Edgar Filing: MEDIFAST INC - Form 4

MEDIFAST	INC										
Form 4											
November 1	,										
FORM	ORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB	APPROVAL 3235-0287		
Check th	is box		Washingto	n, D.C. 20	J549			Number:	January 31,		
if no long subject to Section 1	5 SIAIE	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF						Expires: 200 Estimated average burden hours per			
Form 4 o								response 0.5			
Form 5 obligation	n o *		ction 16(a) of			•					
may cont			•	•	-	•	1935 or Section	l			
See Instru 1(b).	uction	30(h) of	f the Investme	nt Compa	ny Ao	ct of 1940)				
(Print or Type I	Responses)										
HALLQUIST CONSTANCE J. Symbol			ymbol	ssuer Name and Ticker or Trading ool DIFAST INC [MED]			5. Relationship of Reporting Person(s) to Issuer				
							(Check	(Check all applicable)			
(Last)	(First) (. Date of Earliest Month/Day/Year)				X Director	10%	Owner		
C/O MEDII CRONDAL	FAST, INC., 360 L LANE		1/16/2015				Officer (give t below)		or (specify		
			. If Amendment,	Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
			• •				Applicable Line)				
OWINGS M	AILLS, MD 2111	17					_X_ Form filed by O Form filed by Mo Person				
(City)	(State)	(Zip)	Table I - Nor	-Derivative	Secu	rities Acqu	iired, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		ate, if Transact Code /Year) (Instr. 8	4. Securit iomr Dispos (Instr. 3,	ties A sed of 4 and (A) or	cquired (A) (D) 5)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	11/16/2015		A	Amount 325 (1)		Price \$ 30.9024	950	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(Instr. 3, 4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
HALLQUIST CONSTANCE J. C/O MEDIFAST, INC. 3600 CRONDALL LANE OWINGS MILLS, MD 21117	Х					
Signatures						
/s/ Timothy G. Robinson, attorney-in-fact	11/18/2015					
**Signature of Reporting Person		Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were purchased in a single transaction.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.