

SHALLISH ROBERT D JR

Form 4

March 06, 2013

FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
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(Print or Type Responses)

1. Name and Address of Reporting Person *
SHALLISH ROBERT D JR

(Last) (First) (Middle)

C/O CONMED CORP, 525
FRENCH ROAD

(Street)

UTICA, NY 13502-5994

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol
CONMED CORP [CNMD]

3. Date of Earliest Transaction
(Month/Day/Year)
03/05/2013

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
____X____ Officer (give title below) ____ Other (specify below)

Vice President/Finance/CFO

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	03/05/2013		M	V Amount (A) or (D) Price 10,000 A \$ 19.93	44,391	D	
Common Stock	03/05/2013		F	7,773 D \$ 30.63	36,618	D	
Common Stock	03/05/2013		M	6,000 A \$ 16.46	42,618	D	
Common Stock	03/05/2013		F	4,231 D \$ 30.63	38,387	D	
Common Stock	03/05/2013		M	5,600 A \$ 19.26	43,987	D	

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Common Stock 03/05/2013 F 4,275 D \$ 30.63 39,712 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Sars (Stock Appreciation Rights)	\$ 19.93	03/05/2013		M	10,000	<u>(1)</u> 05/16/2016	Common Stock 10,000
Sars (Stock Appreciation Rights)	\$ 16.46	03/05/2013		M	6,000	<u>(2)</u> 06/01/2019	Common Stock 6,000
Sars (Stock Appreciation Rights)	\$ 19.26	03/05/2013		M	5,600	<u>(2)</u> 06/01/2020	Common Stock 5,600

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
SHALLISH ROBERT D JR C/O CONMED CORP 525 FRENCH ROAD UTICA, NY 13502-5994	Vice President/Finance/CFO

Signatures

Daniel S. Jonas for Robert D. Shallish by Power of Attorney

03/06/2013

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) The stock appreciation rights ("SARs") were granted under the Issuer's 2006 Stock Incentive Plan and generally vest in equal amounts over a five year period.
- (2) The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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