

ALLIED IRISH BANKS PLC  
Form 6-K  
March 26, 2010

**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

**FORM 6-K**

**Report of Foreign Private Issuer**

Pursuant to Rule 13a-16 or 15d-16  
under the Securities Exchange Act of 1934

For the date of 26 March, 2010

**ALLIED IRISH BANKS, public limited company**  
**Bankcentre, Ballsbridge, Dublin 4, Republic of Ireland**

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F..X... Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes ..... No ..X...

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-

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**Allied Irish Banks, p.l.c.**  
**2009 Annual Financial Report**

Allied Irish Banks, p.l.c.  
("AIB") [NYSE: AIB]  
2009 Annual Financial Report is available on the AIB Group website at the following link:

[http://www.aib.ie/servlet/ContentServer?pagename=AIB\\_Investor\\_Relations/AIB\\_Download/aib\\_d\\_download&c=AI](http://www.aib.ie/servlet/ContentServer?pagename=AIB_Investor_Relations/AIB_Download/aib_d_download&c=AI)

**-ENDS-**

***For further information please contact:-***

David O'Callaghan.  
Company Secretary,  
Allied Irish Banks, p.l.c.,  
Tel: +353 1 6414672

**Signatures**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorised.

**ALLIED IRISH BANKS, p.l.c.**  
(Registrant)

Date 26 March, 2010

By: \_\_\_\_\_  
John O'Donnell  
Group Director, Finance,  
Risk and Enterprise Technology  
Allied Irish Banks, p.l.c.