act).

Yes " No x

Indicate the number of shares outstanding of each of the issuer's classes of common stock, as of the latest practicable date.

The number of shares of the registrant's common stock outstanding at October 31, 2018 was 11,964,966.

#### Medifast, Inc. and subsidiaries

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2018 and 2017		•					•
<u> </u>							

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## CONDENSED CONSOLIDATED STATEMENTS OF INCOME (UNAUDITED)

## (in thousands, except per share amounts & dividend data)

	Three months ende 2018	d September 30, 2017	Nine months endo 2018	ed September 30, 2017
Revenue Cost of sales Gross profit	\$ 139,239 32,038 107,201	\$ 77,205 19,022 58,183	\$ 355,159 84,351 270,808	\$ 223,556 54,870 168,686
Selling, general, and administrative	89,734	47,956	221,548	138,540
Income from operations	17,467	10,227	49,260	30,146
Other income (expense) Interest income, net Other income (expense)	361 - 361	148 (4 144	940 178 1,118	352 32 384
Income from operations before income taxes	17,828	10,371	50,378	30,530
Provision for income taxes	4,047	3,685	10,242	10,115
Net income	\$ 13,781	\$ 6,686	\$ 40,136	\$ 20,415
Earnings per share - basic	\$ 1.15	\$ 0.56	\$ 3.34	\$ 1.71
Earnings per share - diluted	\$ 1.14	\$ 0.55	\$ 3.31	\$ 1.69
Weighted average shares outstanding - Basic Diluted	11,954 12,097	11,930 12,095	12,006 12,112	11,920 12,063
Cash dividends declared per share	\$ 0.48	\$ 0.32	\$ 1.44	\$ 0.96

The accompanying notes are an integral part of these condensed consolidated financial statements.

## CONDENSED CONSOLIDATED STATEMENTS OF COMPREHENSIVE INCOME (UNAUDITED)

(in thousands)

	Three month September 3		Nine months ended Septer 30,		
	2018	2017	2018	2017	
Net income Other comprehensive income (loss), net of tax:	\$ 13,781	\$ 6,686	\$ 40,136	\$ 20,415	
Foreign currency translation Unrealized gains (losses) on marketable securities:	(2	) 7	(2	) 13	
Change in fair value of marketable securities	(45	) 26	(104	) 189	
Adjustment for net losses realized and included in net income	-	-	-	10	
Total change in unrealized gains (losses) on marketable securities	(45	) 26	(104	) 199	
Other comprehensive income (loss)	(47	) 33	(106	) 212	
Comprehensive income	\$ 13,734	\$ 6,719	\$ 40,030	\$ 20,627	

The accompanying notes are an integral part of these condensed consolidated financial statements.

## CONDENSED CONSOLIDATED BALANCE SHEETS (UNAUDITED)

## (in thousands, except par value)

	September 30, 2018	3	December 31, 2017	
ASSETS				
Current Assets	A 02 207	4		
Cash and cash equivalents  Accounts received a rest of doubtful accounts of \$405 at September 20, 2018 and	\$ 82,307	\$	5 75,077	
Accounts receivable-net of doubtful accounts of \$405 at September 30, 2018 and allowance for sales returns and doubtful accounts of \$597 at December 31, 2017	1,017		576	
Inventory	43,845		19,328	
Investment securities	20,912		23,757	
Income taxes, prepaid	-		2,272	
Prepaid expenses and other current assets	3,851		4,188	
Total current assets	151,932		125,198	
Property, plant and equipment - net	18,760		18,611	
Other assets	1,400		2,120	
Deferred tax assets	2,355		-	
TOTAL ASSETS	\$ 174,447	\$	5 145,929	
LIADH ITIES AND STOCKHOLDEDS FOLITY				
LIABILITIES AND STOCKHOLDERS' EQUITY Current Liabilities				
Accounts payable and accrued expenses	\$ 62,806	4	37,140	
Total current liabilities	62,806	4	37,140	
Total Carrent Machines	02,000		37,110	
Deferred tax liabilities	_		208	
Total liabilities	62,806		37,348	
Stockholders' Equity Common stock, par value \$.001 per share: 20,000 shares authorized;				
12,145 and 12,103 issued and 11,956 and 11,971 outstanding at September 30, 2018	12		12	
and December 31, 2017, respectively				
Additional paid-in capital	8,040		4,967	
Accumulated other comprehensive loss	(266	)	(160	)
Retained earnings	124,601	,	103,762	
Less: Treasury stock at cost, 128 shares at September 30, 2018	(20,746	)	100 501	
Total stockholders' equity	111,641		108,581	

## TOTAL LIABILITIES AND STOCKHOLDERS' EQUITY

\$ 174,447

\$ 145,929

The accompanying notes are an integral part of these condensed consolidated financial statements.

## ${\bf CONDENSED\ CONSOLIDATED\ STATEMENTS\ OF\ CASH\ FLOWS\ (UNAUDITED)}$

## (in thousands)

	Nine 1 2018	months ended Sep	otember 30,	2017		
Operating Activities Net income Adjustments to reconcile net income to cash provided by operating activities	\$	40,136		\$	20,415	
Depreciation and amortization		3,519			3,204	
Share-based compensation Loss on sale of		2,352			3,418	
disposal of property, plant and equipment		50			93	
Realized loss on investment securities, net Amortization of		70			73	
premium on investment securities		434			547	
Deferred income taxes Change in operating assets and		(2,028	)		(991	)
liabilities:						
Accounts receivable		116			683	
Inventory		(23,615	)		2,287	
Income taxes, prepaid		2,272			807	
Prepaid expenses and other current assets		453			1,098	

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Other assets		64			(137	)
Accounts payable and accrued expenses		21,655			1,757	
Net cash flow						
provided by operating activities		45,478			33,254	
Investing Activities Sale of investment						
securities		2,245			3,039	
Purchase of					44.000	,
investment securities		-			(4,093	)
Sale of property		104			50	
and equipment		184			59	
Purchase of property and		(3,246	)		(2,379	)
equipment		(3,240	,		(2,37)	,
Net cash flow used						
in investing activities		(817	)		(3,374	)
activities						
Financing						
Activities Options exercised						
by executives and		220			568	
directors						
Net shares		(240	`		(922	`
repurchased for employee taxes		(249	)		(833	)
Cash dividends		(17,404	)		(11,511	)
paid to stockholders		•	,		(11,311	,
Stock repurchases Net cash flow used		(19,996	)		-	
in financing		(37,429	)		(11,776	)
activities						
Foreign currency		(0	`		10	
impact		(2	)		13	
Increase in cash and						
cash equivalents		7,230			18,117	
Cash and cash						
equivalents - beginning of the		75,077			52,436	
period						
Cash and cash	Φ.	00.007		<b>*</b>	70.552	
equivalents - end of period	\$	82,307		\$	70,553	
F-1100						

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Supplemental disclosure of cash			
flow information:			
Income taxes paid	\$ 9,540	\$	10,083
Dividends declared			
included in	\$ 5,981	\$	4,114
accounts payable			

The accompanying notes are an integral part of these condensed consolidated financial statements.

# CONDENSED CONSOLIDATED STATEMENTS OF CHANGES IN STOCKHOLDERS' EQUITY (UNAUDITED)

(in thousands)

	Nine mo	nth	s ende	d Septembe	er 3	0, 2018				
	Number			Additiona		ccumulat	ed			
	of	C	ommo	n Paid-In	of	ther		Retained	Treasury	Total
	Shares Issued		cock		co	omprehen	siv	Earnings	Stock	
				Capital		oss				
Balance, January 1, 2018, as reported Cumulative effect of adjustments from	12,103	\$	12	\$ 4,967	\$	(160	)	\$103,762	\$-	\$108,581
changes in accounting standards (Notes 1 and 2)	-		-	-		-		(2,018)	-	(2,018)
Balance January 1, 2018, as adjusted	12,103		12	4,967		(160	)	101,744	-	106,563
Net income	-		-	-		-		40,136	-	40,136
Share-based compensation	16		-	2,352		-		-	-	2,352
Options exercised by executives and directors	20		-	220		-		-	-	220
Net shares repurchased for employee taxes	(3	)	-	(249	)	-		-	-	(249 )
Treasury stock from cashless options	9		-	750		-		-	(750)	-
Treasury stock from stock repurchases	-		-	-		-		-	(19,996)	(19,996)
Other comprehensive loss	-		-	-		(106	)	-	-	(106)
Cash dividends declared to stockholders	-		-	-		-		(17,279)	-	(17,279)
Balance, September 30, 2018	12,145	\$	12	\$ 8,040	\$	(266	)	\$124,601	\$(20,746)	\$111,641

The accompanying notes are an integral part of these condensed consolidated financial statements.

#### NOTES TO CONDENSED CONSOLIDATED FINANCIAL STATEMENTS (UNAUDITED)

#### 1. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

Basis of Presentation - The accompanying unaudited condensed consolidated financial statements of Medifast, Inc. and its wholly-owned subsidiaries (the "Company," "we," "us," or "our") included herein have been prepared in accordance with generally accepted accounting principles in the United States of America ("GAAP"), for interim reporting and pursuant to the rules and regulations of the Securities and Exchange Commission (the "SEC"). Accordingly, certain information and footnotes that are normally required by GAAP have been condensed or omitted. However, in the opinion of management, all adjustments consisting of normal, recurring adjustments considered necessary for a fair presentation of the financial position and results of operations have been included and management believes the disclosures that are made are adequate to make the information presented not misleading. The condensed consolidated balance sheet at December 31, 2017 has been derived from the audited consolidated financial statements at that date.

The results of operations for the three and nine months ended September 30, 2018 are not necessarily indicative of results that may be expected for the fiscal year ending December 31, 2018. The accompanying unaudited condensed consolidated financial statements should be read in conjunction with the 2017 audited consolidated financial statements and notes thereto, which are included in the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2017 ("2017 Form 10-K").

**Presentation of Financial Statements -** The unaudited condensed consolidated financial statements included herein include the accounts of the Medifast, Inc. and its wholly-owned subsidiaries. All significant intercompany accounts and transactions have been eliminated.

**Use of Estimates** - The preparation of financial statements in conformity with GAAP requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and reported amounts of revenue and expenses during the reporting period. Actual results could differ materially from those estimates.

Accounting Pronouncements Adopted in 2018 -

In May 2014, the FASB issued ASU 2014-09, *Revenue from Contracts with Customers (Topic 606)*. The new revenue recognition standard requires the Company to recognize revenue for the transfer of goods or services to customers for the amount the Company expects to be entitled to receive in exchange for those goods or services. The Company is required to identify the contract, identify the relevant performance obligations, determine the transaction price, allocate the transaction price to the performance obligations in the contract, and recognize the revenue when the entity satisfies a performance obligation. Companies have the option of using either a full retrospective or a modified retrospective approach to adopt the guidance. On January 1, 2018, the Company adopted the new revenue standard on a modified retrospective basis and recorded an after-tax transition adjustment to reduce retained earnings as of January 1, 2018 by \$2.0 million. This is comprised of \$5.6 million of revenue offset by \$3.6 million of inventory costs, deferred shipping expense, credit card fees and income taxes. The results of *ASC 606* primarily impact the Company's timing of revenue recognition for product shipments, as product revenue is recognized upon customer receipt instead of at the time of shipment. The new standard requires more extensive revenue-related disclosures.

As required by ASC 606, the impact of the adoption of the new revenue standard on our Condensed Consolidated Statements of Income and Condensed Consolidated Balance Sheets was as follows (in thousands):

	Three months 2018	s ended Septem	ber 30,	Nine months ended September 30, 2018			
	2016	Balances		2010	Balances		
	A a Damanta d	without	Effect of	As	without	Effect of	
	As Reported	orted adoption of Chang		Reported	adoption of	Change	
		ASC 606			ASC 606		
Revenue Cost of sales Gross profit	\$ 139,239 32,038 107,201	\$ 139,582 32,071 107,511	\$ (343 ) 33 (310 )	\$ 355,159 84,351 270,808	\$ 356,442 84,544 271,898	\$ (1,283 ) 193 (1,090 )	
Selling, general, and administrative	89,734	89,831	97	221,548	221,908	360	
Income from operations	17,467	17,680	(213)	49,260	49,990	(730 )	
Other income (expense) Interest income, net Other income (expense)	361 - 361	361 - 361	- - -	940 178 1,118	940 178 1,118	- -	
Income from operations before income taxes	17,828	18,041	(213 )	50,378	51,108	(730 )	
Provision for income taxes	4,047	4,092	45	10,242	10,396	154	
Net income	\$ 13,781	\$ 13,949	\$ (168)	\$ 40,136	\$ 40,712	\$ (576 )	
Earnings per share - basic	\$ 1.15	\$ 1.17	\$ (0.02)	\$ 3.34	\$ 3.39	\$ (0.05)	
Earnings per share - diluted	\$ 1.14	\$ 1.15	\$ (0.01)	\$ 3.31	\$ 3.36	\$ (0.05)	
Weighted average shares outstanding	;						
Basic Diluted	11,954 12,097	11,954 12,097		12,006 12,112	12,006 12,112		

September 30, 2018

Balances without Effect of Change

	As Reported	ad	option of ASC 606			
ASSETS						
Accounts receivable, net	\$1,017	\$	118	\$ 899		
Inventory	43,845		42,793	1,052		
Prepaid expenses and other current assets	3,851		3,711	140		
Deferred tax assets	2,355		1,656	699		
LIABILITIES Accounts payable and accrued expenses	62,806		57,422	5,384		
STOCKHOLDERS' EQUITY Retained earnings	124,601		127.195	(2,594	)	

The cumulative effect of the changes made to our January 1, 2018 Condensed Consolidated Balance Sheet from the modified retrospective adoption of ASC 606 was as follows (in thousands):

	Ba 20	alance at December 31,	Ad 606			alance at January 1, 018
ASSETS Accounts receivable, net	\$	576	\$	557	\$	1,133
Inventory	4	19,328	4	902	Ψ	20,230
Prepaid expenses and other current assets		4,188		116		4,304
Deferred tax assets		-		336		336
LIABILITIES						
Accounts payable and accrued expenses		37,140		4,137		41,277
Deferred tax liabilities		208		(208	)	-
STOCKHOLDERS' EQUITY						
Retained earnings		103,762		(2,018	)	101,744

#### **Recent Accounting Pronouncements –**

We have considered all new accounting pronouncements and have concluded that there are no new pronouncements that may have a material impact on our results of operations, financial condition, or cash flows, based on current information, except for:

ASU 2016-02, *Leases (Topic 842)* requires the rights and obligations of all leased assets with a term greater than 12 months to be presented on the balance sheet. The new guidance also changes the definition of a lease and requires expanded quantitative and qualitative disclosures for both lessees and lessors. The pronouncement is effective for fiscal years beginning after December 15, 2018, and interim periods within those fiscal years. We plan to adopt ASU 2016-02 on January 1, 2019. The Company currently expects that upon adoption of ASU 2016-02 right-to-use assets and lease liabilities will be recognized in the Company's Consolidated Balance Sheet in amounts that will be material. Management is currently evaluating the effect that the provisions of ASU 2016-02 will have on the Company's financial statements.

ASU 2018-02, *Income Statement Reporting - Comprehensive Income (Topic 220)* allows the reclassification from accumulated other comprehensive income to retained earnings for stranded tax effects resulting from tax effects resulting from the Tax Cuts and Jobs Act (TCJA) and will improve the usefulness of information reported to financial statement users. However, because the amendments only relate to the reclassification of the income tax effects of the

TCJA, the underlying guidance that requires that the effect of a change in tax laws or rates be included in income from continuing operations is not affected. The amendments in this pronouncement are effective for all entities for fiscal years beginning after December 15, 2018, and interim periods within those fiscal years. We plan to adopt ASU 2018-02 on January 1, 2019. Management is currently evaluating the effect that the provisions of ASU 2018-02 will have on the Company's financial statements.

#### 2. REVENUE

Revenue recognition

Our revenue is derived primarily from point of sale transactions executed over an e-commerce platform for weight loss, weight management, and other consumable health and nutritional products. Revenue is recognized upon receipt by customer and net of discounts, rebates, promotional adjustments, price adjustments, allocated consideration to loyalty programs and estimated returns.

Revenue is recognized when control of the promised products are transferred to our customers in an amount that reflects the consideration we expect to be entitled to in exchange for transferring those products. When determining whether the customer has obtained control of the products, we consider any future performance obligations.

A performance obligation is a promise in a contract to transfer a distinct good or service to the customer, and is the unit of account in ASC 606. A contract's transaction price is allocated to each distinct performance obligation and recognized as revenue when, or as, the performance obligation is satisfied. Our contracts have performance obligations to fulfill and deliver products from the point of sale transaction along with the related customer reward programs.

Our performance obligations are satisfied at a point in time. Revenue from products transferred to customers at a point in time accounted for substantially all of our revenue for the three and nine month periods ended September 30, 2018 and 2017, respectively. Revenue on these contracts is recognized when obligations under the terms of the contract with our customers are satisfied. Generally, this occurs with the transfer of control upon receipt of products by our customers. Any consideration received prior to the fulfillment of the Company performance obligation is deferred and recognized as a liability.

0	1	
Sal	05	returns

Our return policy allows for customer returns within 30 days of purchase and upon our authorization. We adjust revenues based on our estimated expected returns and a liability is recognized for expected refunds to customers. We estimate expected returns based on historical levels and project this experience into the future.

Customer reward programs and sales incentives

Our sales contracts may give customers the option to purchase additional products priced at a discount. Options to purchase additional products at a discount come in a variety of forms, such as customer reward programs and incentive offerings including pricing arrangements and promotions.

We reduce the transaction price for certain customer reward programs and incentive offerings including pricing arrangements, promotions, incentives that represent variable consideration and separate performance obligations. The Company accounts for sales rewards as a separate performance obligation of the transactions, and therefore allocates consideration between the initial sale of products and the customer reward program and incentive offering.

Shipping and handling costs

Amounts billed to customers for shipping and handling activities are treated as a promised service performance obligation and recorded in revenue in the accompanying Condensed Consolidated Statements of Income upon fulfillment of the performance obligation. Shipping and handling costs incurred by the Company for the delivery of products to customers are considered a cost to fulfill the contract and are included in cost of sales in the accompanying Condensed Consolidated Statements of Income.

Contract costs

We expense sales commissions and credit card fees during the period in which the corresponding revenue is earned. These costs are deferred along with the revenues for goods that are in transit and not received by customers by period end. These costs are recorded in selling, general and administrative expense in the Condensed Consolidated Statements of Income.

Disaggregated revenue and entity-wide revenue disclosures

The nature, amount, timing, and uncertainty of revenue and cash flows from our revenues amongst contracts, product offerings and customers do not differentiate and are recognized consistently based on the policies discussed above. In addition, effective January 1, 2018, we changed how we internally and externally report our revenues to simplify and better align with changes in how we manage our business, review operating performance and allocate resources as a result of the shift in our primary focus to the **OPTAVIA** business and the significance this business represents to the overall results of the Company. We considered the following factors in making this decision: the nature of business activities overlapping amongst previous defined sales channels, the management structure directly accountable to our chief operating decision maker for operating and administrative activities, and information presented to the Board of Directors and investors. We previously disclosed entity-wide disclosures for sales by channel: **OPTAVIA**, Medifast Direct, Franchise Medifast Weight Control Centers and Medifast Wholesale. Due to the interchangeable nature of these customers amongst sale channels, sales migration to **OPTAVIA**, and realignment of internal operations as discussed, our disclosures as of January 1, 2018 will not include revenues by sales channel.

INVENTORIES

Inventories consist principally of packaged meal replacements held in the Company's warehouses. Inventory is stated at the lower of cost or net realizable value, utilizing the first-in, first-out method. The cost of finished goods includes the cost of raw materials, packaging supplies, direct and indirect labor and other indirect manufacturing costs. On a quarterly basis, management reviews inventory for unsalable or obsolete inventory.

Inventories consisted of the following (in thousands):

**3.** 

	Se	ptember 30, 2018	De	ecember 31, 2017		
Raw materials	\$	13,273	\$	4,348		
Packaging		1,762		1,185		
Non-food finished goods		2,028		920		
Finished goods		27,480		13,407		
Reserve for obsolete inventory		(698	)	(532	)	
Total	\$	43,845	\$	19,328		

#### EARNING PER SHARE

4.

Basic earnings per share ("EPS") computations are calculated utilizing the weighted average number of shares of the Company's common stock outstanding during the periods presented. Diluted EPS is calculated utilizing the weighted average number of shares of the Company's common stock outstanding adjusted for the effect of dilutive common stock equivalents.

The following table sets forth the computation of basic and diluted EPS (in thousands, except per share data):

	Three months er 30,	nded September	Nine months end	ded September
	2018	2017	2018	2017
Numerator:				
Net income	\$ 13,781	\$ 6,686	\$ 40,136	\$ 20,415
Denominator:				
Weighted average shares of common stock outstanding	11,954	11,930	12,006	11,920
Effect of dilutive common stock equivalents	143	165	106	143
Weighted average shares of common stock outstanding	12,097	12,095	12,112	12,063
Earnings per share - basic	\$ 1.15	\$ 0.56	\$ 3.34	\$ 1.71
Earnings per share - diluted	\$ 1.14	\$ 0.55	\$ 3.31	\$ 1.69

The calculation of diluted EPS excluded 0 and 3,813 antidilutive options outstanding for the three months ended September 30, 2018 and 2017, respectively, and 214 and 6,780 antidilutive options outstanding for the nine months ended September 30, 2018 and 2017, respectively. The calculation for diluted EPS for the three and nine months ended, September 30, 2018 also excluded 43 and 297 antidilutive restricted stock awards, respectively. EPS is computed independently for each of the quarters presented; accordingly, the sum of the quarterly earnings per common share may not equal the year-to-date total computed.

5. SHARE-BASED COMPENSATION

**Stock Options:** 

The Company has issued non-qualified and incentive stock options to employees and nonemployee directors. The fair value of these options are estimated on the date of grant using the Black-Scholes option pricing model, which requires estimates of the expected term of the option, the risk-free interest rate, the expected volatility of the price of the Company's common stock, and dividend yield. Options outstanding as of September 30, 2018 generally vest over a period of three years and expire ten years from the date of grant. The exercise price of these options ranges from \$26.52 to \$157.30. Due to the Company's lack of option exercise history, the expected term is calculated using the simplified method defined as the midpoint between the vesting period and the contractual term of each option. The risk free interest rate is based on the U.S. Treasury yield curve in effect on the date of grant that most closely corresponds to the expected term of the option. The expected volatility is based on the historical volatility of the Company's common stock over the period of time equivalent to the expected term for each award. The weighted average input assumptions used were as follows:

	Nine mont	30,		
	2018		2017	
Expected term (in years)	6.4		6.0	
Risk-free interest rate	2.64	%	2.05	%
Expected volatility	33.30	%	38.33	%
Dividend yield	2.87	%	2.40	%

The following table is a summary of our stock option activity:

	Nine months ended September 30,									
	2018		2017							
	Shares Weighted-Average Exercise Price		Shares		eighted-Average ercise Price					
(shares in thousands)										
Outstanding at beginning of period	106	\$	31.18	129	\$	28.22				
Granted	51		67.50	38		44.73				
Exercised	(23)		28.87	(21)		27.38				
Forfeited	(8)		31.09	(17)		37.09				
Expired	-		-	(1)		28.59				
Outstanding at end of the period	126	\$	46.51	128	\$	32.00				
Exercisable at end of the period	54	\$	30.21	62	\$	28.14				

As of September 30, 2018, the weighted-average remaining contractual life was 8.07 years with an aggregate intrinsic value of \$22.1 million for outstanding stock options and the weighted-average remaining contractual life was 6.91 years with an aggregate intrinsic value of \$10.4 million for exercisable options. The weighted-average grant date fair value of options granted during the nine months ended September 30, 2018 and 2017 was \$18.08 and \$13.73, respectively. The unrecognized compensation expense calculated under the fair value method for shares expected to vest as of September 30, 2018 was \$0.9 million and is expected to be recognized over a weighted average period of 3.46 years. The Company received \$220 thousand and \$568 thousand in cash proceeds from the exercise of stock options during the nine months ended September 30, 2018 and 2017, respectively. Upon exercising of options, the Company withheld shares for employee taxes of 3 thousand and 19 thousand for the nine months ended September 30, 2018 and 2017, respectively. The total intrinsic value for stock options exercised during the nine months ended September 30, 2018 and 2017 was \$1.4 million and \$325 thousand, respectively.

#### Restricted Stock:

The Company has issued restricted stock to employees and nonemployee directors generally with vesting terms up to five years after the date of grant. The fair value of the restricted stock is equal to the market price of the Company's common stock on the date of grant. Expense for restricted stock is amortized ratably over the vesting period. The following table summarizes our restricted stock activity:

Nine months ended September 30, 2018 2017

Shares Weighted-Average Shares Weighted-Average Grant Date Grant Date

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	Fa	Fa	air Value	
(shares in thousands)				
Outstanding at beginning of period	129 \$	32.15	215 \$	27.69
Granted	18	79.80	44	44.73
Vested	(86)	31.61	(58)	26.09
Forfeited	-	-	(8)	36.37
Outstanding at end of the period	61 \$	46.90	193 \$	31.65

The total fair value of restricted stock awards vested during the nine months ended September 30, 2018 and 2017 was \$7.5 million and \$2.5 million, respectively.

The total share-based compensation charged against income was \$717 thousand and \$1.2 million during the three months ended September 30, 2018 and 2017, respectively, and \$2.4 million and \$3.4 million during the nine months ended September 30, 2018 and 2017, respectively. The total costs of the options and restricted stock awards charged against income was \$488 thousand and \$912 thousand during the three months ended September 30, 2018 and 2017, respectively, and \$1.7 million and \$2.6 million during the nine months ended September 30, 2018 and 2017, respectively. Also included for the three and nine months ended September 30, 2018 was \$77 thousand and \$229 thousand, respectively, for 63,300 performance-based deferred shares and for the three and nine months ended September 30, 2017 was \$139 thousand and \$357 thousand, respectively, for 113,395 performance-based deferred shares in expense for certain key executives. Included for the three and nine months ended September 30, 2018 and 2017 was \$152 thousand and \$455 thousand, respectively, in expense for 210,000 performance-based deferred shares granted to our CEO that will vest based on the achievement of certain Company performance targets.

The total income tax benefit recognized in the condensed consolidated statements of income for restricted stock awards was \$167 thousand and \$451 thousand for the three months ended September 30, 2018 and 2017, respectively, and \$1.6 million and \$1.5 million for the nine months ended September 30, 2018 and 2017, respectively.

There was \$2.1 million of total unrecognized compensation cost related to restricted stock awards as of September 30, 2018, which is expected to be recognized over a weighted-average period of 1.88 years. There was \$1.1 million of unrecognized compensation cost related to the 273,300 performance based deferred shares discussed above as of September 30, 2018, which is expected to be recognized over a weighted-average period of 1.25 years.

#### 6. ACCUMULATED OTHER COMPREHENSIVE LOSS

The following table sets forth the components of accumulated other comprehensive income (loss), net of tax where applicable (in thousands):

	Sep	otember 30, 2018	De	December 31, 2017			
Foreign currency translation	\$	(2	) \$	-			
Unrealized losses on marketable securities		(264	)	(160	)		
Accumulated other comprehensive loss	\$	(266	) \$	(160	)		

#### 7. FINANCIAL INSTRUMENTS

Certain financial assets and liabilities are accounted for at fair value, which is defined as the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The following fair value hierarchy prioritizes the inputs used to measure fair value:

Level 1 – Quoted prices are available in active markets for identical assets or liabilities as of the reporting date. Active markets are those in which transactions for the asset or liability occur in sufficient frequency and volume to provide pricing information on an ongoing basis.

Level 2 – Pricing inputs are other than quoted prices in active markets included in Level 1, which are either directly or indirectly observable as of the reporting date. Level 2 includes those financial instruments that are valued using models or other valuation methodologies.

Level 3 – Pricing inputs include significant inputs that are generally less observable from objective sources. These inputs may be used with internally developed methodologies that result in management's best estimate of fair value from the perspective of a market participant.

The following tables represent cash and the available-for-sale securities adjusted cost, gross unrealized losses and fair value by significant investment category recorded as cash and cash equivalents or investment securities (in thousands):

	Septembe	er 30,	, 2018					
		Un	nrealized	A	Accrued	Estimated	Cash &	Investment
	Cost	I o	sses	т	nterest	Fair Value	Cash	Securities
		Lo	8868	1	meresi	raii vaiue	Equivalents	
Cash	\$22,841	\$	-	\$	S -	\$ 22,841	\$ 22,841	\$ -
Level 1: Certificate of deposit Money market accounts Government & agency securities	55,000 4,466 4,135 63,601			)	- - 24 24	55,000 4,466 4,043 63,509	55,000 4,466 - 59,466	- 4,043 4,043
Level 2: Municipal bonds	16,932		(248	)	185	16,869	-	16,869
Total	\$103,374	\$	(364	) \$	209	\$ 103,219	\$ 82,307	\$ 20,912
	December			A	ccrued	Estimated	Cash &	Investment
	December	Unr	ealized				Cash &	Investment
			ealized		ccrued terest	Estimated Fair Value		Investment Securities
Cash		Unr	ealized		terest		Cash	
Cash  Level 1: Certificate of deposit Money market accounts Government & agency securities	Cost	Unr. Los:	ealized	In \$	terest	Fair Value	Cash Equivalents	Securities
Level 1: Certificate of deposit Money market accounts	Cost \$28,630 45,000 1,447 5,342	Unr. Loss:	ealized ses	In \$	- - - 13	Fair Value \$ 28,630 45,000 1,447 5,288	Cash Equivalents \$ 28,630  45,000 1,447 -	\$ 5,288

The Company had a realized loss of \$91 and \$16 thousand for the three months ended September 30, 2018 and 2017, respectively, and a realized loss of \$70 and \$73 thousand for the nine months ended September 30, 2018 and 2017, respectively. As of September 30, 2018 and 2017, gross unrealized losses related to individual securities that had been in a continuous loss position for 12 months or longer were not significant. The maturities of the Company's investment securities generally range up to 5 years for municipal bonds and for government and agency securities.

8.

#### **INCOME TAXES**

The Company reflected the effects of the TCJA in its 2017 financial statements, including the effects of the change in the U.S. Corporate tax rate from 35% to 21% on deferred tax assets and liabilities. The Company's tax expense for the three and nine month periods ended September 30, 2018 was \$4.0 million and \$10.2 million, respectively. This includes the reduction in the U.S. federal tax rate from 35% to 21%, effective for the Company's 2018 tax year.

The Company recognized the income tax effects of the TCJA in the financial statements included in its 2017 Annual Report on Form 10-K in accordance with Staff Accounting Bulletin No. 118, which provides SEC staff guidance for the application of ASC 740, Income Taxes, in the reporting period in which the TCJA was signed into law. During the three months ended September 30, 2018, the Company finalized its accounting for the income tax effects of the TCJA. There were no material adjustments to the provisional amounts recorded in the Company's financial statements included in its 2017 Annual Report on Form 10-K.

# Item MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS.

#### **Note Regarding Forward-Looking Statements**

This report contains information that may constitute "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities Exchange Act of 1934, as amended. Generally, the words "believe," "expect," "intend," "estimate," "anticipate," "project," "will," and similar expressions, which a historical in nature, identify forward-looking statements. However, the absence of these words or expressions does not necessarily mean that a statement is not forward-looking. All statements that address operating performance, events or developments that we expect or anticipate will occur in the future, including statements relating to future operating results, are forward-looking statements. Management believes that these forward-looking statements are reasonable as and when made. However, caution should be taken not to place undue reliance on any such forward-looking statements because such statements speak only as of the date when made. We undertake no obligation to publicly update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as required by law. In addition, forward-looking statements are subject to certain risks and uncertainties that could cause actual results to differ materially from our historical experience and our present expectations or projections. These risks and uncertainties include, but are not limited to, those described in our Annual Report on Form 10-K for the fiscal year ended December 31, 2017 (the "2017 Annual Report"), and those described from time to time in our future reports filed with the SEC.

The following discussion should be read in conjunction with the unaudited condensed consolidated financial statements and related notes appearing elsewhere herein.

#### Overview

Medifast, Inc. (together with its consolidated subsidiaries, "we," "us," "our," the "Company," or "Medifast") is a leading manufacturer and distributor of clinically proven healthy living products and programs. We produce, distribute and sell a variety of weight loss, weight management, and other consumable health and nutritional products. The

Company's product lines include weight loss, weight management, and healthy living meal replacements, snacks, hydration products, and vitamins. Our product sales accounted for 98% and 97% of our revenues for the nine months ended September 30, 2018 and 2017, respectively.

The nature, amount, timing, and uncertainty of revenue and cash flows from our revenues amongst contracts, product offerings and customers do not differentiate and are recognized consistently based on our policies. In addition, effective January 1, 2018, we changed how we internally and externally report our revenues to simplify and better align with changes in how we manage our business, review operating performance and allocate resources as a result of the shift in our primary focus to the **OPTAVIA** business and the significance this business represents to the overall results of the Company. We considered the following factors in making this decision: the nature of business activities overlapping amongst previous defined sales channels, the management structure directly accountable to our chief operating decision maker for operating and administrative activities, and information presented to the Board of Directors and investors. We previously disclosed entity-wide disclosures for sales by channel: **OPTAVIA**, Medifast Direct, Franchise Medifast Weight Control Centers and Medifast Wholesale. Due to the interchangeable nature of these customers amongst sale channels, sales migration to **OPTAVIA**, and realignment of internal operations as discussed, our disclosure as of January 1, 2018 will not include revenues by sales channel.

#### **Critical Accounting Policies and Estimates**

Our consolidated financial statements are prepared in accordance with United States generally accepted accounting principles ("GAAP"). Our significant accounting policies are described in Note 1 and Note 2 to the condensed consolidated financial statements included in this report.

The preparation of our financial statements requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, the disclosure of contingent assets and liabilities at the date of the financial statements, and the reported amounts of revenue and expenses during the reporting period. Management develops, and changes periodically, these estimates and assumptions based on historical experience and on various other factors that are believed to be reasonable under the circumstances. Actual results may differ from these estimates under different assumptions or conditions.

## **Overview of Results of Operations**

The following tables reflect our income statements (in thousands, except percentages):

	hree months e	nded	ptember 30, 017	,	\$ Change	% Change	e
Revenue Cost of sales Gross profit	\$ 139,239 32,038 107,201		\$ 77,205 19,022 58,183		\$62,034 (13,016) 49,018	80.3 -68.4 84.2	% % %
Selling, general, and administrative	89,734		47,956		(41,778)	-87.1	%
Income from operations	17,467		10,227		7,240	70.8	%
Other income (expense) Interest income, net Other income (expense)	361 - 361		148 (4 144	)	213 4 217	143.9 -100.0 150.7	% % %
Income from operations before income taxes	17,828		10,371		7,457	71.9	%
Provision for income tax	4,047		3,685		(362)	-9.8	%
Net income	\$ 13,781		\$ 6,686		\$7,095	106.1	%
% of revenue Gross profit Selling, general, and administrative costs Income from operations	77.0 64.4 12.5	% % %	75.4 62.1 13.2	% %			

	Nine months ended September 30,					
	2018		2017	\$ Change	% Chang	ge
Revenue	\$ 355,159		\$ 223,556	\$131,603	58.9	%
Cost of sales	84,351		54,870	(29,481)	-53.7	%
Gross Profit	270,808		168,686	102,122	60.5	%
Selling, general, and administrative	221,548		138,540	(83,008)	-59.9	%
Income from operations	49,260		30,146	19,114	63.4	%
Other income (expense)						
Interest income, net	940		352	588	167.0	%
Other income (expense)	178		32	146	456.3	%
	1,118		384	734	191.1	%
Income from operations before income taxes	50,378		30,530	19,848	65.0	%
Provision for income tax expense	10,242		10,115	(127)	-1.3	%
Net income	\$ 40,136		\$ 20,415	\$19,721	96.6	%
% of revenue						
Gross Profit	76.2	%	75.5	%		
Selling, general, and administrative costs	62.4	%	62.0	%		
Income from Operations	13.9	%	13.5	%		

Revenue: Revenue increased \$62.0 million, or 80.3%, to \$139.2 million for the three months ended September 30, 2018 from \$77.2 million for the three months ended September 30, 2017. This is the sixth consecutive quarter of year-over-year growth and the seventh consecutive quarter of sequential revenue improvement. The number of active earning OPTAVIA Coaches for the three months ended September 30, 2018 increased to 22,600 from 14,200 for the corresponding period in 2017, an increase of 59.2%. The quarterly revenue per OPTAVIA Coach increased 23.2% to \$5,781 for the three months ended September 30, 2018 from \$4,693 for the three months ended September 30, 2017. This growth in revenue resulted in part from business initiatives accelerating new OPTAVIA Coach conversions, increased OPTAVIA client acquisition rates and the transition of clients to higher priced OPTAVIA branded products. Total advertising spend, inclusive of broker fees, was \$1.3 million for the three months ended September 30, 2018 as compared to \$1.7 million for the corresponding period in 2017. Revenue increased \$131.6 million, or 58.9%, to \$355.2 million for the nine months ended September 30, 2017. Total advertising spend, inclusive of broker fees, was \$4.9 million for the nine months ended September 30, 2018 as compared to \$6.1 million for the corresponding period in 2017.

**Costs of sales:** Cost of sales increased \$13.0 million, or 68.4%, to \$32.0 million for the three months ended September 30, 2018 from the corresponding period in 2017 and increased \$29.5 million, or 53.7%, to \$84.4 million for the nine months ended September 30, 2018 from the corresponding period in 2017. The increase in cost of sales

for the three and nine months ended September 30, 2018 was primarily driven by increased product sales.

Gross profit: For the three months ended September 30, 2018, gross profit increased \$49.0 million, or 84.2%, to \$107.2 million from the corresponding period in 2017. As a percentage of sales, gross margin increased 160 basis points to 77.0% for the three months ended September 30, 2018 from 75.4% for the corresponding period in 2017. For the nine months ended September 30, 2018, gross profit increased \$102.1 million, or 60.5%, to \$270.8 million from the corresponding period in 2017. As a percentage of sales, gross margin increased 70 basis points to 76.2% for the nine months ended September 30, 2018 from 75.5% for the corresponding period in 2017. The increase in gross margin percentage for the quarter and year-to-date periods was driven by higher production volumes yielding favorable manufacturing absorption as the Company increased inventory to meet expected consumer demand. The Company anticipates this absorption benefit to be temporary as inventory levels normalize. In addition, the increase in the gross margin percentage resulted from reduced inventory obsolescence and lower shipping expense.

Selling, general and administrative: Selling, general and administrative ("SG&A") expenses were \$89.7 million for the three months ended September 30, 2018, an increase of \$41.7 million, or 87.1%, as compared to \$48.0 million from the corresponding period in 2017. As a percentage of sales, SG&A expenses were 64.4% as compared to 62.1% for the three months ended September 30, 2018 and 2017, respectively. This increase was primarily the result of higher OPTAVIA commissions paid as a result of increased product sales. As OPTAVIA revenue increased as a portion of the Company's total sales mix, the commission rate as a percentage of revenue increased 470 basis points to 40.5% for the third quarter of 2018 compared to 35.8% for the third quarter last year. This is an outcome of the success we are experiencing with our OPTAVIA integrated Coach Model. SG&A expenses included research and development costs of \$621 thousand and \$343 thousand for the three months ended September 30, 2018 and 2017, respectively.

For the nine months ended September 30, 2018, SG&A expenses increased \$83.0 million, or 59.9%, to \$221.5 million from \$138.5 million for the corresponding period in 2017. As a percentage of sales, SG&A expenses was 62.4% for the nine months ended September 30, 2018 as compared to 62.0% for the corresponding period in 2017. SG&A expenses included \$1.6 million and \$1.1 million in research and development costs for the nine months ended September 30, 2018 and 2017, respectively.

**OPTA**VIA commission expense, which is variable based upon product sales, increased \$28.8 million, or more than 100.0%, for the three months ended September 30, 2018 from the corresponding period in 2017 and increased \$62.0 million, or 79.2%, for the nine months ended September 30, 2018 from the corresponding period in 2017.

Coach event and incentive program costs increased \$6.0 million and \$6.7 million during the three and nine months ended September 30, 2018, respectively, from the corresponding periods in 2017 due to higher annual convention costs as more coaches attended this event and increased incentive program costs related to coaches who qualified during 2018 for our 2019 International Leadership Advancement Trip, an event designed to recognize and provide training to rising leaders and those who mentor them.

General and administrative expenses increased \$4.8 million and \$11.1 million during the three and nine months ended September 30, 2018, respectively, from the corresponding periods in 2017 primarily as a result of startup costs associated with the move of our distribution center from Texas to Nevada, as well as consulting costs related to information technology projects, and increased credit card fees resulting from higher sales.

Salaries and benefits increased \$2.3 million and \$4.2 million during the three and nine months ended September 30, 2018, respectively, from the corresponding periods in 2017 primarily as a result of higher contract labor costs related to the winding down of our internal call center and increased compensation costs.

**Income from operations:** For the three months ended September 30, 2018, income from operations increased \$7.3 million to \$17.5 million from \$10.2 million for the corresponding period in 2017 primarily as a result of increased gross profits partially offset by increased SG&A expenses. For the nine months ended September 30, 2018, income from operations increased \$19.2 million to \$49.3 million from \$30.1 million for the corresponding period in 2017 primarily as a result of increased gross profits partially offset by increased SG&A expenses.

**Interest income, net:** For the three and nine months ended September 30, 2018, interest income was \$361 thousand and \$940 thousand, respectively, and for the three and nine months ended September 30, 2017, interest income was \$148 thousand and \$352 thousand, respectively.

**Other income (expense):** For the three months ended September 30, 2018 and 2017, other income (expense) was \$0 and an expense of \$4 thousand, respectively. For the nine months ended September 30, 2018 and 2017, other income (expense) was income of \$178 thousand and \$32 thousand, respectively.

**Income from operations before income taxes:** Income from operations before income taxes was \$17.8 million for the three months ended September 30, 2018 as compared to \$10.4 million for the three months ended September 30, 2017, an increase of \$7.4 million. Pre-tax profit as a percentage of sales decreased to 12.8% for the three months ended September 30, 2018 from 13.4% for the three months ended September 30, 2017. Income from operations before income taxes was \$50.4 million for the nine months ended September 30, 2018 as compared to \$30.5 million for the nine months ended September 30, 2018 million. Pre-tax profit as a percentage of sales increased to 14.2% for the nine months ended September 30, 2018 from 13.7% for the nine months ended September 30, 2017.

**Provision for income tax:** For the three months ended September 30, 2018, the Company recorded \$4.0 million in income tax expense, an effective rate of 22.7%, as compared to \$3.7 million in income tax expense, an effective rate of 35.5%, for the three months ended September 30, 2017. The decrease in the effective tax rate for the three month ended September 30, 2018 as compared to the three months ended September 30, 2017 was driven by a decrease in the Federal statutory rate of 14.0% pursuant to the TCJA, a decrease in the state rate of 1.7% and a rate reduction of 0.4% attributable to the discrete accounting for taxes associated with share-based compensation. The total decrease in the effective tax rate was offset by a 2.1% increase to our effective tax rate resulting from to the elimination of the Domestic Manufacturer Deduction and a 1.2% increase to our effective tax rate resulting from changes to the limitations imposed by Section 162(m) of the Internal Revenue Code pursuant to TCJA. For the nine months ended September 30, 2018, the Company recorded \$10.2 million in income tax expense, an effective rate of 20.3%, as compared to \$10.1 million in income tax expense, an effective rate of 33.1%, for the nine months ended September 30, 2017. The decrease in the effective tax rate for the nine month ended September 30, 2018 as compared to the nine months ended September 30, 2017 was driven by a decrease in the Federal statutory rate of 14.0% pursuant to the TCJA, a rate reduction of 1.1% attributable to the discrete accounting for taxes associated with share-based compensation and a decrease in the state rate of 0.4%. The total decrease in the effective tax rate was offset by a 2.2% increase to our effective tax rate resulting from the elimination of the Domestic Manufacturer Deduction and a 0.5% increase to our effective tax rate primarily resulting from changes to the limitations imposed by Section 162(m) of the Internal Revenue Code pursuant to the TCJA. The Company anticipates a full year tax rate of 21% to 23% in 2018.

**Net income:** Net income was \$13.8 million and \$40.1 million, or \$1.14 and \$3.31 per diluted share, for the three and nine months ended September 30, 2018 as compared to \$6.7 million and \$20.4 million, or \$0.55 and \$1.69 per diluted share, for the three months and nine months ended September 30, 2017. The period-over-period changes were driven by the factors described above.

#### **Liquidity and Capital Resources**

The Company had stockholders' equity of \$111.6 million and working capital of \$89.1 million at September 30, 2018 as compared with \$108.6 million and \$88.1 million at December 31, 2017, respectively. The \$3.0 million net increase in stockholder's equity reflects \$40.1 million in net income for the nine months ended September 30, 2018 offset by \$20.0 million spent on repurchases of common stock, and \$17.3 million for declared dividends paid to our common stock holders as well as the other equity transactions described in the "Condensed Consolidated Statements of Changes in Stockholders' Equity" included in our condensed consolidated financial statements included in this report. The Company declared a dividend of \$6.0 million, or \$0.48 per share, to common stockholders as of September 21, 2018 that will be paid in the fourth quarter of 2018. While we intend to continue the dividend program and believe we will have sufficient liquidity to do so, we can provide no assurance that we will be able to continue to declare and pay dividends. The Company's cash, cash equivalents, and investment securities increased from \$98.8 million at December 31, 2017 to \$103.2 million at September 30, 2018.

Net cash provided by operating activities increased \$12.2 million to \$45.5 million for the nine months ended September 30, 2018 from \$33.3 million for the nine months ended September 30, 2017 primarily as a result of increased net income partially offset by an increase in working capital.

Net cash used in investing activities was \$817 thousand for the nine months ended September 30, 2018 as compared to \$3.4 million for the nine months ended September 30, 2017. This change resulted primarily from cash provided by net investment securities for the nine months ended September 30, 2018 as compared to cash used in net investment securities for the corresponding period in 2017. This was partially offset by an increase in cash used in capital expenditures for the nine months ended September 30, 2018 from the corresponding period in 2017.

Net cash used in financing activities increased \$25.6 million to \$37.4 million for the nine months ended September 30, 2018 from \$11.8 million for the nine months ended September 30, 2017. This increase was primarily due to stock repurchases and an increase in cash dividends paid to stockholders.

In pursuing its business strategy, the Company may require additional cash for operating and investing activities. The Company expects future cash requirements, if any, to be funded from operating cash flow and financing activities.

The Company evaluates acquisitions from time to time as presented.

#### Item 3. Quantitative and Qualitative Disclosures about Market Risk

Market risk is the potential loss arising from adverse changes in market rates and prices, such as interest rates and a decline in the stock market. The Company does not enter into derivatives, foreign exchange transactions or other financial instruments for trading or speculative purposes.

The Company is exposed to market risk related to changes in interest rates and market pricing impacting our investment portfolio. Its current investment policy is to maintain an investment portfolio consisting of municipal bonds, U.S. money market securities, and high-grade corporate securities, directly or through managed funds. Its cash is deposited in and invested through highly rated financial institutions in North America. Its marketable securities are subject to interest rate risk and market pricing risk and will fall in value if market interest rates increase or if market pricing decreases. If market interest rates were to increase and market pricing were to decrease immediately and uniformly by 10% from levels at September 30, 2018, the Company estimates that the fair value of its investment portfolio would decline by an immaterial amount and therefore it would not expect its operating results or cash flows to be affected to any significant degree by the effect of a change in market conditions on our investments.

There have been no material changes to our market risk exposure since December 31, 2017.

#### Item 4.

#### **Controls and Procedures**

Management, including our Chief Executive Officer and Chief Financial Officer, conducted an evaluation of the effectiveness of the design and operation of our disclosure controls and procedures, as defined in Rules 13a-15(e) and 15d-15(e) under the Securities Exchange Act of 1934, as amended, as of September 30, 2018. Our disclosure controls and procedures are designed to ensure that information required to be disclosed by us in the reports that we file or submit under the Exchange Act is recorded, processed, summarized and reported accurately and on a timely basis. Based on this evaluation performed in accordance with the criteria established in the 2013 Internal Control – Integrated Framework issued by the Committee of Sponsoring Organizations of the Treadway Commission, our management concluded that the Company's disclosure controls and procedures are effective at the reasonable assurance level as of the end of the period covered by this report.

#### **Changes in Internal Control over Financial Reporting:**

There have been no material changes in our internal control over financial reporting (as defined in Rules 13a-15(f) and 15d-15(f) under the Act) during the fiscal quarter ended September 30, 2018 that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting. We implemented additional internal controls to ensure we properly assessed and accounted for the impact of the new accounting standard related to revenue recognition on our financial statements which became effective on January 1, 2018. There were no significant changes to our internal control over financial reporting related to the adoption of the new standard.

## **Part II Other Information**

#### Item 1.

#### **Legal Proceedings**

The Company is, from time to time, subject to a variety of litigation and similar proceedings incidental to its business. Based upon the Company's experience, current information and applicable law, it does not believe that these proceedings and claims will have a material adverse effect on its results of operations, financial position or liquidity.

#### **Item 1A. Risk Factors**

There have been no material changes to the risk factors set forth in Part I, Item 1A of the 2017 Annual Report.

## Item 2. Unregistered Sales of Equity Securities and Use of Proceeds

#### **Issuer Purchases of Equity Securities**

2010	Total Number of	Average Price Paid	Total Number of Shares Purchased as Part of a	Maximum Number of Shares that
2018	Shares	per	Publicly Announced	May
	Purchased	Share	Plan	Yet Be Purchased
				Under the Plans or
			or Program	Programs
July 1 - July 31	-	\$ -	-	728,881
August 1 - August 31	200	169.47	-	728,881
September 1 - September 30	-	-	-	728,881

The Company, in accordance with, and as part of, the repurchase program adopted in September 2014 (the "Stock Repurchase Program") implemented a Rule 10b5-1 repurchase plan to facilitate repurchases of the Company's common stock under the Stock Repurchase Program. As of September 30, 2018, there were 728,881 shares of the Company's common stock eligible for repurchase under the Stock Repurchase Program. There is no guarantee as to the exact number of shares of the Company's common stock, if any, that will be purchased under the Stock Repurchase Plan.

#### Item 6. Exhibits

Exhibit Number	Description of Exhibit
<u>3.1</u>	Restated and Amended Certificate of Incorporation of Medifast, Inc. (incorporated by reference to Exhibit 3.1 of the Company's Current Report on Form 8-K (File No. 001-31573) filed February 27, 2015).
3.2	Amended and Restated Bylaws of Medifast, Inc. (incorporated by reference to Exhibit 3.1 to the Company's Current Report on Form 8-K (File No. 001-31573) filed on April 6, 2015).
<u>31.1</u>	Certification of Chief Executive Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
<u>31.2</u>	Certification of Chief Financial Officer pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.
32.1	Certification of Chief Executive Officer and Chief Financial Officer pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.

The following financial statements from Medifast, Inc.'s Quarterly Report on Form 10-Q for the quarter ended September 30, 2018 filed November 7, 2018, formatted in XBRL (eXtensible Business Reporting Language): (i) Condensed Consolidated Statements of Income, (ii) Condensed Consolidated Statements of Comprehensive Income, (iii) Condensed Consolidated Balance Sheets, (iv) Condensed Consolidated Statements of Changes in Stockholders' Equity, and (vi) Notes to the Condensed Consolidated Financial Statements (filed herewith).

In accordance with SEC Release No. 33-8238, Exhibit 32.1 is being furnished and not filed.

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned, thereunto duly authorized.

#### Medifast, Inc.

By: /s/ DANIEL R. CHARD
Daniel R. Chard
Chief Executive Officer
(Principal Executive Officer)

Dated: November 7, 2018

/s/ TIMOTHY G. ROBINSON
Timothy G. Robinson
Chief Financial Officer
(Principal Financial and Accounting Officer)

Dated: November 7, 2018