INGLES MARKETS INC Form S-4 August 29, 2013

As filed with the Securities and Exchange Commission on August 29, 2013

Registration No. 333-

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM S-4

REGISTRATION STATEMENT

UNDER

THE SECURITIES ACT OF 1933

INGLES MARKETS, INCORPORATED

(Exact Name of Registrant as Specified in Its Charter)

North Carolina (State or Other Jurisdiction of Incorporation or Organization) 5411 (Primary Standard Industrial Classification Code Number) 56-0846267 (I.R.S. Employer Identification No.)

5 5	
Black Mountain, North Carolina 28711	Ronald B. Freeman
(828) 669-2941	Vice President-Finance and Chief Financial Officer
	2913 U.S. Highway 70 West
	Black Mountain, North Carolina 28711
	(828) 669-2941
(Address, Including Zip Code, and Telephone Number, Including	(Name, Address, Including Zip Code, and Telephone Number,
Area Code, of Registrant's Principal Executive Offices)	Including Area Code, of Agent for Service)
Copies of communications to:	
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Suite 2500	
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Atlanta, Georgia 30305	
Telephone No.: (678) 553-2100	
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Approximate date of commencement of proposed sale of the securities to the public: As soon as practicable after this Registration Statement becomes effective.

If the securities being registered on this form are being offered in connection with the formation of a holding company and there is compliance with General Instruction G, check the following box.

If this form is filed to register additional securities for an offering pursuant to Rule 462(b) under the Securities Act, check the following box and list the Securities Act registration statement number of the earlier effective registration statement for the same offering.

If this form is a post-effective amendment filed pursuant to Rule 462(d) under the Securities Act, check the following box and list the Securities Act registration statement number of the earlier effective registration statement for the same offering. "

Indicate by a check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See the definition of "large accelerated filer," "accelerated filer," and "smaller reporting company" in Rule 12b-2 of the Exchange Act (Check one):

Large accelerated filer "

Non-accelerated filer $\ ^{\cdot }$

Smaller reporting company "

(Do not check if a smaller reporting company)

If applicable, place an X in the box to designate the appropriate rule provision relied upon in conducting this transaction:

Exchange Act Rule 13e-4(i) (Cross-Border Issuer Tender Offer) "

Exchange Act Rule 14d-1(d) (Cross-Border Third-Party Tender Offer) "

CALCULATION OF REGISTRATION FEE

			Proposed	
			Maximum	
		Proposed	Aggregate	Amount of
Title of Each Class	Amount to be	Maximum Offering	Offering	Registration
of Securities to be Registered	Registered	Price Per Unit(1)	Price(1)	Fee(2)
5.75% Senior Notes due 2023	\$ 700,000,000	100%	\$ 700,000,000	\$ 95,480

(1) Estimated solely for purposes of calculating the registration fee pursuant to Rule 457(f) of the Securities Act of 1933.

(2) Calculated pursuant to Rule 457(f)(2) of the Securities Act of 1933.

The Registrant hereby amends this Registration Statement on such date or dates as may be necessary to delay its effective date until the Registrant shall file a further amendment that specifically states that this Registration Statement shall thereafter become effective in accordance with Section 8(a) of the Securities Act of 1933, as amended, or until the Registration Statement shall become effective on such date as the Commission, acting pursuant to said Section 8(a), may determine.

The information in this prospectus is not complete and may be changed. We may not sell these securities until the registration statement filed with the Securities and Exchange Commission is effective. This prospectus is not an offer to sell these securities and it is not soliciting an offer to buy these securities in any state where the offer or sale is not permitted.

SUBJECT TO COMPLETION, DATED _____, 2023

PROSPECTUS

\$700,000,000

INGLES MARKETS, INCORPORATED

Offer to Exchange

Outstanding 5.75% Senior Notes due 2023

for

Registered 5.75% Senior Notes due 2023

Ingles Markets, Incorporated is offering to exchange up to \$700,000,000 aggregate principal amount of its registered 5.75% senior notes due 2023, or the "registered notes," for up to a like aggregate principal amount of its outstanding 5.75% senior notes due 2023, or the "outstanding notes." As of the date of this prospectus, there is outstanding \$700,000,000 aggregate principal amount of the outstanding notes. The terms of the registered notes are substantially identical to the terms of the outstanding notes, except that the registered notes are registered under the Securities Act of 1933, as amended, or the "Securities Act," and the transfer restrictions and registration rights and related additional interest provisions applicable to the outstanding notes do not apply to the registered notes. The registered notes will represent the same debt as the outstanding notes and we will issue the registered notes under the same indenture.

The exchange offer will expire at 5:00 p.m., New York City time, on ______, 2013 unless extended.

Terms of the Exchange Offer

- All outstanding notes that are validly tendered and not validly withdrawn prior to the expiration of the exchange offer will be exchanged for the registered notes.
- You may withdraw tendered outstanding notes at any time before the exchange offer expires.

- The exchange of the outstanding notes for the registered notes will not be a taxable event for federal income tax purposes.
- We will not receive any proceeds from the exchange offer.
- The exchange offer is subject to customary conditions, including the conditions that the exchange offer not violate applicable law or any applicable interpretation of the staff of the Securities and Exchange Commission.

The Registered Notes

- The registered notes are being offered in order to satisfy our obligations under the registration rights agreement entered in connection with the private offering of the outstanding notes.
- The registered notes will be our general senior unsecured obligations.

• No public market currently exists for the registered notes. We do not intend to apply for listing of the registered notes on any securities exchange or to arrange for them to be quoted on any quotation system.

Before participating in the exchange offer, please refer to the section in this prospectus entitled "Risk Factors" beginning on page ____.

Neither the Securities and Exchange Commission nor any state securities commission has approved or disapproved of the registered notes or determined if this prospectus is truthful or complete. Any representation to the contrary is a criminal offense.

The date of this prospectus is _____, 2013

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You should rely only on the information contained in this prospectus and in any other written communication authorized by us. We have not authorized anyone to provide you with different information, whether orally or in writing. We are not making an offer of these securities in any state or other jurisdiction where the offer is not permitted. You should not assume that the information contained in this prospectus is accurate as of any date other than the date printed on the front of this prospectus.

In this prospectus, unless the context indicates otherwise, the "Company," "Ingles," "we," "us" and "our" refer to Ingles Marke Incorporated, a North Carolina corporation, and its consolidated subsidiaries; "notes" refers to the outstanding notes and the registered notes collectively; and "indenture" refers to the indenture that applies to both the outstanding notes and the registered notes.

BROKER-DEALER PROSPECTUS DELIVERY OBLIGATION

Each broker-dealer that receives registered notes for its own account pursuant to this exchange offer must acknowledge that it will deliver a prospectus in connection with any resale of such registered notes. The letter of transmittal accompanying this prospectus states that by so acknowledging and by delivering a prospectus, a broker-dealer will not be deemed to admit that it is an "underwriter" within the meaning of the Securities Act. This prospectus, as it may be amended or supplemented from time to time, may be used by a broker-dealer in connection with resales of registered notes received in exchange for outstanding notes where such outstanding notes were acquired by such broker-dealer as a result of market-making activities or other trading activities. We have agreed that, for a period ending of the earlier of (i)180 days after the date of this prospectus and (ii) the date on which a

broker-dealer is no longer required to deliver a prospectus in connection with market-making or other trading activities, we will make this prospectus available to any broker-dealer for use in connection with any such resale. See "Plan of Distribution."

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INCORPORATION OF CERTAIN INFORMATION BY REFERENCE

The Securities and Exchange Commission, or the SEC, allows us to "incorporate by reference" in this prospectus the information in other documents that we file with it, which means that we can disclose important information to you by referring you to those documents. The information incorporated by reference is considered to be a part of this prospectus, and information in documents that we file later with the SEC will automatically update and supersede information contained in documents filed earlier with the SEC or contained in this prospectus or a prospectus supplement. We incorporate by reference in this prospectus the documents listed below, and any future filings that we may make with the SEC under Sections 13(a), 13(c), 14 or 15(d) of the Securities Exchange Act of 1934, as amended which we refer to as the Exchange Act, after the date of this prospectus and prior to the termination of the offering under this prospectus. The documents we incorporate by reference are:

- Our Annual Report on Form 10-K for the fiscal year ended September 29, 2012;
- Our definitive Proxy Statement dated January 2, 2013, relating to our 2013 annual meeting of stockholders;
- Our Quarterly Reports on Form 10-Q for the quarterly periods ended December 29, 2012, March 30, 2013, and June 29, 2013; and

• Our Current Reports on Form 8-K filed May 6, 2013, May 29, 2013, May 29, 2013, June 12, 2013, June 26, 2013, June 26, 2013 and August 2, 2013.

Unless specifically stated to the contrary, none of the information that we disclose under Item 2.02, 7.01 or 9.01 of any Current Report on Form 8-K that we may, from time to time, furnish to the SEC will be incorporated by reference into, or otherwise included in, this prospectus. The information contained in each of the documents incorporated by reference speaks only as of the date of such document. Any statement contained in a document incorporated by reference or deemed to be incorporated by reference herein, or contained in this prospectus shall be deemed to be modified or superseded for purposes of this prospectus to the extent that a statement contained herein or in any subsequently filed document or report that also is incorporated by reference or is deemed to be incorporated by reference herein modified or supersedes such statement. Any such statement so modified or superseded shall not be deemed, except as so modified or superseded, to constitute a part of this prospectus.

You may obtain a copy of any or all of the documents referred to above and a copy of the indenture which may have been or may be incorporated by reference into this prospectus (excluding certain exhibits to the documents) at no cost to you by writing or telephoning us at the following address:

Ingles Markets, Incorporated

2913 U.S. Highway 70 West

Black Mountain, North Carolina 28711

Telephone: (828) 669-2941

To obtain timely delivery of any of our filings, agreements or other documents, you must make your request to us no later than ______, 2013. In the event that we extend the exchange offer, you must submit your request at least five business days before the expiration date of the exchange offer, as extended.

WHERE YOU CAN FIND MORE INFORMATION

We are subject to the periodic reporting and other informational requirements of the Securities Exchange Act of 1934. We file annual, quarterly and current reports and other information with the SEC.

We have filed a registration statement on Form S-4 with the SEC to register under the Securities Act the registered notes. This prospectus constitutes a part of that registration statement. As allowed by the SEC's rules, this prospectus does not contain all the information set forth in the registration statement, certain parts of which have been omitted in accordance with the rules and regulations of the SEC. Please refer to the registration statement and related exhibits and schedules filed therewith for further information with respect to us and the registered notes offered hereby. Statements contained herein concerning the provisions of any document are not necessarily complete and, in each instance, reference is made to the copy of such document filed as an exhibit to the registration statement or otherwise filed by us with the SEC and each such statement is qualified in its entirety by such reference.

You may read and copy any materials we file with the SEC at the SEC's Public Reference Room located at 100F Street, N.E., Washington, D.C. 20549. You may obtain information on the operation of the Public Reference Room by calling the SEC at 1-800-SEC-0330. Our SEC filings are also available at the web site maintained by the SEC at: http://www.sec.gov. Information about us, including our SEC filings, are also available on our Internet website at www.ingles-markets.com. The information contained on our website is neither a part of or incorporated by reference in this prospectus or any prospectus supplement.

You should rely only on the information provided in this prospectus or any prospectus supplement. We have not authorized anyone else to provide you with different information. We may not make an offer of the registered notes in any state where the offer is not permitted. The delivery of this prospectus does not, under any circumstances, mean that there has not been a change in our affairs since the date of this prospectus. It also does not mean that the information in this prospectus is correct after this date.

DISCLOSURE REGARDING FORWARD-LOOKING STATEMENTS

This prospectus contains or incorporates by reference certain forward-looking statements within the meaning of Section 21E of the Securities Exchange Act of 1934, as amended (the "Exchange Act"). All statements other than statements of historical fact contained or incorporated by reference in this prospectus, including statements regarding our strategy, future operations, financial position, estimated revenues, projected costs, projections, prospects and plans and objectives of management, are forward-looking statements. The words "expect," "anticipate," "intend," "plan," "likely," "goal," "believe," "seek" and similar expressions are intended to identify forward-looking statements. While these forward-looking statements and the related assumptions are made in good faith and reflect our current judgment regarding the direction of our business, actual results will almost always vary, sometimes materially, from any estimates, predictions, projections, and estimates that are inherently subject to significant risks and uncertainties, many of which are beyond our control. Some of these assumptions inevitably will not materialize, and unanticipated events will occur which will affect our results. Some important factors (but not necessarily all factors) that affect our revenues, growth strategies, future profitability and operating results, or that otherwise could cause actual results to differ materially from those expressed in or implied by any forward-looking statement, include the following:

- business and economic conditions generally in our operating area including inflation or deflation;
- our ability to successfully implement our expansion and operating strategies and to manage rapid expansion;
- pricing pressures and other competitive factors;
- sudden or significant changes in the availability of gasoline and retail gasoline prices;
- the maturation of new and expanded stores;
- general concerns about food safety;
- our ability to reduce costs and achieve improvements in operating results, including the effect of our new distribution facility opened in 2012;
- the availability and terms of financing;
- increases in costs, including food, utilities and other goods and services significant to our operations;
- success or failure in the ownership and development of real estate;
- changes in the laws and government regulations applicable to us; and
- other risks and uncertainties, including those described under the caption "Risk Factors."

Consequently, actual events affecting us and the impact of such events on our operations may vary significantly from those described in this prospectus or contemplated or implied by statements in this prospectus. Given these risks and uncertainties, you are cautioned not to place undue reliance on such forward-looking statements. The forward-looking statements contained or incorporated by reference in this prospectus are made only as of the date hereof. We do not undertake and specifically decline any obligation to update any such statements or to publicly announce the results of any revisions to any of such statements to reflect future events or developments.

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PROSPECTUS SUMMARY

This summary highlights selected information about our business and the exchange offer. It is not complete and may not contain all the information that may be important to you. We urge you to read and review the entire prospectus, including "Risk Factors," together with the more detailed business information and consolidated financial statements and related notes that are incorporated by reference into this prospectus before deciding to participate in the exchange offer.

Our Company

We are a leading supermarket chain in the Southeastern United States, operating 204 supermarkets in Georgia (74), North Carolina (70), South Carolina (36), Tennessee (21), Virginia (2) and Alabama (1) as of June 29, 2013. We generated net sales of \$3.71 billion for the fiscal year ended September 29, 2012.

Our strategy is to locate our supermarkets primarily in suburban areas, small towns and neighborhood shopping centers. We remodel, expand and relocate stores in these communities and build stores in new locations to retain and grow our customer base with an enhanced "one stop" product offering while retaining a high level of customer service and convenience. Our supermarkets offer customers a wide variety of nationally advertised food products, including grocery, meat and dairy products, produce, frozen foods and other perishables, and non-food products. Non-food products include fuel centers, pharmacies, health and beauty care products and general merchandise. We also offer quality private label items.

We believe that customer service and convenience, modern stores and competitive prices on a broad selection of quality merchandise are essential to developing and retaining a loyal customer base. We have an ongoing renovation and expansion plan to add stores in our target market and modernize the appearance and layout of our existing stores. Our new and remodeled supermarkets provide an enhanced level of customer convenience in order to accommodate the lifestyle of today's shoppers. Design features of our modern stores focus on selling high-growth, high-margin products including perishable departments featuring organic and home meal replacement items, in-store pharmacies, on-premises fuel centers, and an expanded selection of food and non-food items to provide a "one-stop" shopping experience.

Substantially all of our stores are located within 280 miles of our warehouse and distribution facilities, near Asheville, North Carolina. During fiscal 2012, we completed construction of an additional 839,000 square foot warehouse and distribution facility adjacent to our current 810,000 square foot facility. Following the expansion, the warehouse supplies the stores with approximately 56% of the goods we sell as compared to 46% previously. The remaining 44% is purchased from third parties, which typically operate a direct store delivery model (bakery, beverage, etc.), and is thus generally delivered directly to the stores. The close proximity of our purchasing and distribution operations to our stores facilitates the timely distribution of consistently high quality meat, produce and other perishable items.

To further ensure product quality, we also own and operate a milk processing and packaging plant that supplies approximately 83% of the milk products sold by our supermarkets as well as a variety of organic milk, fruit juices and bottled water products. In addition, the milk processing and packaging plant sells approximately 69% of its products to other retailers, food service distributors and grocery warehouses in 17 states, thus providing us with an additional source of revenue.

Real estate ownership is an important component of our operations. We own 154 of our supermarkets, either in free-standing stores or as the anchor tenant in an owned shopping center. Shopping center ownership provides tenant income and can enhance store traffic through the presence of additional products and services that complement grocery store operations. As of June 29, 2013, we also owned 19 undeveloped sites suitable for a free-standing store.

Our owned real estate is generally located in the same geographic region as our supermarkets.

Recent Developments

On June 11, 2013, we completed the offering of the outstanding notes from which we received net cash proceeds of approximately \$691.2 million. We used approximately \$470.4 million of these cash proceeds to repurchase our outstanding 8.875% senior subordinated notes due 2017 pursuant to our previously announced pending tender offer and consent solicitation for these notes. The tender offer and consent solicitation expired on June 25, 2013, and approximately \$448.3 million aggregate principal amount, representing approximately 78.0% of the outstanding subordinated notes were validly tendered and accepted. On June 28, 2013, we used approximately \$132.4 million of the cash proceeds from the offering to redeem the remaining outstanding subordinated notes via a legal defeasance transaction. We also used cash proceeds from the offering to repay in full our existing line of credit. We will use the remaining cash proceeds from the offering to repay certain other debt, fund capital expenditures and for general corporate purposes.

Also on May 29, 2013, as previously announced, we amended our existing \$175 million line of credit and the terms of our Continuing Covenant and Collateral Agency Agreement under our \$99.7 million Recovery Zone Facility Bonds. For a description of these amendments, please see "Description of Our Other Indebtedness."

Additional Information

We were incorporated in 1965 under the laws of the State of North Carolina. Our executive offices are located at 2913 U.S. Highway 70 West, Black Mountain, North Carolina 28711-9727. Our principal mailing address is P.O. Box 6676, Highway 70, Asheville, North Carolina 28816, and our telephone number is 828-669-2941. Our website is www.ingles-markets.com. Information contained on our website is not part of and is not incorporated by reference into this prospectus.

Summary of the Terms of the Exchange Offer

The following is a summary of the terms of the exchange offer. For a more complete description of the exchange offer, see "The Exchange Offer."

Background On June 12, 2013, we completed a private placement of \$700,000,000 aggregate principal amount of the outstanding notes. In connection with that private placement, we and the initial purchasers entered into a registration rights agreement for the benefit of the holders of the outstanding notes. As described below, under the registration rights agreement, we agreed to, among other things, deliver this prospectus to you and to consummate the exchange offer for the outstanding notes by February 17, 2014. If we do not consummate the exchange offer for the outstanding notes by such date, we will be required to pay additional interest on the outstanding notes until the exchange offer is completed.

TheWe are offering to exchange the registered notes, which have been registered under the Securities Act,Exchangefor a like principal amount of the outstanding notes. You may only tender outstanding notes in minimalOfferdenominations of \$2,000 principal amount and integral multiples of \$1,000 in excess thereof. See "The
Exchange Offer—Terms of the Exchange Offer."

Registration On June 12, 2013, we and the initial purchasers entered into a registration rights agreement for the benefit of the holders of the outstanding notes. The registration rights agreement provides that if we do not consummate the exchange offer for the outstanding notes by February 17, 2014, we are required to pay additional interest on the outstanding notes at an initial rate of 0.25% per annum. The additional interest will increase by an additional 0.25% per annum with respect to each 90-day period until the exchange offer is consummated, up to a maximum of 1.00% per annum. After the exchange offer is complete, except as set forth in the next paragraph, you will no longer be entitled to any exchange or registration rights with respect to your outstanding notes.

The registration rights agreement requires us to file a shelf registration statement for a continuous offering in accordance with Rule 415 under the Securities Act for your benefit if:

• the exchange offer is not consummated by February 17, 2014;

• we are not permitted to consummate the exchange offer because the exchange offer is not permitted by applicable law or SEC policy;

• you are prohibited by applicable law or SEC policy to participate in the exchange offer and indicate that you wish to have your outstanding notes registered under the Securities Act;

• you may not resell registered notes you have acquired in the exchange offer to the public without delivering a prospectus and this prospectus (including any amendment or supplement thereto) is not appropriate or available for resales by you; or

• you are a broker-dealer and hold outstanding notes acquired directly from us or any of our affiliates.

Expiration	The exchange offer will expire at 5:00 p.m., New York City time, on	, 2013, or a later date
Date	and time to which we may extend it. We do not currently intend to extend the extended the extended of the exte	xpiration of the exchange
	offer. See "The Exchange Offer-Expiration Date; Extensions; Amendments."	

- Withdrawal You may withdraw your tender of outstanding notes in the exchange offer at any time before the expiration of the exchange offer. Any outstanding notes not accepted for exchange for any reason will be returned without expense to you promptly after the expiration or termination of the exchange offer. See "The Exchange Offer—Withdrawal of Tenders."
- Exchange The date of acceptance for exchange of the outstanding notes is the exchange date, which will be as soon Date as practicable following the expiration date of the exchange offer. See "The Exchange Offer—Terms of the Exchange Offer."

Issuance of We will issue registered notes in exchange for outstanding notes tendered and accepted in the exchange offer promptly following the exchange date. See "The Exchange Offer—Terms of the Exchange Offer."

Conditions to the Exchange The exchange offer is subject to customary conditions, which we may assert or waive. See Offer "The Exchange Offer—Conditions."

Procedures for
TenderingWe issued all of the outstanding notes as global securities in fully registered form without
coupons. Beneficial interests in the outstanding notes, which are held by direct or indirectOutstanding Notesparticipants in The Depository Trust Company ("DTC") through certificateless depositary interests,
are shown on, and transfers of the outstanding notes can be made only through, records maintained
in book-entry form by DTC with respect to its participants.

If you wish to participate in the exchange offer, you must complete, sign and date the accompanying letter of transmittal, or a facsimile of the letter of transmittal, according to the instructions contained in this prospectus and the letter of transmittal. You must then mail or otherwise deliver the letter of transmittal, or a facsimile of the letter of transmittal, together with the outstanding notes and any other required documents, to the exchange agent at the address set forth on the cover page of the letter of transmittal. See "The Exchange Offer—Procedures for Delivery."

Special If you are a beneficial owner whose outstanding notes are registered in the name of a broker, dealer, Procedures for commercial bank, trust company or other nominee, and you want to tender outstanding notes in the Beneficial exchange offer, you should contact the registered owner promptly and instruct the registered holder to tender on your behalf. If you wish to tender in the exchange offer on your own behalf, you must, before completing and executing the letter of transmittal and delivering your outstanding notes, either make appropriate arrangements to register ownership of the outstanding notes in your name or obtain a properly completed bond power from the registered holder. The transfer of registered ownership may take considerable time. See "The Exchange Offer—Procedures for Tendering."

GuaranteedIf you wish to tender your outstanding notes, and time will not permit your required documents to
reach the exchange agent by the expiration date, or the procedure for book-entry transfer cannot be
completed on time, you may tender your outstanding notes under the procedures described under
"The Exchange Offer—Guaranteed Delivery Procedures."

- Resales Under existing interpretations of the Securities Act by the staff of the SEC contained in several no-action letters to third parties, and subject to the immediately following sentence, we believe that the New Notes will generally be freely transferable by holders after the exchange offer without further compliance with the registration and prospectus delivery requirements of the Securities Act, if:
 - you are not one of our "affiliates" as defined in Rule 405 under the Securities Act;
 - you are acquiring the registered notes in the ordinary course of your business; and

• you have not engaged in, do not intend to engage in and have no arrangement or understanding with any person to participate in a distribution of the registered notes.

If you are our affiliate, or are engaging in, or intend to engage in, or have any arrangement or understanding with any person to participate in, a distribution of the registered notes, or are not acquiring the registered notes in the ordinary course of your business, you will not be able to rely on the interpretations of the staff of the SEC, you will not be permitted to tender outstanding notes in the exchange offer and, in the absence of any exemption, you must comply with the registration and prospectus delivery requirements of the Securities Act in connection with any resale of the registered notes.

Our belief that transfers of registered notes would be permitted without registration or prospectus delivery under the conditions described above is based on SEC interpretations given to other, unrelated issuers in similar exchange offers. We cannot assure you that the SEC would make a similar interpretation with respect to our exchange offer. We will not be responsible for or indemnify you against any liability you may incur under the Securities Act.

If you are a broker-dealer and receive registered notes for your own account in exchange for outstanding notes that you acquired as a result of market-making or other trading activity, you must acknowledge that you will deliver this prospectus in connection with any resale of the registered notes. See "Plan of Distribution."

We do not intend to list the registered notes on any securities exchange or for quotation on an automated dealer quotation system. Accordingly, there can be no assurance that an active market will develop for the registered notes upon completion of the exchange offer or, if developed, that such market will be sustained or as to the liquidity of any market.

Consequences of Failure to Exchange Outstanding notes that are not tendered in the exchange offer or are not accepted for exchange will continue to bear legends restricting their transfer. You will not be able to offer or sell such outstanding notes:

- except pursuant to an exemption from the requirements of the Securities Act;
- unless the outstanding notes are registered under the Securities Act; or
- if neither such registration nor such exemption is required by law.
- Exchange Branch Banking and Trust Company is serving as the exchange agent in connection with the exchange Agent offer. The address and telephone number of the exchange agent are set forth in the section entitled "Exchange Offer—Exchange Agent."

Use of Proceeds We will not receive any cash proceeds from the issuance of the registered notes in the exchange offer. See "Use of Proceeds."

Accounting Treatment We will not recognize any gain or loss for accounting purposes upon completion of the exchange offer.

U.S. Federal Tax Considerations The exchange of the outstanding notes will not be a taxable exchange for federal income tax purposes. See "Certain U.S. Federal Tax Considerations."

Summary of the Terms of the Registered Notes

The following is a summary of the principal terms of the registered notes. Certain of the terms and conditions described below are subject to important limitations and exceptions. The "Description of the Registered Notes" section of this prospectus contains a more detailed description of the terms and conditions of the registered notes.

Issuer Ingles Markets, Incorporated

Registered \$700,000,000 aggregate principal amount of registered 5.75% senior notes due 2023. The registered Notes Offered notes will evidence the same debt as the outstanding notes and will be issued under, and entitled to the benefits of, the same indenture. The registered notes will be identical in all material respects to the outstanding notes for which they have been exchanged, except:

• the registered notes have been registered under the Securities Act and thus generally will not be subject to restrictions on transfer applicable to the outstanding notes or bear restrictive legends;

- the registered notes will bear a different CUSIP number from the outstanding notes; and
- the registered notes will not be entitled to registration rights; and
- the registered notes will not have the right to earn additional interest under circumstances relating to our registration obligations.

Maturity Date June 15, 2023.

- Interest Interest will accrue at a rate of 5.75% per year, payable semi-annually in cash in arrears on June 15 and December 15 of each year, commencing on December 15, 2013.
- Ranking The registered notes will constitute senior unsecured debt of the Company and will have the same ranking as the outstanding notes. The outstanding notes:
 - rank equally in right of payment with all of our and any guarantors' existing and future senior debt;

- are senior in right of payment to all of our and any guarantors' existing and future subordinated debt;
- are effectively subordinated to our and any guarantors' existing and future secured debt to the extent of the value of the assets securing such debt; and
- are structurally subordinated to all of the existing and future liabilities of each of our subsidiaries that do not guarantee the notes.

Upon initial issuance, the registered notes, like the outstanding notes, will not be guaranteed. However, if any restricted subsidiary of the Company subsequently becomes a guarantor or obligor in respect of any other Indebtedness of the Company or any other restricted subsidiary, such restricted subsidiary shall also guarantee the registered notes on a senior basis. See "Description of the Registered Notes—Guarantees."

As of June 29, 2013, we had approximately \$934.5 million of senior debt outstanding of which approximately \$231.0 million effectively ranked senior to the outstanding notes to the extent of the collateral securing such debt. In addition, we had approximately \$162.5 million of availability under our line of credit.

Optional On or after June 15, 2018, we may redeem some or all of the registered notes at any time at the redemption prices described in the section "Description of the Registered Notes—Optional Redemption." In addition, we may redeem up to 35% of the aggregate principal amount of the registered notes before June 15, 2016, with the net proceeds of certain equity offerings by us, at a redemption price of 105.750% of the principal redeemed. We may also redeem some or all of the registered notes before June 15, 2018 at a redemption price of 100% of the principal amount plus accrued and unpaid interest, if any, to the redemption date, plus a make-whole premium. Following June 15, 2021, we may redeem such registered notes at a redemption price of 100% of the principal amount plus accrued and unpaid interest.

Change of If we experience certain kinds of changes of control, we must offer to purchase the registered notes at 101% of their principal amount, plus accrued and unpaid interest. For more details, see the section "Description of the Registered Notes—Change of Control."

Certain The indenture governing the notes contains certain covenants limiting our ability and the ability of our restricted subsidiaries to, under certain circumstances:

- incur additional debt;
- prepay subordinated indebtedness;
- pay dividends or make other distributions on, redeem or repurchase, capital stock;
- make investments or other restricted payments;
- enter into transactions with affiliates;
- sell assets;
- · create liens on assets to secure debt; or
- effect a consolidation or merger or sell all, or substantially all, of our assets.

These covenants are subject to important exceptions and qualifications as described in this prospectus under "Description of the Registered Notes—Certain Covenants." No Prior The registered notes will generally be freely transferable but will be a new issue of securities for which Public there is currently no established market. Accordingly, there can be no assurance as to the development or Market liquidity of any market for the registered notes. Although the initial purchasers of the outstanding notes have advised us that they currently intend to make a market in the registered notes, they are not obligated to do so and they may discontinue market making activities at any time without notice. We do not intend to apply for a listing of the registered notes on any securities exchange or an automated dealer quotation system.

Risk Factors

We urge you to read carefully the risk factors beginning on page 8 for a discussion of factors you should consider before exchanging your outstanding notes for registered notes.

RISK FACTORS

You should carefully consider the risks described below together with all of the other information included or incorporated by reference in this prospectus before you decide to participate in the exchange offer. These risks could have a material adverse effect on our business, financial position or results of operations. The following risk factors may not include all of the important factors that could affect our business or our industry or that could cause our future financial results to differ materially from historic or expected results. If any of the following risks occur, you could lose all or part of your investment in, and the expected return on, the notes.

Risks Relating to Our Business

Our expansion and renovation plans may not be successful which may adversely affect our business and financial condition due to the capital expenditures and management resources required to carry out our plans.

We have spent, and intend to continue to spend, significant capital and management resources on the development and implementation of our expansion and renovation plans. These plans, if implemented, may not be successful, may not improve operating results and may have an adverse effect on cash flow and management resources due to the significant amount of capital invested and management time expended.

The level of sales and profit margins in our existing stores may not be duplicated in our new stores, depending on factors such as prevailing competition, development cost, and our market position in the surrounding community. These factors could have an adverse effect on our business, financial condition and/or results of operations.

Our warehouse and distribution facility and milk processing and packaging plant, as well as all of our stores, are concentrated in the Southeastern United States, which makes us vulnerable to economic downturns, natural disasters and other adverse conditions or other catastrophic events in this region.

We operate in the Southeastern United States, and our performance is therefore heavily influenced by economic developments in the Southeast region. Our headquarters, warehouse and distribution facility and milk processing and packaging plant are located in North Carolina and all of our stores are located in the Southeast region. As a result, our business may be more susceptible to regional factors than the operations of more geographically diversified competitors. These factors include, among others, changes in the economy, weather conditions, demographics and population.

The Company has, and expects to continue to have, a significant amount of indebtedness.

At June 29, 2013, we had total consolidated indebtedness for borrowed money of \$934.5 million and has \$162.5 million available under our \$175.0 million of committed line of credit. A portion of our cash flow is used to service such indebtedness. We own a significant amount of real estate, which has been and will continue to be a factor in our overall level of indebtedness. Real estate can be used as collateral for indebtedness and can be sold to reduce indebtedness. Our significant indebtedness could have important consequences, including the following:

• It may be difficult for us to satisfy our obligations under our existing credit facilities and our other indebtedness and commitments;

• We are required to use a portion of our cash flow from operations to pay interest on our current and future indebtedness, which may require us to reduce funds available for other purposes;

- We may have a limited ability to obtain additional financing, if needed, to fund additional projects, working capital requirements, capital expenditures, debt service, general corporate or other obligations; and
- We may be placed at a competitive disadvantage to our competitors that are not as highly leveraged.

Disruptions in the capital markets could adversely affect our ability to fund our liquidity needs and our expansion and renovation plans.

Disruptions in the capital markets as a result of uncertainty, changing or increased regulation, reduced alternatives or failures of significant financial institutions could adversely affect our access to liquidity needed for our business. Any disruption could limit our access to capital and raise our cost of capital to the extent available and require us to take measures to conserve cash until the markets stabilize or until alternative credit arrangements or other funding for our business needs can be arranged. Such measures could include deferring capital expenditures, dividend payments or other discretionary uses of cash.

Our principal stockholder, Robert P. Ingle II, has the ability to elect a majority of our directors, appoint new members of management and approve many actions requiring shareholder approval.

Mr. Ingle II's share ownership (as defined by the Exchange Act) represents approximately 80.6% of the combined voting power of all classes of our capital stock as of June 29 2013. As a result, Mr. Ingle has the power to elect a majority of our directors and approve any action requiring the approval of the holders of our Class A Common Stock and Class B Common Stock, including adopting certain amendments to our charter and approving mergers or sales of substantially all of our assets. Currently, two of our eight directors are members of the Ingle family.

If we lose the services of our key personnel, our business could suffer.

Our continued success depends upon the availability and performance of our executive officers, including Robert P. Ingle II, who possess unique and extensive industry knowledge and experience. The loss of the services of any of our executive officers or other key employees could adversely affect our business.

Various aspects of our business are subject to federal, state and local laws and regulations. Our compliance with these regulations may require additional capital expenditures and could adversely affect our ability to conduct our business as planned.

We are subject to federal, state and local laws and regulations relating to zoning, land use, work place safety, public health, community right-to-know, beer and wine sales, country of origin labeling of food products, pharmaceutical sales and gasoline station operations. Furthermore, our business is regulated by a variety of governmental agencies, including, but not limited to, the U.S. Food and Drug Administration, the U.S. Department of Agriculture, and the Occupational Health and Safety Administration. A number of states and local jurisdictions regulate the licensing of supermarkets, including beer and wine license grants. In addition, under certain local regulations, we are prohibited from selling beer and wine in certain of our stores. Employers are also subject to laws governing their relationship with employees, including minimum wage requirements, overtime, working conditions, disabled access and work permit requirements. Recent and proposed regulation has had or may have a future impact on the cost of insurance benefits for employees and on the cost of processing debit and credit card transactions. Compliance with, or changes in, these laws could reduce the revenue and profitability of our supermarkets and could otherwise adversely affect our business, financial condition or results of operations.

We are also subject to various state and federal environmental laws relating to our stores, gas stations, distribution facilities and use of hazardous or toxic substances. As a result of these laws, we could be responsible for remediation of environmental conditions and may be subject to associated liabilities.

We are affected by certain operating costs which could increase or fluctuate considerably.

We depend on qualified employees to operate our stores and may be affected by future labor markets. A shortage of qualified employees could require us to enhance our wage and benefit package in order to better compete for and retain qualified employees, and we may not be able to recover these increased labor costs through price increases charged to customers, which could significantly increase our operating costs.

We are self-insured for workers' compensation and group medical and dental benefits. Risks and uncertainties are associated with self-insurance; however, we have limited our exposure by maintaining excess liability coverage. Self-insurance liabilities are established based on claims filed and estimates of claims incurred but not reported. The estimates are based on data provided by the respective claims administrators and analyses performed by actuaries

engaged by us. These estimates can fluctuate if historical trends are not predictive of the future. The majority of our properties are self-insured for casualty losses and business interruption; however, liability coverage is maintained.

Energy and utility costs have been volatile in recent years, during which time we have expanded our store square footage. We attempt to increase our energy efficiency during store construction and remodeling through the use of energy-saving equipment and construction.

We are affected by the availability and wholesale price of gasoline and retail gasoline prices, all of which can fluctuate quickly and considerably.

We operate fuel stations at 74 of our store locations. While we obtain gasoline and diesel fuel from a number of different suppliers, long-term disruption in the availability and wholesale price of gasoline for resale could have a material adverse effect on our business, financial condition and/or results of operations.

Fluctuating fuel costs adversely affect our operating costs which depend on fuel for our fleet of tractors and trailers which distribute goods from our distribution facility and for our fluid dairy operations.

Furthermore, fluctuating fuel costs could have an adverse effect on our total gasoline sales (both in terms of dollars and gallons sold), the profitability of gasoline sales, or our plans to develop additional fuel centers. Also, retail gas price volatility could diminish customer usage of fueling centers and, thus, adversely affect customer traffic at our stores.

Our industry is highly competitive. If we are unable to compete effectively, our financial condition and results of operations could be adversely affected.

The supermarket industry is highly competitive and continues to be characterized by intense price competition, increasing fragmentation of retail formats, entry of non-traditional competitors and market consolidation. Furthermore, some of our competitors have greater financial resources and could use these financial resources to take measures, such as altering product mix or reducing prices, which could adversely affect our competitive position.

Disruptions in the efficient distribution of food products to our warehouse and stores may adversely affect our business.

Our business could be adversely affected by disruptions in the efficient distribution of food products to our warehouse and to our stores. Such disruptions could be caused by, among other things, adverse weather conditions, fuel availability, food contamination recalls and civil unrest in foreign countries in which our suppliers do business.

Our operations are subject to economic conditions that impact consumer spending.

Our results of operations are sensitive to changes in overall economic conditions that impact consumer spending, including discretionary spending. Future economic conditions such as employment levels, business conditions, interest rates, energy and fuel costs and tax rates could reduce consumer spending or change consumer purchasing habits. A general reduction in the level of consumer spending or our inability to respond to shifting consumer attitudes regarding products, store location and other factors could adversely affect our business, financial condition and/or results of operations.

Risks Relating to the Notes

Our substantial indebtedness may impair our financial condition and prevent us from fulfilling our obligations under the notes and our other debt instruments.

We have a substantial amount of debt. At June 29, 2013, we had approximately \$934.5 million of total debt, and we had \$162.5 million of availability under our line of credit. Our substantial indebtedness could have important consequences to you, including:

- making it more difficult for us to satisfy our obligations with respect to the notes;
- limiting our ability to borrow additional amounts to fund working capital, capital expenditures, acquisitions, debt service requirements, execution of our growth strategy and other general corporate purposes;

• requiring us to dedicate a substantial portion of our cash flow from operations to pay interest on our debt, which would reduce availability of our cash flow to fund working capital, capital expenditures, acquisitions, execution of our growth strategy and other general corporate purposes;

• making us more vulnerable to adverse changes in general economic, industry and government regulations and in our business by limiting our flexibility in planning for, and making it more difficult for us to react quickly to,

changing conditions;

• placing us at a competitive disadvantage compared with our competitors that have less debt; and

• exposing us to risks inherent in interest rate fluctuations because some of our borrowings will be at variable rates of interest, which could result in higher interest expense in the event of increases in interest rates.

In addition, we may not be able to generate sufficient cash flow from our operations to repay our indebtedness when it becomes due and to meet our other cash needs. If we are not able to pay our debts as they become due, we will be required to pursue one or more alternative strategies, such as selling assets, refinancing or restructuring our indebtedness or selling additional debt or equity securities. We may not be able to refinance our debt or sell additional debt or equity securities or our assets on favorable terms, if at all, and if we must sell our assets, it may negatively affect our ability to generate revenues.

Despite current indebtedness levels, we may still incur more debt. This could further exacerbate the risks associated with our substantial indebtedness.

Subject to specified limitations, the indenture governing the notes and our other debt agreements will permit us and our existing or future subsidiaries, if any, to incur substantial additional debt. If new debt is added to our current debt levels, the risks described above in the previous risk factor could intensify. See "Description of Our Other Indebtedness" and "Description of the Registered Notes—Certain Covenants—Limitation on Indebtedness" for additional information.

The restrictive covenants in the indenture governing the notes and our other debt agreements may affect our ability to operate our business successfully.

The indenture governing the notes will contain various provisions that limit our ability to, among other things:

- incur additional debt;
- prepay subordinated indebtedness;
- pay dividends or make other distributions on, redeem or repurchase, capital stock;
- make investments or other restricted payments;
- enter into transactions with affiliates;
- sell assets;
- create liens on assets to secure debt; or
- effect a consolidation or merger or sell all, or substantially all, of our assets.

These covenants could adversely affect our ability to finance our future operations or capital needs and pursue available business opportunities.

In addition, certain of our other debt agreements contain similar covenants and also require us to maintain specified financial ratios and satisfy certain financial condition tests. Events beyond our control, including changes in general economic and business conditions, may affect our ability to meet those financial ratios and financial condition tests. We cannot assure you that we will meet those ratios or tests or that the lenders will waive any failure to meet those ratios or tests. A breach of any of those covenants or any other restrictive covenants contained in any of our other debt agreements or a failure to pay required amounts thereunder could result in an event of default. If an event of default occurs, the holders of the affected indebtedness could declare all amounts outstanding, together with accrued interest, to be immediately due and payable, which, in turn, could cause the default and acceleration of the maturity of our other indebtedness. If we were unable to pay such amounts, the lenders under any of our secured indebtedness could proceed against the collateral pledged to them. In such an event, we cannot assure you that we would have sufficient assets to pay amounts due on the notes. As a result, you may receive less than the full amount you would otherwise be entitled to receive on the notes. See "Description of Certain Indebtedness" and "Description of the Registered Notes—Certain Covenants" for additional information.

The notes will not be secured by any of our assets.

The notes will not be secured by any of our assets. If we become insolvent or are liquidated, or if payment under any of the instruments governing our secured debt is accelerated, the lenders under those instruments will be entitled to exercise the remedies available to a secured lender under applicable law and pursuant to the instruments governing such debt. In that event, because the notes will not be secured by any of our assets, it is possible that our remaining assets might be insufficient to satisfy your claims in full.

As of June 29, 2013, the aggregate amount of our secured indebtedness was approximately \$231.0 million. We will be permitted to borrow substantial additional secured indebtedness in the future under the terms of the indenture. See "Description of the Registered Notes—Certain Covenants—Limitation on Indebtedness" and "Description of the Registered

Notes-Certain Covenants-Limitation on Liens."

The notes will be effectively subordinated to all indebtedness and other liabilities of our subsidiaries that are not guarantors of the notes.

You will not have any claim as a creditor against the subsidiaries that are not guarantors of the notes, and the indebtedness and other liabilities, including trade payables, whether secured or unsecured, of non-guarantor subsidiaries will be effectively senior to any claim you may have against these non-guarantor subsidiaries relating to the notes. As of the date of this offering memorandum, none of the five subsidiaries in existence will guarantee the notes offered hereby. In the event of a bankruptcy, liquidation, reorganization or other winding up of our non-guarantor subsidiaries, if any, holders of their indebtedness and their trade creditors will generally be entitled to payment of their claims from the assets of those non-guarantor subsidiaries before any assets are made available for distribution to us.

In addition, the indenture will permit non-guarantor subsidiaries to incur additional indebtedness. Therefore, the notes would be effectively subordinated to this additional indebtedness that may be incurred by the non-guarantor subsidiaries.

We will require a significant amount of cash to service all our indebtedness, including the notes, and our ability to generate sufficient cash depends upon many factors, some of which are beyond our control.

Our ability to make payments on and refinance our debt and to fund working capital needs and planned capital expenditures depends on our ability to generate cash flow in the future. To some extent, this is subject to general economic, financial, competitive, legislative and regulatory factors and other factors that are beyond our control. We cannot assure you that our business will continue to generate cash flow from operations at levels sufficient to permit us to pay principal, premium, if any, and interest on our indebtedness or that our cash needs will not increase. If we are unable to generate sufficient cash flow from operations in the future to service our debt and meet our other needs, we may have to refinance all or a portion of our debt, obtain additional financing or reduce expenditures or sell assets that we deem necessary to our business. We cannot assure you that any of these measures would be possible or that any additional financing could be obtained. The inability to obtain additional financing could have a material adverse effect on our financial condition and on our ability to meet our obligations to you under the notes.

We may not have the funds to purchase the notes upon the change of control offer as required by the indenture governing the notes.

Upon a change of control, as defined in the indenture, subject to certain conditions, we are required to offer to repurchase all outstanding notes at 101% of the principal amount thereof, plus accrued and unpaid interest to the date of repurchase. The source of funds for that purchase of notes will be our available cash or cash generated from our existing and future subsidiaries, if any, operations or other potential sources, including borrowings, sales of assets or sales of equity. We cannot assure you that sufficient funds from such sources will be available at the time of any change of control to make required repurchases of notes tendered. In addition, the terms of certain of our other debt agreements provide that certain change of control events will constitute an event of default thereunder. Our future debt agreements may contain similar restrictions and provisions and may limit our ability to repurchase your notes. If the holders of the notes exercise their right to require us to repurchase all the notes upon a change of control, the financial effect of this repurchase could cause a default under our other debt, even if the change of control itself would not cause a default. Accordingly, it is possible that we will not have sufficient funds at the time of the change of control to make the required repurchase of our other debt and the notes or that restrictions in the indenture and our other debt agreements will not allow such repurchases. In addition, certain corporate events, such as leveraged recapitalizations that would increase the level of our indebtedness, would not constitute a "change of control" under the indenture. See "Description of the Registered Notes-Purchase of Notes upon a Change of Control" and "Description of Certain Indebtedness" for additional information.

There is uncertainty about the meaning of the phrase "all or substantially all" under applicable laws in connection with determining whether a change of control has occurred.

One of the events that triggers our obligation to repurchase the notes upon a change in control is the sale of all or substantially all of our assets. The phrase "all or substantially all" as used in the indentures varies according to the facts and circumstances of the subject transaction, has no clearly established meaning under the law that governs the indentures and is subject to judicial interpretation. In certain circumstances, there may be a degree of uncertainty in ascertaining whether a particular transaction would involve a disposition of "all or substantially all" of our assets, and therefore, it may be unclear as to whether a change of control has occurred and whether you have the right to require us to repurchase the notes.

The registered notes may not have an active trading market and the price may be volatile, so you may be unable to sell your registered notes at the price you desire or at all.

We cannot ensure that a liquid market will develop for the registered notes, that you will be able to sell any of the registered notes at a particular time, if at all, or that the prices that you receive when you sell will be favorable. Prior to this offering, there has been no public market for the outstanding notes. We do not intend to apply (and are not obligated to apply) for listing of the registered notes on any securities exchange or any automated quotation system. Therefore, we cannot assure you as to the liquidity of any trading market for the registered notes. If a market for the notes does not develop, you may not be able to resell your notes for an extended period of time, if at all. Consequently, your lenders may be reluctant to accept the notes as collateral for loans. Moreover, if markets for the notes do develop in the future, we cannot assure you that these markets will continue indefinitely or that the notes can be sold at a price equal to or greater than their initial offering price. Historically, the market for non-investment grade debt has been subject to disruptions that have caused substantial volatility in the prices of securities similar to the notes. The market for the notes, if any, may be subject to similar disruptions. Any such disruptions may materially adversely affect you as a holder of the notes. In addition, in response to prevailing interest rates and market conditions generally, as well as our performance and our ability to affect the exchange offer, the notes could trade at a price lower than their initial offering price.

Broker-dealers may become subject to the registration and prospectus delivery requirements of the Securities Act and any profit on the resale of the registered notes may be deemed to be underwriting compensation under the Securities Act.

Any broker-dealer that acquires registered notes in the exchange offer for its own account in exchange for outstanding notes which it acquired through market-making or other trading activities must acknowledge that it will comply with the registration and prospectus delivery requirements of the Securities Act in connection with any resale transaction by that broker-dealer. Any profit on the resale of the registered notes and any commission or concessions received by a broker-dealer may be deemed to be underwriting compensation under the Securities Act.

USE OF PROCEEDS

We will not receive any proceeds from the exchange offer. In consideration for issuing the registered notes as contemplated by this prospectus, we will receive from you the outstanding notes in like principal amount. The outstanding notes surrendered in exchange for the registered notes will be retired and cancelled and cannot be reissued. The issuance of the registered notes will not result in any change in our indebtedness.

RATIO OF EARNINGS TO FIXED CHARGES

The following table sets forth our consolidated ratios of earnings to fixed charges on an historical basis:

	Fiscal Years Ended(1)				Nine Months Ended(2)		
	Sept. 27, 2008	Sept. 26, 2009	Sept. 25, 2010	Sept. 24, 2011	Sept. 29, 2012	June 23, 2012	June 29, 2013
. .	(in thousa	ands of dol	lars)				
Earnings	<i>.</i>
Net income	\$	\$	\$	\$	\$	\$	\$
	52,123	27,934	30,842	39,060	43,444	30,168	5,234
Fixed charges (from below)	59,791	75,101	78,068	75,278	73,144	54,523	71,674
Less capitalized interest	(4,597)	(2,584)	(1,283)	(1,588)	(1,738)	(1,213)	(456)
Income tax expense	27,559	16,779	17,975	21,651	23,903	16,609	584
Amortization of capitalized interest	1,246	1,332	1,375	1,428	1,486	728	748
	\$	\$	\$	\$	\$	\$	\$
	136,122	118,562	126,977	135,829	140,239	100,815	77,784
Fixed Charges							
Interest expense	\$	\$	\$	\$	\$	\$	\$
	46,886	59,059	64,854	61,966	60,027	44,850	47,281
Capitalized interest	4,597	2,584	1,283	1,588	1,738	1,213	456
Loan cost amortization expense	1,320	5,984	4,304	4,450	4,457	3,281	18,611
Estimate of interest within rent expense	6,988	7,474	7,627	7,274	6,923	5,179	5,326
	\$	\$	\$	\$	\$	\$	\$
	, 59,791	, 75,101	, 78,068	, 75,278	, 73,144	\$4,523	⁺ 71,674
Ratio of earnings to fixed charges	2.28	1.58	1.63	1.80	1.92	1.85	1.09

- (1) Fiscal year 2012 was a 53-week year, whereas fiscal years 2008, 2009, 2010 and 2011 were 52-week years.
- (2) The nine month periods ended June 23, 2012 and June 29, 2013, respectively, each consist of 39 weeks.

CAPITALIZATION

The following table sets forth our cash and cash equivalents and capitalization as of June 29, 2013.

This table should be read in conjunction with "Selected Historical Consolidated Financial and other Data" included elsewhere in this prospectus and our consolidated financial statements incorporated by reference in this prospectus.

As of June 29, 2013	
(unaudited)	
(dollars in millions)	Actual
Cash and cash equivalents	\$ 4.6
Long-term debt (including current maturities) Line of credit(1) Secured real estate and equipment loans Recovery Zone Facility Bonds 5.75% Senior Notes due 2023	3.5 131.3 99.7 700.0
Total long-term debt	\$
Shareholders' equity	934.5 \$ 398.7
Total capitalization	\$ 1,333.2

(1) Approximately \$162.5 million remains available for borrowing under this facility after deducting \$9.0 million for issued letters of credit.

Selected Historical Consolidated Financial and Other Data

The following table sets forth selected historical consolidated financial and other data for the fiscal years ended September 29, 2012, September 24, 2011, September 25, 2010, September 26, 2009 and September 27, 2008, which are derived from and should be read in conjunction with our audited consolidated financial statements (including related notes thereto) for such years incorporated by reference in this prospectus, and for the nine months ended June 29, 2013 and June 23, 2012, which are derived from and should be read in conjunction with our unaudited consolidated financial statements (including related notes thereto) for such nine-month periods incorporated by reference in this prospectus. The information included in "Other Operating and Financial Data" and "Store Data" for all periods presented is unaudited. The selected historical consolidated financial and other data should be read in conjunction with "Capitalization" included elsewhere in this prospectus and our consolidated financial statements (including related notes thereto) incorporated by reference in this prospectus. The results for the nine-month periods ended June 29, 2013 and June 23, 2012 are not necessarily indicative of the results for a full year or any future period.

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	Fiscal Years Ended(1)					Unaudited Nine Months Ended(2)	
	Sept. 27, 2008	Sept. 26, 2009	Sept. 25, 2010	Sept. 24, 2011	Sept. 29, 2012	June 29, 2013	June 23, 2012
	(In thousan	ids of dollars	s, except per	centages and	store data)		
Statement of Income Data:							
Net sales	\$	\$	\$	\$	\$	\$	\$
	3,238,046	3,250,933	3,390,052	3,559,921	3,709,434	2,783,342	2,717,661
Gross profit	706,336	743,081	762,927	791,876	819,335	616,544	600,116
Operating and administrative							
expenses	585,396	633,931	655,192	677,889	697,603	527,636	513,177
Rental income, net	3,322	2,432	1,767	1,854	1,444	960	1,311
Other income, net	3,123	2,310	4,224	4,159	3,527	2,082	2,696
Interest expense	46,886	59,059	64,854	61,966	60,027	47,281	44,850
Net income	52,123	27,934	30,842	39,060	43,444	5,234	30,168
Balance Sheet Data (end of period):							
Cash and cash equivalents	\$	\$	\$	\$	\$	\$	\$
_	4,179	59,536	57,855	12,421	4,683	4,553	6,307
Total assets	1,376,815	1,520,046	1,532,358	1,618,350	1,642,109	1,659,674	1,612,649
Long-term debt	681,001	818,000	725,314	820,744	785,240	913,723	812,547
Stockholders' equity	381,847	394,302	409,081	431,946	457,413	398,689	447,970
Other Financial Data:							
Depreciation and amortization	\$	\$	\$	\$	\$	\$	\$
· · · · · · · · · · · · · · · · · · ·	, 69,098	⁺ 79,679	\$ 4 ,931	\$ 5, 408	90 , 531	71,083	, 66,875
				*	*		*

	•	-					
Capital expenditures Rent expense Sales increases (3):	248,780 14,495	141,021 15,417	92,025 15,768	97,506 15,016	180,629 14,237	76,776 10,927	144,887 10,651
Total sales Grocery segment (excluding	13.6%	0.4%	4.3%	5.0%	4.2%	2.4%	2.4%
gas) Grocery segment comparable	13.5%	5.4%	1.7%	2.6%	2.4%	2.1%	2.4%
store sales (excluding gas)	8.0%	3.5%	1.2%	2.3%	1.9%	1.9%	1.8%
Store Data:(4) Number of stores (at end of							
period)	197	200	202	203	203	204	203
Weighted average sales per	\$	\$	\$	\$	\$	\$	\$
store (000's)	15,806	15,744	16,241	16,698	17,623	17,548	17,206
Total square feet at end of year	•						
(000's)	10,196	10,686	10,812	11,013	11,015	11,108	11,015
Average total square feet per							
store	51,756	53,432	53,524	54,252	54,262	54,451	54,262
Average square feet of selling							
space per store	36,229	37,403	37,467	37,977	37,984	38,115	37,984
Weighted average sales per	\$	\$	\$	\$	\$	\$	\$
square foot of selling space	448	425	434	437	464	464	453

(1) Fiscal year 2012 was a 53-week year, whereas fiscal years 2008, 2009, 2010 and 2011 were 52-week years.

(2) The nine month periods ended June 23, 2012 and June 29, 2013, respectively, each consist of 39weeks.

(3) Sales from the replacement stores, major remodels, minor remodels and the addition of fuel stations to existing stores are included in the comparable store sales calculation from the date of completion of the replacement, remodel or addition. Gasoline sales from the addition of fuel stations to existing stores during the measurement period are included in the comparable store sales. Sales increase percentages for fiscal years 2012 and 2013 are adjusted for the difference in weeks.

(4) Weighted average sales per store include the effects of increases in square footage due to the opening of replacement stores and the expansion of stores through remodeling during the periods indicated, and includes gasoline sales. Selling space is estimated to be 70% of total store square footage. Weighted average sales data for the nine months ended June 29, 2013 and June 23, 2012 has been annualized.

Description of our other Indebtedness

In addition to the registered notes that are exchangeable for the outstanding notes in this exchange offer and the outstanding notes, we have the following other material indebtedness:

Unless otherwise specified, Ingles Markets, Incorporated is the sole borrower under each facility described below.

As of June 29, 2013, our consolidated outstanding indebtedness was approximately \$934.5 million, as shown below:

Total	Total
Amount	Commitment
Outstanding	gAmount

	(dollars in r	nillions)
Line of credit(1)	\$	\$
	3.5	175.0
Senior secured debt (2)	231.0	231.0
5.75% Senior Notes due 2023	700.0	700.0
Total	\$	\$
	934.5	1,106.0

As of June 29, 2013, Ingles had one unsecured line of credit totaling \$175.0 million which matures on June 12, 2018. As of such date, there was approximately \$3.5 million outstanding under this line of credit. Ingles has \$162.5 million of total availability (after giving effect to \$9.0 million of issued letters of credit) under such line of credit. Under the line of credit, Ingles may choose among various interest rate options. Generally, the interest rate options are related to the London interbank offered rate, the prime rate or the federal funds rate, in each case plus a credit spread.

The line of credit contains financial covenants, which, among other things, require Ingles to maintain:

• consolidated net worth of not less than the sum of (i) an amount equal to 85% of the consolidated net worth of the Company as on March 30, 2013, (ii) an amount equal to 50% of the consolidated net income of the Company earned in each full fiscal quarter ending after March 30, 2013 (with no deduction for a net loss in any such fiscal quarter) and (iii) an amount equal to 50% of the aggregate increases in shareholders' equity of the Company after May 2013 by reason of the issuance and sale of equity interests of the Company (other than issuances to the Company), including

⁽¹⁾ Approximately \$162.5 million remains available for borrowing under this facility after deducting \$8.9 million for issued letters of credit.

⁽²⁾ Includes Recovery Zone Facility Bonds and Other Loans, as more fully described below Line of Credit

upon any conversion of debt securities of the Company into such equity interests;

- a consolidated fixed charge coverage ratio of at least 1.2:1.0; and
- a consolidated net debt to EBITDA ratio of 5.25:1.0 or less.

The line of credit also contains customary events of default. An event of default under the line of credit will allow the lenders to accelerate or, in some cases, will automatically cause the acceleration of the maturity of the debt under the line of credit. The line of credit, in particular, allows the lender to terminate in the event that Robert P. Ingle, II and the Ingles Markets, Incorporated Investment/Profit Sharing Plan and Trust, in the aggregate, fail to maintain 51% of the voting control of Ingles.

Recovery Zone Facility Bonds

On December 29, 2010, Ingles completed the funding of \$99.7 million of Recovery Zone Facility Bonds (the "Bonds") for: (A) acquisition, construction and equipping of a new approximately 830,000 square foot warehouse and distribution facility located in Buncombe County, North Carolina (the "Project"), and (B) the payment of certain expenses incurred in connection with the issuance of the Bonds. The final maturity date of the Bonds is January 1, 2036.

Bond proceeds were invested in a trust account with the Bond trustee. Ingles received disbursements from the account as it submitted requisitions to the trustee for incurred Project costs. The account with the Bond trustee consisted of money market deposits and United States Treasury securities. All funds had been disbursed from the trust account as of June 29, 2013.

The Bonds were issued by the Buncombe County Industrial Facilities and Pollution Control Financing Authority and were purchased by certain financial institutions. Under a Continuing Covenant and Collateral Agency Agreement (the "Covenant Agreement") between the financial institutions and Ingles, the financial institutions will hold the Bonds until January 2, 2018, subject to certain events. Mandatory redemption of the Bonds by Ingles in the annual amount of \$4,530,000 begins on January 1, 2014. The Company may redeem the Bonds without penalty or premium at any time prior to January 2, 2018.

Interest earned by bondholders on the Bonds is exempt from Federal and North Carolina income taxation. Initially, the interest rate on the Bonds is equal to one month LIBOR (adjusted monthly) plus a credit spread, adjusted to reflect the income tax exemption.

Ingles' obligation to repay the Bonds is collateralized by the Project. Additional collateral was provided in order to meet certain loan to value criteria in the Covenant Agreement. The Covenant Agreement incorporates substantially all financial covenants included in the line of credit.

On May 29, 2013, certain amendments to the Recovery Zone Facility Bonds were entered into, including:

- Extending the maturity date of the Continuing Covenant and Collateral Agency Agreement from January 2, 2018 to June 2021;
- Increasing the maximum consolidated net debt to EBITDA ratio that we are required to maintain to 5.25:1.0 until June 2018, at which date it is reduced to 5.0:1.0; and
- Modifying the applicable rate and the consolidated leverage ratio at which such applicable rate is subject to change.

Other Loans

Ingles is a party to certain secured loan agreements which have maturity dates ranging from August 15, 2013 to April 1, 2028. In connection with these loans, Ingles granted the lenders security interests in the real property and personal property of many of Ingles' stores.

Many of the loan agreements described above place restrictions on Ingles' ability to dispose of the secured property or to place additional liens on the secured property. In addition, certain of the loan agreements provide that Ingles will be in default under a particular loan agreement if Ingles is in default under its other loan agreements with the lender under such loan agreements.

The provisions of one loan agreement, which as of June 29, 2013 had an outstanding balance of approximately \$34.8 million, allow the lender to require Ingles to prepay 30% of the outstanding principal, as well as interest and a pre-payment fee, in the event that there is a change in control, which is defined as the acquisition by a person of:

• all or substantially all of Ingles' assets; or

• the power to elect at least a majority of Ingles' board of directors.

Additionally, certain of the loan agreements prohibit repayment of the loans prior to the expiration of a certain period of time. Certain of the loan agreements also require Ingles to pay a penalty in the event Ingles wishes to prepay the outstanding balance of the loan prior to maturity.

The Exchange Offer

Purpose of the Exchange Offer

In connection with the sale of the outstanding notes in the private placement on June 12, 2013, we and the initial purchasers entered into a registration rights agreement for the benefit of the holders of the outstanding notes, under which we agreed to deliver this prospectus to you and to consummate the exchange offer.

We are making this exchange offer in reliance on interpretations of the staff of the SEC set forth in several no-action letters. We have not, however, sought our own no-action letter. Based upon these interpretations by the SEC, we believe that you, or any other person receiving registered notes, generally may offer for resale, resell or otherwise transfer such registered notes without further registration under the Securities Act and without delivery of a prospectus that satisfies the requirements of Section 10 of the Securities Act. We also believe that a holder may offer, sell or transfer the registered notes only if the holder acquires the registered notes in the ordinary course of its business and is not participating, does not intend to participate and has no arrangement or understanding or understanding with any person to participate in a distribution of the registered notes.

Any holder of the outstanding notes using the exchange offer to participate in a distribution of registered notes cannot rely on the no-action letters referred to above. A broker-dealer that acquired outstanding notes directly from us, but not as a result of market-making activities or other trading activities, must comply with the registration and prospectus delivery requirements of the Securities Act in the absence of an exemption from such requirements.

Each broker-dealer that receives registered notes for its own account in exchange for outstanding notes, as a result of market-making activities or other trading activities, must acknowledge that it will deliver a prospectus in connection with any resale of such registered notes. This prospectus, as it may be amended or supplemented from time to time, may be used by a broker-dealer in connection with resales of registered notes received in exchange for outstanding notes where such outstanding notes were acquired by such broker-dealer as a result of market-making activities or other trading activities. The letter of transmittal states that by so acknowledging and delivering a prospectus, a broker-dealer will not be considered to admit that it is an "underwriter" within the meaning of the Securities Act. We have agreed that, for a period ending on the earlier of: (i) 180 days after the date of this prospectus and (ii) the date on which a broker-dealer is no longer required to deliver a prospectus in connection with market-making or other trading activities, we will make this prospectus, as amended or supplemented, available to broker-dealers for use in connection with any resales. See "Plan of Distribution."

Except as described above, this prospectus may not be used for an offer to resell, resale or other transfer of registered notes.

The exchange offer is not being made to, nor will we accept tenders for exchange from holders of outstanding notes in any jurisdiction in which the exchange offer or the acceptance of tenders would not be in compliance with the securities or blue-sky laws of such jurisdiction.

Terms of the Exchange Offer

Upon the terms and subject to the conditions of the exchange offer, we will accept any and all outstanding notes validly tendered and not withdrawn prior to 5:00 p.m., New York City time, on the expiration date for the exchange offer. The date of acceptance for exchange of the outstanding notes, and completion of the exchange offer, is the exchange date, which will be as soon as practicable following the expiration date (unless extended as described in this prospectus). Promptly following the exchange date, we will issue an aggregate principal amount of up to \$700 million of the registered notes for a like principal amount of outstanding notes tendered and accepted in connection with the

exchange offer. The registered notes issued in connection with the exchange offer will be delivered promptly following the exchange date. Holders may tender some or all of their outstanding notes in connection with the exchange offer, but only in denominations of \$2,000 principal amount and integral multiples of \$1,000 in excess thereof.

The terms of the registered notes will be identical in all material respects to the terms of the outstanding notes for which they have been exchanged, except that:

- the registered notes will have been registered under the Securities Act, and thus the registered notes generally will not be subject to the restrictions on transfer applicable to the outstanding notes or bear restrictive legends;
- the registered notes will bear a different CUSIP number from the outstanding notes;
- the registered notes will not be entitled to registration rights; and

• the registered notes will not have the right to earn additional interest under circumstances relating to our registration obligations.

The registered notes will evidence the same debt as the outstanding notes and will be issued under the Indenture and entitled to the same benefits under the Indenture as the outstanding notes being exchanged. As of the date of this prospectus, \$700 million in aggregate principal amount of the outstanding notes is outstanding. This prospectus and a letter of transmittal are being sent to all registered holders of outstanding notes. There will be no fixed record date for determining registered holders entitled to participate in this exchange offer.

The exchange offer is not conditioned upon any minimum aggregate principal amount of outstanding notes being tendered for exchange.

We intend to conduct the exchange offer in accordance with the provisions of the registration rights agreement, the applicable requirements of the Securities Act and the Exchange Act and the rules and regulations of the SEC.

Holders of outstanding notes do not have any appraisal or dissenters' rights in connection with the exchange offer. Outstanding notes which are not tendered for exchange or are tendered but not accepted in connection with the exchange offer will remain outstanding and be entitled to the benefits of the Indenture. However, such outstanding notes generally will not be entitled to any registration rights under the registration rights agreement. See "—Issuances of the Registered Notes; Consequences of Failures to Properly Tender outstanding notes in the Exchange Offer."

We shall be considered to have accepted validly tendered outstanding notes if and when we have given oral or written notice to the exchange agent. The exchange agent will act as agent for the tendering holders for the purposes of receiving the registered notes from us.

If any tendered outstanding notes are not accepted for exchange because of an invalid tender, the occurrence of certain other events described in this prospects or otherwise, we will return the outstanding notes, without expense, to the tendering holder promptly after the expiration date.

Holders who tender outstanding notes will not be required to pay brokerage commissions or fees or, subject to the instructions in the letter of transmittal, transfer taxes on exchange of outstanding notes in connection with the exchange offer. We will pay all charges and expenses, other than certain applicable taxes described below, in connection with the exchange offer. See "—Fees and Expenses."

Expiration Date; Extensions; Amendments

The expiration date for the exchange offer is 5:00 p.m., New York City time, on ______, 2013 unless extended by us in our sole discretion, in which case the term "expiration date" shall mean the latest date and time to which the exchange offer is extended.

We reserve the right, in our sole discretion:

• to extend the offer or to terminate the exchange offer if, in our reasonable judgment, any of the conditions described below shall not have been satisfied, by giving oral or written notice of the extension or termination to the exchange agent; or

• to amend the terms of the exchange offer in any manner.

If we amend the exchange offer in a manner that we consider material, we will disclose such amendment by means of a prospectus supplement, and we will extend the exchange offer for a period of five to ten business days.

If we determine to extend, amend or terminate the exchange offer, we will publicly announce this determination by making a timely release through an appropriate news agency.

Interest on the Registered Notes

Interest on the registered notes will bear interest at 5.75% from the most recent date to which interest on the outstanding notes has been paid or, if no interest has been paid on the outstanding notes, from their issue date. Interest will be payable semi-annually in arrears on June 15 and December 15 of each year.

Conditions to the Exchange Offer

Notwithstanding any other term of the exchange offer, we will not be required to accept for exchange, or exchange registered notes for, any outstanding notes and may terminate the exchange offer as provided in this prospectus before the acceptance of the outstanding notes, if prior to the expiration date:

- the exchange offer violates any applicable law; or
- the exchange offer violates any applicable interpretation of the staff of the SEC.

The conditions listed above are for our sole benefit and may be asserted by us regardless of the circumstances giving rise to any of these conditions. We may waive these conditions in our reasonable discretion in whole or in part at any time and from time to time prior to the expiration date. The failure by us at any time to exercise any of the above rights shall not be considered a waiver of such right, and such right shall be considered an ongoing right which may be asserted at any time and from time to time.

If we determine in our reasonable discretion that any of the conditions are not satisfied, we may:

- refuse to accept any outstanding notes and return all tendered outstanding notes to the tendering holders;
- extend the exchange offer and retain all outstanding notes tendered before the expiration of the exchange offer, subject, however, to the rights of holders to withdraw these outstanding notes (see "—Withdrawal of Tenders" below); or

• waive unsatisfied conditions relating to the exchange offer and accept all properly tendered outstanding notes which have not been withdrawn.

Procedures For Tendering

Unless the tender is being made in book-entry form, to tender in the exchange offer, a holder must:

- complete, sign and date the letter of transmittal, or a facsimile of it;
- have the signatures guaranteed if required by the letter of transmittal; and

• mail or otherwise deliver the letter of transmittal or the facsimile, the outstanding notes and any other required documents to the exchange agent prior to 5:00 p.m., New York City time, on the expiration date.

Any financial institution that is a participant in DTC's Book-Entry Transfer Facility system may make book-entry delivery of the outstanding notes by causing DTC to transfer the outstanding notes into the exchange agent's account. Although delivery of outstanding notes may be effected through book-entry transfer into the exchange agent's account at DTC, the letter of transmittal (or facsimile), with any required signature guarantees and any other required documents, must, in any case, be transmitted to and received or confirmed by the exchange agent at its address set forth under "—Exchange Agent" below, prior to 5:00 p.m., New York City time, on the expiration date. Delivery of documents to DTC in accordance with its procedures does not constitute delivery to the exchange agent.

The tender by a holder of outstanding notes will constitute an agreement between us and the holder in accordance with the terms and subject to the conditions set forth in this prospectus and in the letter of transmittal.

The method of delivery of outstanding notes and the letter of transmittal and all other required documents to the exchange agent is at the election and risk of the holders. Instead of delivery by mail, we recommend that holders use an overnight or hand delivery service. In all cases, holders should allow sufficient time to assure delivery to the exchange agent before the expiration date. No letter of transmittal of outstanding notes should be sent to us. Holders may request their respective brokers, dealers, commercial banks, trust companies or nominees to effect the tenders for such holders.

Any beneficial owner whose outstanding notes are registered in the name of a broker, dealer, commercial bank, trust company or other nominee and who wishes to tender should contact the registered holder promptly and instruct such registered holder to tender on behalf of the beneficial owner. If the beneficial owner wishes to tender on that owner's own behalf, the beneficial owner must, prior to completing and executing the letter of transmittal and delivering such beneficial owner's outstanding notes, either make appropriate arrangements to register ownership of the outstanding notes in such beneficial owner's name or obtain a properly completed bond power from the registered holder. The transfer of registered ownership may take considerable time.

Signatures on letters of transmittal or notices of withdrawal must be guaranteed by an eligible guarantor institution within the meaning of Rule 17Ad-15 under the Exchange Act, unless the outstanding notes tendered pursuant thereto are tendered:

• by a registered holder who has not completed the box entitled "Special Registration Instructions" or "Special Delivery Instructions" on the letter of transmittal; or

- for the account of an eligible guarantor institution.
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In the event that a signature on a letter or transmittal or a notice of withdrawal is required to be guaranteed, such guarantee must be by:

- a member firm of a registered national securities exchange or of the Financial Industry Regulatory Authority;
- a commercial bank or trust company having an office or correspondent in the United States; or
- an "eligible guarantor institution."

If the letter of transmittal is signed by a person other than the registered holder of any outstanding notes, the outstanding notes must be endorsed by the registered holder or accompanied by a properly completed bond power, in each case signed or endorsed in blank by the registered holder.

If the letter of transmittal or any outstanding notes or bond powers are signed or endorsed by trustees, executors, administrators, guardians, attorneys-in-fact, officers of corporations or others acting in a fiduciary or representative capacity, such persons should so indicate when signing and, unless waived by us, submit evidence satisfactory to us of their authority to act in that capacity with the letter of transmittal.

We will determine all questions as to the validity, form, eligibility (including time of receipt) and acceptance and withdrawal of tendered outstanding notes in our sole discretion. We reserve the absolute right to reject any and all outstanding notes not properly tendered or any outstanding notes whose acceptance by us would, in the opinion of our counsel, be unlawful. We also reserve the right to waive any defects, irregularities or conditions of tender as to any particular outstanding notes either before or after the expiration date. Our interpretation of the terms and conditions of the exchange offer (including the instructions in the letter of transmittal) will be final and binding on all parties. Unless waived, any defects or irregularities in connection with tenders of outstanding notes must be cured within a time period we will determine. Although we intend to request the exchange agent nor any other person will have any duty or incur any liability for failure to give such notification. Tenders of outstanding notes will not be considered to have been made until such defects or irregularities have been cured or waived. Any outstanding notes received by the exchange agent that are not properly tendered and as to which the defects or irregularities have not been cured or waived will be returned by the exchange agent to the tendering holders, unless otherwise provided in the letter of transmittal, promptly following the expiration date.

In addition, we reserve the right, as set forth above under "—Conditions to the Exchange Offer", to terminate the exchange offer. By tendering, each holder represents to us, among other things, that:

- the registered notes acquired in connection with the exchange offer are being obtained in the ordinary course of business of the person receiving the registered notes, whether or not such person is the holder;
- neither the holder nor any such other person has an arrangement or understanding with any person to participate in the distribution of such registered notes; and
- neither the holder nor any such other person is our "affiliate" (as defined in Rule 405 under the Securities Act).

If the holder is a broker-dealer which will receive registered notes for its own account in exchange for outstanding notes, it will acknowledge that it acquired such outstanding notes as the result of market-making activities or other trading activities and it will deliver a prospectus in connection with any resale of such registered notes. See "Plan of Distribution."

Guaranteed Delivery Procedures

A holder who wishes to tender its outstanding notes and:

• whose outstanding notes are not immediately available;

• who cannot deliver the holder's outstanding notes, the letter of transmittal or any other required documents to the exchange agent prior to the expiration date; or

- who cannot complete the procedures for book-entry transfer before the expiration date; may effect a tender if:
- the tender is made through an eligible guarantor institution;
- before the expiration date, the exchange agent receives from the eligible guarantor institution:

(i) a properly completed and duly executed notice of guaranteed delivery by facsimile transmission, mail or hand delivery,

(ii) the name and address of the holder, and

(iii) the certificate number(s) of the outstanding notes and the principal amount of outstanding notes tendered, stating that the tender is being made and guaranteeing that, within three New York Stock Exchange trading days after the expiration date, the letter of transmittal and the certificate(s) representing the outstanding notes (or a confirmation of book-entry transfer), and any other documents required by the letter of transmittal will be deposited by the eligible guarantor institution with the exchange agent; and

• the exchange agent receives, within three New York Stock Exchange trading days after the expiration date, a properly completed and executed letter of transmittal or facsimile, as well as the certificate(s) representing all tendered outstanding notes in proper form for transfer or a confirmation of book-entry transfer, and all other documents required by the letter of transmittal.

Upon request, the exchange agent will send to you a notice of guaranteed delivery if you wish to tender your outstanding notes according to the guaranteed delivery procedures.

Withdrawal of Tenders

Except as otherwise provided herein, tenders of outstanding notes may be withdrawn at any time prior to 5:00 p.m., New York City time, on the expiration date.

To withdraw a tender of outstanding notes in connection with the exchange offer, a written or facsimile transmission notice of withdrawal must be received by the exchange agent at its address set forth herein prior to 5:00 p.m., New York City time, on the expiration date. Any such notice of withdrawal must:

- specify the name of the person who deposited the outstanding notes to be withdrawn;
- identify the outstanding notes to be withdrawn (including the certificate number(s) and principal amount of such outstanding notes);
- be signed by the depositor in the same manner as the original signature on the letter of transmittal by which such outstanding notes were tendered (including any required signature guarantees) or be accompanied by documents of transfer sufficient to have the Trustee register the transfer of such outstanding notes into the name of the person withdrawing the tender; and
- specify the name in which any such outstanding notes are to be registered, if different from that of the depositor.

We will determine all questions as to the validity, form and eligibility (including time of receipt) of such notices of withdrawal. Any outstanding notes so withdrawn will be considered not to have been validly tendered for purposes of the exchange offer, and no registered notes will be issued unless the outstanding notes withdrawn are validly re-tendered. Any outstanding notes which have been tendered but which are not accepted for exchange or which are withdrawn will be returned to the holder without cost to such holder promptly after withdrawal, rejection of tender or termination of the exchange offer. Properly withdrawn outstanding notes may be re-tendered by following one of the procedures described above under "—Procedures for Tendering" at any time prior to the expiration date.

Information Regarding the Registration Rights Agreement

As noted, we are effecting this exchange offer to comply with the registration rights agreement. The registration rights agreement requires us to use our reasonable best efforts to:

• file with the SEC a registration statement for the exchange offer;

- cause such registration statement to be declared effective under the Securities Act;
- have such registration statement remain effective until the closing of the exchange offer;

• commence the exchange offer promptly after the exchange offer registration statement is declared effective by the Commission; and

• consummate the exchange offer not later than February 17, 2014.

In addition, the registration rights agreement requires us to file a shelf registration statement for a continuous offering in accordance with Rule 415 under the Securities Act for your benefit if:

• the exchange offer is not consummated by February 17, 2014;

• we are not permitted to consummate the exchange offer because the exchange offer is not permitted by applicable law or SEC policy;

• you are prohibited by applicable law or SEC policy to participate in the exchange offer and indicate that you wish to have your outstanding notes registered under the Securities Act;

• you may not resell registered notes you have acquired in the exchange offer to the public without delivering a prospectus and this prospectus (including any amendment or supplement thereto) is not appropriate or available for resales by you; or

• you are a broker-dealer and hold outstanding notes acquired directly from us or any of our affiliates.

In the event that the exchange offer is not consummated by February 17, 2014 or, if required, the shelf registration statement has not become effective or such shelf registration statement ceases to be effective at any time during the shelf registration period (subject to certain exceptions), the interest rate on the affected outstanding notes will be increased by 0.25% per annum for the first 90-day period thereafter, and the amount of such additional interest will increase by an additional 0.25% for each subsequent 90-day period, up to a maximum of 1.0% per annum over the original interest rate of the outstanding notes. Once the exchange offer is consummated or the registration default affecting the shelf registration statement is cured, the annual interest rate on the outstanding notes will revert to the original interest rate. Any amounts of additional interest due will be payable in cash on the same interest payment dates as interest on the outstanding notes is otherwise payable.

Our obligations to register the registered notes will terminate upon the consummation of the exchange offer. However, under the circumstances specified above, we may be required to file a shelf registration statement for a continuous offer in connection with the outstanding notes.

The foregoing description of the registration rights agreement is not a complete, and is qualified in its entirety by reference to all of the provisions of the registration rights agreement. A copy of the registration rights agreement is incorporated by reference as an exhibit to the registration statement which includes this prospectus. See "Where You Can Find More Information."

Exchange Agent

Branch Banking and Trust Company has been appointed as exchange agent for the exchange offer. Questions and requests for assistance, requests for additional copies of this prospectus or of the letter of transmittal should be directed to the exchange agent at its offices at 223 West Nash Street, Mail Code: 100-01-02-25, Wilson, NC 27893. The exchange agent's telephone number is (252) 246-4679 and facsimile number is (252) 249-4303.

Fees and Expenses

We will not make any payment to brokers, dealers or others soliciting acceptances of the exchange offer. We will pay certain other expenses to be incurred in connection with the exchange offer, including the fees and expenses of the exchange agent and certain accounting and legal fees.

Holders who tender their outstanding notes for exchange will not be obligated to pay transfer taxes; however, if:

• registered notes are to be delivered to, or issued in the name of, any person other than the registered holder of the outstanding notes tendered; or

• tendered outstanding notes are registered in the name of any person other than the person signing the letter of transmittal; or

• a transfer tax is imposed for any reason other than the exchange of outstanding notes in connection with the exchange offer;

then the amount of any such transfer taxes (whether imposed on the registered holder or any other person) will be payable by the tendering holder. If satisfactory evidence of payment of such taxes or exemption from them is not submitted with the letter of transmittal, the amount of such transfer taxes will be billed directly to the tendering holder.

Accounting Treatment

The registered notes will be recorded at the same carrying value as the outstanding notes as reflected in our accounting records on the date of the exchange. Accordingly, we will not recognize any gain or loss for accounting purposes upon the completion of the exchange offer. The expenses of the exchange offer that we pay will increase our deferred financing costs and will be amortized over the term of the notes in accordance with generally accepted accounting principles.

Issuance of the Registered Notes; Consequences of Failures to Properly Tender Outstanding Notes in the Exchange Offer

Issuance of the registered notes in exchange for the outstanding notes in the exchange offer will be made only after timely receipt by the exchange agent of the certificate(s) representing the outstanding notes (or a confirmation of book-entry transfer), a properly completed and duly executed letter of transmittal (or an agent's message from DTC) and all other required documents. Therefore, holders of the outstanding notes desiring to tender such outstanding notes in exchange for registered notes should allow sufficient time to ensure timely delivery. We are under no duty to give notification of defects or irregularities of tenders of outstanding notes for exchange. Outstanding notes that are not tendered or that are tendered but not accepted by us will, following completion of the exchange offer, continue to be subject to the existing restrictions upon transfer thereof under the Securities Act, and, upon completion of the exchange offer is completed, we will not be required to register the remaining outstanding notes. Remaining outstanding notes will continue to be subject to the following restrictions on transfer:

• the remaining outstanding notes may be resold only (i) if registered pursuant to the Securities Act, (ii) if an exemption from registration is available, or (iii) if neither such registration nor such exemption is required by law; and

• the remaining outstanding notes will bear a legend restricting transfer in the absence of registration or an exemption.

We do not currently anticipate that we will register the remaining outstanding notes under the Securities Act. To the extent that outstanding notes are tendered and accepted in connection with the exchange offer, any trading market for remaining outstanding notes could be adversely affected.

Transfer Taxes

We will pay all transfer taxes, if any, applicable to the exchange of outstanding notes under the exchange offer. The tendering holder, however, will be required to pay any transfer taxes, whether imposed on the registered holder or any other person, if:

• certificates representing outstanding notes for principal amounts not tendered or accepted for exchange are to be delivered to, or are to be issued in the name of, any person other than the registered holder of outstanding notes tendered;

• tendered outstanding notes are registered in the name of any other person other than the person signing the letter of transmittal; or

• a transfer tax is imposed for any reason other than the exchange of outstanding notes under the exchange offer.

If satisfactory evidence of payment of such taxes is not submitted with the letter of transmittal, the amount of such transfer taxes will be billed to the tendering holder.

Other

Participating in the exchange offer is voluntary and you should carefully consider whether to accept. You are urged to consult your financial and tax advisors in making your decision on what action to take.

DESCRIPTION OF THE REGISTERED NOTES

We will issue the registered notes under the Indenture for the outstanding notes dated as of June 12, 2013 between us and Branch Banking and Trust Company, as trustee.

You can find the definitions of many of the terms used in this description under the section "—Certain Definitions." In this description, the words "Ingles," "we," "our" or "us" refer only to Ingles Markets, Incorporated and not to any of its subsidiaries.

Any outstanding notes that remain outstanding after the completion of the exchange offer, together with the registered notes issued in exchange for the outstanding notes, will be treated as a single class of debt securities under the indenture. Unless otherwise indicated, the outstanding notes and the registered notes to be issued in the exchange offer are collectively referred to as the "Notes" in this summary description. The terms of the Notes include those stated in the Indenture and those made part of the Indenture by reference to the Trust Indenture Act of 1939, as amended. The Indenture is qualified as an indenture under the Trust Indenture Act.

The following description of the Indenture and Notes is not complete, and is qualified in its entirety by reference to all of the provisions of the Indenture and the Notes. We urge you to read the Indenture because it defines your rights as a holder of the Notes. A copy of the Indenture is incorporated by reference as an exhibit to the registration statement which includes this prospectus. See "Where You Can Find More Information."

Principal, Maturity and Interest

We issued \$700,000,000 aggregate principal amount of outstanding notes in denominations of \$2,000 and integral multiples of \$1,000, maturing on June 15, 2023. We will issue up to the same amount of registered notes. The Notes will mature on June 15, 2023. We may issue additional notes under the Indenture from time to time. Any issuance of additional notes is subject to all of the covenants in the Indenture. The outstanding notes, the registered notes and any additional notes subsequently issued after the date of this prospectus under the indenture shall be treated as a single class for all purposes under the Indenture, including, without limitation, waivers, amendments, redemptions and offers to purchase.

The Notes are unsecured senior obligations of the Company. The payment of principal, premium, if any, and interest on the Notes rank equal in right of payment with all other senior Indebtedness of the Company. The Notes are effectively subordinated to all existing and future Indebtedness of the Company secured by a Lien, to the extent of the value of the assets securing such Indebtedness.

Interest on the Notes accrue at a rate of 5.75% per annum and is be payable semiannually in arrears on June 15 and December 15 in each year, commencing on December 15, 2013. The Company will pay interest to the Person in whose name the note (or any predecessor note) is registered at the close of business on the June 1 or December 1, as the case may be, immediately preceding such interest payment date. Interest will be computed on the basis of a 360-day year comprised of twelve 30-day months.

The Notes will be issued only in fully registered form without coupons, in denominations of \$2,000 and any integral multiple of \$1,000. No service charge will be made for any registration of transfer, exchange or redemption of notes, except in certain circumstances for any tax or other governmental charge that may be imposed.

Settlement for the Notes will be made in same day funds. All payments of principal and interest will be made by the Company in same day funds. The Notes will trade in the Same-Day Funds Settlement System of The Depository Trust Company (the "Depositary" or "DTC") until maturity, and secondary market trading activity for the notes will therefore

settle in same day funds.

All references to "interest" in the indenture will include any and all interest payable as a result of a registration default under the Registration Rights Agreement.

Guarantees

The Notes are not currently guaranteed by any of our Subsidiaries. However, if any Restricted Subsidiary of the Company subsequently becomes a guarantor or obligor in respect of any other Indebtedness of the Company or any of the other Restricted Subsidiaries, the Company shall cause such Restricted Subsidiary to enter into a supplemental indenture in which such Restricted Subsidiary shall agree to guarantee the Company's obligations under the Notes jointly and severally with any other such Restricted Subsidiary, fully and unconditionally, on a senior unsecured basis.

If the Company defaults in payment of the principal of, premium, if any, or interest on the Notes, each of the Guarantors will be unconditionally, jointly and severally obligated to duly and punctually pay the principal of, premium, if any, and interest on the Notes.

The obligations of each Guarantor under its Guarantee are limited to the maximum amount which, after giving effect to all other contingent and fixed liabilities of such Guarantor, and after giving effect to any collections from or payments made by or on behalf of any other Guarantor in respect of the obligations of such other Guarantor under its Guarantee or pursuant to its contribution obligations under the Indenture, will result in the obligations of such Guarantor under its Guarantee not constituting a fraudulent conveyance or fraudulent transfer under federal or state law. Each Guarantor that makes a payment or distribution under its Guarantee will be entitled to a contribution from any other Guarantor in a pro rata amount based on the net assets of each Guarantor determined in accordance with GAAP.

Notwithstanding the foregoing, in certain circumstances a Guarantee of a Guarantor may be released pursuant to the provisions of subsection (c) under "—Certain Covenants—Limitation on Issuances of Guarantees of and Pledges for Indebtedness." The Company may also, at any time, cause a Restricted Subsidiary to become a Guarantor by executing and delivering a supplemental indenture providing for the guarantee of payment of the Notes by such Restricted Subsidiary on the basis provided in the Indenture.

Optional Redemption

After June 15, 2018, the Company may redeem all or a portion of the Notes, on not less than 30 nor more than 60 days' prior notice, in amounts of \$1,000 or an integral multiple thereof at the following redemption prices (expressed as percentages of the principal amount), if redeemed during the 12-month period beginning of the years indicated below:

Redemption	1
Price	

Year	
2018	102.875%
2019	101.917%
2020	100.958%
2021 and thereafter	100.000%

The amount payable to the holder of a Note shall be equal to the applicable redemption price of the Notes redeemed, plus accrued and unpaid interest, if any, to the redemption date (subject to the rights of holders of record on relevant record dates to receive interest due on an interest payment date that is on or prior to the redemption date).

In addition, at any time prior to June 15, 2016, the Company, at its option, may use the net proceeds of one or more Equity Offerings to redeem up to an aggregate of 35% of the aggregate principal amount of Notes issued under the Indenture at a redemption price equal to 105.750% of the aggregate principal amount of the Notes redeemed, plus accrued and unpaid interest, if any, to the redemption date (subject to the rights of holders of record on relevant record dates to receive interest due on an interest payment date that is on or prior to the redemption date). At least 65% of the aggregate principal amount of Notes issued under the Indenture must remain outstanding immediately after the occurrence of such redemption. In order to effect this redemption, the Company must mail a notice of redemption no later than 30 days after the closing of the related Equity Offering and must complete such redemption within 60 days of the closing of the Equity Offering.

In addition, prior to June 15, 2018, the Company may redeem the Notes at its option, in whole at any time or in part from time to time, upon not less than 30 nor more than 60 days' notice at a redemption price equal to 100% of the

principal amount of the Notes redeemed plus the Applicable Premium, plus accrued and unpaid interest, if any, to the applicable redemption date (subject to the right of holders of record on the relevant regular record date to receive interest due on an interest payment date that is on or prior to the redemption date).

If less than all of the Notes are to be redeemed, the Trustee shall select the Notes to be redeemed in compliance with the requirements of the principal national security exchange, if any, on which the Notes are listed, or if the Notes are not listed, on a pro rata basis, by lot or by any other method the Trustee shall deem fair and reasonable. Notes redeemed in part must be redeemed only in integral multiples of \$1,000. Redemption pursuant to the provisions relating to an Equity Offering must be made on a pro rata basis or on as nearly a pro rata basis as practicable (subject to the procedures of DTC or any other depositary).

Sinking Fund

The Notes will not be entitled to the benefit of any sinking fund.

Purchase of Notes upon a Change of Control

If a Change of Control occurs, each holder of Notes will have the right to require that the Company purchase all or any part (in integral multiples of \$1,000) of such holder's Notes pursuant to a Change of Control Offer. In the Change of Control Offer,

the Company will offer to purchase all of the Notes, at a purchase price (the "Change of Control Purchase Price") in cash in an amount equal to 101% of the principal amount of such Notes, plus accrued and unpaid interest, if any, to the date of purchase (the "Change of Control Purchase Date") (subject to the rights of holders of record on relevant record dates to receive interest due on an interest payment date that is on or prior to such date of purchase).

Within 30 days of any Change of Control or, at the Company's option, prior to such Change of Control but after it is publicly announced, the Company must notify the Trustee and give written notice of the Change of Control to each holder of Notes (the "Change of Control Offer"), by first-class mail, postage prepaid, at his address appearing in the security register. The notice must state, among other things,

• that a Change of Control has occurred and the date of such event;

• the circumstances and relevant facts regarding such Change of Control, including information with respect to pro forma historical income, cash flow and capitalization after giving effect to such Change of Control;

• the purchase price and the purchase date which shall be fixed by the Company on a business day no earlier than 30 days nor later than 60 days from the date the notice is mailed, nor, in any event, earlier than the commencement of the Change in Control, or such later date as is necessary to comply with requirements under the Exchange Act;

• that any Note not tendered will continue to accrue interest;

• that, unless the Company defaults in the payment of the Change of Control Purchase Price, any Notes accepted for payment pursuant to the Change of Control Offer will cease to accrue interest after the Change of Control Purchase Date; and

• other procedures that a holder of Notes must follow to accept a Change of Control Offer or to withdraw acceptance of the Change of Control Offer.

If a Change of Control Offer is made, the Company may not have available funds sufficient to pay the Change of Control Purchase Price for all of the Notes that might be delivered by holders of the Notes seeking to accept the Change of Control Offer. The failure of the Company to make or consummate the Change of Control Offer or pay the Change of Control Purchase Price when due will give the Trustee and the holders of the Notes the rights described under "—Events of Default."

In addition to the obligations of the Company under the Indenture with respect to the Notes in the event of a Change of Control, some of the long-term Indebtedness of the Company also contains or may in the future contain an event of default upon events similar to those defined as a Change of Control with respect to the Notes which allows the lender to accelerate the repayment of amounts outstanding under such indebtedness. The definition of a change of control in such other indebtedness may differ from the definition included in the Notes and, in connection with indebtedness that may be entered into in the future, may include events which would not trigger a Change of Control for purposes of the Notes.

The definition of Change of Control includes a phrase relating to the sale, lease, transfer, conveyance or other disposition of "all or substantially all" of the assets of the Company. The term "all or substantially all" as used in the definition of "Change of Control" has not been interpreted under New York law (which is the governing law of the Indenture) to represent a specific quantitative test. Therefore, if holders of the Notes elected to exercise their rights under the Indenture and the Company elected to contest such election, it is not clear how a court interpreting New

York law would interpret the phrase.

The existence of a holder's right to require