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MENDEZ . Form 4										
February 02, 2006 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB A	APPROVAL		
			Number:	3235-0287						
Check t if no los subject Section Form 4 Form 5 obligati may co <i>See</i> Inst 1(b).	Section Public U	NGES IN SECU 16(a) of t Jtility Ho nvestmer	January Expires: 2 Estimated average burden hours per response n							
(Print or Type	e Responses)									
1. Name and MENDEZ	Address of Reporting JOHN M	Person <u>*</u>	Symbol FIRST	er Name ar COMM CSHARES	UNITY		-	5. Relationship of Issuer (Chec	Reporting Pe k all applicab	
	(First) (MMUNITY ARES INC, P.O. I	Middle) BOX 989		of Earliest 7 /Day/Year) 2006	Transactio	n		X Director X Officer (give below) Pres		% Owner her (specify
BLUEFIE	(Street) LD, VA 24605-09	189		nendment, I onth/Day/Ye	-	nal		6. Individual or Jo Applicable Line) _X_ Form filed by C Form filed by M	One Reporting I	Person
(City)	(State)	(Zip)	Tal	ble I - Non-	-Derivativ	e Sec	urities Aca	Person uired, Disposed of	. or Beneficia	ally Owned
(Instr. 3) any				3. 4. Securities Acquired (A) Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	01/31/2006			Code V M	Amount 531	(D) A	Price \$ 13.94	(Instr. 3 and 4) 1,847	D	
Common Stock	01/31/2006			S	531	D	\$ 34.3711	1,316	D	
Common Stock	02/01/2006			М	184	A	\$ 13.94	1,500	D	
Common Stock	02/01/2006			S	184	D	\$ 34.25	1,316	D	
Common	02/02/2006			М	609	А	\$ 13.94	1,925	D	

Stock

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Common Stock	02/02/20	06	S	609 I	> \$ 34.037	78 1,316	D			
Common Stock						18,058.	058 I	Sto Ow and	nership vings	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)										
			ative Securities Acq puts, calls, warrants)wned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactie Code (Instr. 8)	onof Derivative	ties red sed 3, 4,		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price (Derivativ Security (Instr. 5)
					(Instr. 3, 4, and 5)					
				Code V	and 5)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option	\$ 19.8			Code V	and 5)			Title Common Stock	or Number	
	\$ 19.8 \$ 16			Code V	and 5)	Exercisable	Date	Common	or Number of Shares	
Option Stock		01/31/2006		Code V	and 5)	Exercisable	Date (1)	Common Stock Common	or Number of Shares 14,108	\$ 0
Option Stock Option Stock	\$ 16	01/31/2006 02/01/2006			and 5) (A) (D)	Exercisable (1) (1)	(1) (1)	Common Stock Common Stock Common	or Number of Shares 14,108 14,108	\$ 0 \$ 0
Option Stock Option Stock Option Stock	\$ 16 \$ 13.94			М	and 5) (A) (D) 531	Exercisable (1) (1) (1) (1)	(1) (1) (1) (1)	Common Stock Common Stock Common Stock	or Number of Shares 14,108 14,108 531	
Option Stock Option Stock Option Stock Option	\$ 16 \$ 13.94 \$ 13.94	02/01/2006		M M	and 5) (A) (D) 531 184	Exercisable (1) (1) (1) (1) (1)	(1) (1) (1) (1) (1) (1) (1) (1)	Common Stock Common Stock Common Stock Common Stock	or Number of Shares 14,108 14,108 531 184	\$ 0

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
MENDEZ JOHN M FIRST COMMUNITY BANCSHARES INC P.O. BOX 989 BLUEFIELD, VA 24605-0989	Х		President & CEO			
Signatures						
John M. Mendez by: Robert L. Schumacher (H Attorney-in-Fact)	is		02/02/2006			
<u>**</u> Signature of Reporting Person			Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Option is exercisable for a period of 5 years after retirement (provided retirement occurs at or after age 62), disability or death. If
 (1) employment is terminated other than by retirement at or after 62, disability or death vested options must be exercised within 90 days after the effective date of termination. Any option not exercised within such period shall be deemed cancelled.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.