ALLETE INC Form 4 June 15, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** RAJALA JACK I			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
(T.)		(Middle)	ALLETE INC [ALE]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	X Director 10% Owner			
BOX 578			06/14/2005	Delow) Officer (give title below) Other (specify below)			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line)			
DEER RIVER, MN 56636				_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I Non Desirective Securities A	aguired Disposed of an Repositionally Owner			

(City)	(State)	(Zip) Table	e I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securi on(A) or Di (Instr. 3,	ispose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	06/14/2005		M	1,250	A	\$ 16.6	10,059.77	D		
Common Stock	06/14/2005		M	1,250	A	\$ 15.88	11,309.77	D		
Common Stock	06/14/2005		M	1,250	A	\$ 25.08	12,559.77	D		
Common Stock	06/14/2005		M	1,293	A	\$ 25.45	13,852.77	D		
Common Stock	06/14/2005		M	1,293	A	\$ 18.85	15,145.77	D		
	06/14/2005		S	6,336	D		8,809.77	D		

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Common \$ Stock 49.74

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	Secu Acqu (A) o Disp (D)	or osed of r. 3, 4,	6. Date Exerc Expiration D (Month/Day/	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option - Right to Buy	\$ 16.6 <u>(1)</u>	06/14/2005		M		1,250 (1)	(2)	01/02/2006	Common Stock	1,250
Stock Option - Right to Buy	\$ 15.88 (<u>3)</u>	06/14/2005		M		1,250 (3)	<u>(4)</u>	01/02/2007	Common Stock	1,250
Stock Option - Right to Buy	\$ 25.08 (5)	06/14/2005		M		1,250 (5)	<u>(6)</u>	01/02/2008	Common Stock	1,250
Stock Option - Right to Buy	\$ 25.45 <u>(7)</u>	06/14/2005		M		1,293 (7)	<u>(8)</u>	01/04/2009	Common Stock	1,293
Stock Option - Right to Buy	\$ 18.85 (9)	06/14/2005		M		1,293 (9)	(10)	01/03/2010	Common Stock	1,293

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

RAJALA JACK I

BOX 578 X

DEER RIVER, MN 56636

Signatures

Ingrid K. Johnson for Jack I. Rajala

06/15/2005

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This option was previously reported as covering 1,450 shares at an exercise price of \$14.31 per share, but was adjusted to reflect the spin off of ALLETE's subsidiary, ADESA, Inc., and the reverse stock split on September 20, 2004.
- (2) This option vested 50% on January 2, 1997 and 50% on January 2, 1998.
- (3) This option was previously reported as covering 1,450 shares at an exercise price of \$13.69 per share, but was adjusted to reflect the spin off of ALLETE's subsidiary, ADESA, Inc., and the reverse stock split on September 20, 2004.
- (4) This option vested 50% on January 2, 1998 and 50% on January 2, 1999.
- This option was previously reported as covering 1,450 shares at an exercise price of \$21.63 per share, but was adjusted to reflect the spin off of ALLETE's subsidiary, ADESA, Inc., and the reverse stock split on September 20, 2004.
- (6) This option vested 50% on January 2, 1999 and 50% on January 2, 2000.
- This option was previously reported as covering 1,500 shares at an exercise price of \$21.94 per share, but was adjusted to reflect the spin off of ALLETE's subsidiary, ADESA, Inc., and the reverse stock split on September 20, 2004.
- (8) This option vested 50% on January 4, 2000 and 50% on January 4, 2001.
- (9) This option was previously reported as covering 1,500 shares at an exercise price of \$16.25 per share, but was adjusted to reflect the spin off of ALLETE's subsidiary, ADESA, Inc., and the reverse stock split on September 20, 2004.
- (10) This option vested 50% on January 3, 2001 and 50% on January 3, 2002.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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