### Edgar Filing: EMCOR GROUP INC - Form 4

EMCOR GR Form 4	OUP INC											
March 16, 20	006											
FORM	<b>14</b> UNITED STATE	ES SECURITIE	S AND EX(	CHAN	NGE C	OMMISSION	OMB AF OMB	PROVAL				
Charala dh			on, D.C. 20				Number:	3235-0287				
Check th if no long		IEDCHID OF	Expires: January 3									
subject to Section 1	Estimated a burden hour											
Form 4 o Form 5	A 6 1024	response	0.5									
obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section												
may cont See Instr	217	h) of the Investme	ent Compan	y Act	of 194	0						
1(b).												
(Print or Type I	(Print or Type Responses)											
	Address of Reporting Person *		and Ticker or	Tradin	g	5. Relationship of I Issuer	Reporting Pers	on(s) to				
CAMMAK	ER SHELDON I	Symbol EMCOR GRO	OUP INC IE	MEI								
(Last)	(First) (Middle)	st Transaction	(Check all applicable)									
301 MERRI	ITT SEVEN	(Month/Day/Yea 03/15/2006	r)			Director 10% Owner X Officer (give title Other (specify						
301 MERRITT SEVEN 03/15/2006 Officer (give titleOther (specify below) EVP, Gen Counsel & Secretary												
	(Street)	4. If Amendment	t, Date Original	l		6. Individual or Joi	int/Group Filin	g(Check				
		Filed(Month/Day/	Year)			Applicable Line) _X_ Form filed by O	ne Reporting Per	rson				
NORWAL	K, CT 06851					Form filed by M Person	ore than One Re	porting				
(City)	(State) (Zip)	Table I - No	on-Derivative	Securi	ties Acq	uired, Disposed of,	or Beneficial	ly Owned				
1.Title of Security	2. Transaction Date 2A. De (Month/Day/Year) Execut		4. Securit action(A) or Dis			5. Amount of Securities	6. Ownership	7. Nature of Indirect				
(Instr. 3)	any	Code	(Instr. 3, 4			Beneficially	Form: Direct (D) or	Beneficial				
	(Monti	n/Day/Year) (Instr.	8)			Owned Following	Ownership (Instr. 4)					
				(A)		Reported Transaction(s)	(Instr. 4)					
		Code	V Amount	or (D)	Price	(Instr. 3 and 4)						
Common Stock	03/15/2006	М	20,000	А	\$ 10	49,762	D					
Common Stock	03/15/2006	S	2,000	D	\$ 47.03	47,762	D					
Common				_	\$							
Stock	03/15/2006	S	1,000	D	47.04	46,762	D					
Common Stock	03/15/2006	S	1,000	D	\$ 47.05	45,762	D					
Common Stock	03/15/2006	S	1,000	D	\$ 47.09	44,762	D					

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Common Stock	03/15/2006	S	1,000	D	\$ 47.15	43,762	D
Common Stock	03/15/2006	S	2,000	D	\$ 47.18	41,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.21	40,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.3	39,762	D
Common Stock	03/15/2006	S	900	D	\$ 47.32	38,862	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.39	37,862	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.4	36,862	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.43	35,862	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.47	34,862	D
Common Stock	03/15/2006	S	100	D	\$ 47.48	34,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.55	33,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.58	32,762	D
Common Stock	03/15/2006	S	2,000	D	\$ 47.6	30,762	D
Common Stock	03/15/2006	S	1,000	D	\$ 47.65	29,762 <u>(1)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative		Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired (A)		
	Derivative				or Disposed of		
	Security				(D)		
					(Instr. 3, 4,		

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					and	5)				
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy) $(2)$	\$ 10	03/15/2006	М			20,000	01/02/1999	01/01/2008	Common Stock	20,000

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
CAMMAKER SHELDON I 301 MERRITT SEVEN NORWALK, CT 06851			EVP, Gen Counsel & Secretary					
Signaturaa								

### Signatures

Sheldon I. Cammaker 03/16/2006 <u>\*\*</u>Signature of Date Reporting Person

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable in respect of restricted stock units.
- (2) Derivative security is an employee stock option.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.