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IEC ELECTRONICS CORP Some A Form 4 May 19, 2005 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB APPROVAL Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 16. STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Main bours per response Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, ection 17(a) of the Public Utility Holding Company Act of 1935 or Section 16(a) of the Investment Company Act of 1940 State average burden hours per response									
(Print or Type Responses)									
1. Name and Address of Reporti ROWE JAMES C	S II	2. Issuer Name and Symbol EC ELECTRON IECE.OB]		-	Issuer	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)(First)(Middle)3. Date of Earliest Tr. (Month/Day/Year)C/O IEC ELECTRONICS CORP., 105 NORTON STREET05/18/2005					X_ Director 10% Owner Officer (give title Other (specify below) below)				
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by (_X_ Form filed by One Reporting Person Form filed by More than One Reporting			
(City) (City) (Zig)									
1.Title of 2. Transaction I Security (Month/Day/Ye (Instr. 3)	ed 3. Date, if Transactic Code yy/Year) (Instr. 8)	4. Securiti n(A) or Dis (Instr. 3, 4	ies Acquires sposed of (1 4 and 5) (A) or	D) Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of			
Common Stock 05/18/2005 Common Stock		Code V P	Amount 41,100	(D) Pri A \$ 0.5	252 721	I D	By 401 (k) plan		
Common Stock					78,600	Ι	By Trust		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title Amoun Underl Securit (Instr. 3	nt of ying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title I	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships						
	Director	10% Owner	Officer	Other				
ROWE JAMES C C/O IEC ELECTRONICS C 105 NORTON STREET NEWARK, NY 14513	CORP.	Х						
Signatures								
James C. Rowe	05/19/2	2005						
**Signature of Reporting Person	Date							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.