Edgar Filing: FORWARD AIR CORP - Form 144

OMB APPROVAL

3235-0101

OMB

Number:

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

FORWARD AIR CORP Form 144 August 15, 2014

											Nullibei	•	
Washington, D.C. 20549							Expires:	May 2014					
											Estimate burden	ed avera	ige
FORM 144								hours per		00.1			
		NOTICE OF	PROPOSED S	ALE (OF SE	CURITIE	S				SEC USE ONLY		
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933								DOCUMENT SEQUENCE NO.					
											CUSIP NUMBER		
	ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.												
1 (a) NAME OF ISSUER (Please type or print)					(b) II IDEN	RS NT. NO.	(c) S.E.C. FILE NO		ON	WORK LOCATION			
FORWARD	AIR C	ORP			62-1	120025	00	022490					
1 (d) ADDRI OF ISSUER	ESS	STREET			CITY	7	ST	ATE	ZIP COD	E	(e) TELI NO	EPHON	I E
		430 Airport Ro	oad		Gree	eneville	TN	N	3774	3	423-636	5-7177	
2 (a) NAME FOR WHOST THE SECUR TO BE SOLI	E ACCO	DUNT	(b) RELATIONS TO ISSUER	SHIP	(c) A	DDRESS	STR	REET	CITY	Y	STATE	ZIP	ÞΕ
Matthew Jud	de Jewel	1	Employee		1508	3 Cambrid	ge A	venue	Colle Park	ege	GA	3033	17
INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.													
3 (a) ((b)		SEC USE ONLY	(c)		(d)		(e)		(f)	,	(g)	
Title of the					ber of ares	Aggrega	ate	Numbe Shares		Appr	oximate	Name Each	
		nd Address of oker Through	Broker-Dealer		Other nits	Marke	et	or Othe Units	er	Date	of Sale	Securit	ties
													1

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	Whom the									
Securities To Be Sold	Securities are to be Offered or Each Market Maker	File Number	To Be Sold	Value	Outstanding	(See instr. 3(f))	Exchange			
	who is Acquiring the Securities		(See instr. 3(c))	(See instr. 3(d))	(See instr. 3(e))	(MO. DAY YR.)	(See instr. 3(g))			
Common	Deutsche Asset & Wealth Management 3414 Peachtree Road, NE Suite 900 Atlanta, GA 30326		2151	\$100,752.84	30,832,000	8/15/2014	Nasdaq			
INSTRUCT	IONS:									
1. (a)	(a) Name of issuer 3. (a) Title of the class of securities to be sold									
(b)							nom the			
	Identification N	ntification Number		securities are intended to be sold						
(c)	Issuer's S.E.C. f number, if any	ïle	(c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)							
(d)	Issuer's address.	including (d) Aggregate market value of the securities to be sold as of								

including area code

to be sold

Issuer's telephone number,

Name of person for whose

account the securities are

zip code

(e)

(a)

2.

- (b) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
- (c) Such person's address, including zip code

- a specified date within 10 days prior to filing of this notice
- (e) Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or statement published by the issuer
- (f) Approximate date on which the securities are to be sold
- (g) Name of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are SEC 1147 not required to respond unless the form displays a currently valid OMB control number. (08-07)

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TABLE I — SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

			Name of Person from			
			Whom Acquired	Amount of		
Title of	Date you	Nature of Acquisition	(If gift, also give date	Securities	Date of	Nature of
the Class	Acquired	Transaction	donor acquired)	Acquired	Payment	Payment
Common	8/15/2014	Stock Option Exercise from Grant dated 2/10/08	Forward Air Corporation	2151	8/15/2014	Cash

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Matthew J. Jewell 1508 Cambridge Avenue College Park, GA 30337	Forward Air Corporation	8/14/2014	6149	\$286,002.29
Matthew J. Jewell 1508 Cambridge Avenue College Park, GA 30337	Forward Air Corporation	8/13/2014	7100	\$330,417.67
Matthew J. Jewell 1508 Cambridge Avenue College Park, GA 30337	Forward Air Corporation	8/11/2014	8200	\$376,776.88
Matthew J. Jewell 1508 Cambridge Avenue College Park, GA 30337	Forward Air Corporation	8/8/2014	1800	\$82,364.04
Matthew J. Jewell 1508 Cambridge Avenue College Park, GA 30337	Forward Air Corporation	6/6/2014	7369	\$331,927.76
Matthew J. Jewell 1508 Cambridge Avenue College Park, GA 30337	Forward Air Corporation	6/5/2014	7631	\$343,399.58

EXPLANATION OF RESPONSES:

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. The person for whose account the securities to which this Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

August 15, 2014 DATE OF NOTICE

ATTENTION: Intentional

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION, IF **RELYING ON RULE 10B5-1**

SEC 1147 (02-08)

misstatements or omission of facts constitute

Federal Criminal Violations (See 18 U.S.C. 1001)

ATTENTION:

notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

/s/ Matthew Jude Jewell (SIGNATURE)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

REMARKS: