#### ST MARY LAND & EXPLORATION CO

Form 4

March 03, 2009

## FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB

3235-0287 Number: January 31,

**OMB APPROVAL** 

Expires: 2005

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if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

Value

(Print or Type Responses)

1. Name and Address of Reporting Person * Newton Lehman E III			2. Issuer Name and Ticker or Trading Symbol ST MARY LAND & EXPLORATION CO [SM]					0	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 12/31/2008					- - b	Director 10% Owner Selection Other (specify below) UP-Regional Manager		
				4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
(City)	(State)	(Zip)	Tak	Jo I M	on I	Dominativa	Coon		Person	or Ponoficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	saction Date 2A. Deemed			actio 8)	4. Securities Acquired (A fonor Disposed of (D) (Instr. 3, 4 and 5)  (A) or (A Amount (D) Price			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock; \$.01 Par Value	12/31/2008					174	A	\$ 17.2635	3,314	D	
Common Stock; \$.01 Par Value	02/28/2009			M		549	A	(2)	3,863	D	
Common Stock; \$.01 Par	02/28/2009			F		180	D	\$ 13.58	3,683	D	

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Common Stock; \$.01 Par Value	02/28/2009	M	388	A	(3)	4,071	D
Common Stock; \$.01 Par	02/28/2009	F	127	D	\$ 13.58	3,944	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	Transactionof		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Units	(2)	02/28/2009		M		549	02/28/2009	02/28/2009	Common Stock	549
Restricted Stock Units	<u>(3)</u>	02/28/2009		M		388	02/28/2009	02/28/2009	Common Stock	388

# **Reporting Owners**

Reporting Owner Name / Address	Relationships							
reporting of their runner, reduces	Director	10% Owner	Officer	Other				
Newton Lehman E III 1776 LINCOLN ST. SUITE 700 DENVER, CO 80203			VP-Regional Manager					

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## **Signatures**

Karin M. Writer (Attorney-In-Fact)

03/03/2009

\*\*Signature of Reporting Person

Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Mr. Newton purchased 174 shares of the issuer's common stock on December 31, 2008, through the issuer's Employee Stock Purchase Plan.
- Each restricted stock unit represents a contingent right to receive one share of stock. The restricted stock units were granted on February 28, 2007, are associated with fiscal year 2006, and vest in four equal installments beginning on the grant date. On the vesting dates, shares are issued to the reporting person, at which time all restrictions on the vested shares will lapse.
- Each restricted stock unit represents a contingent right to receive one share of stock. The restricted stock units were granted on February (3) 28, 2008, are associated with fiscal year 2007, and vest in four equal installments beginning on the grant date. On the vesting dates, shares are issued to the reporting person, at which time all restrictions on the vested shares will lapse.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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