

BLOEM JAMES H  
Form 4  
December 03, 2009

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
BLOEM JAMES H

(Last) (First) (Middle)

HUMANA INC., 500 WEST MAIN STREET

(Street)

LOUISVILLE, KY 40202

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
HUMANA INC [HUM]

3. Date of Earliest Transaction (Month/Day/Year)  
12/02/2009

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)

Sr. VP, CFO & Treasurer

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|-----------------------------------|
|                                 |                                      |  | Code                           | V   | Amount (A) or (D) Price   |  |                                   |
| Humana Common                   | 12/02/2009                           |  | S                              |   | 4,800 D \$ 42.3   | D  | 82,298                            |
| Humana Common                   | 12/02/2009                           |  | S                              |   | 12,808 D \$ 42.4  | D  | 69,490                            |
| Humana Common                   | 12/02/2009                           |  | S                              |   | 4,714 D \$ 42.41  | D  | 64,776                            |
| Humana Common                   | 12/02/2009                           |  | S                              |   | 256 D \$ 42.42  | D  | 64,520                            |
| Humana Common                   | 12/02/2009                           |  | S                              |   | 100 D \$ 42.425   | D  | 64,420                            |

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|                  |            |   |        |   |          |        |   |
|------------------|------------|---|--------|---|----------|--------|---|
| Humana<br>Common | 12/02/2009 | S | 100    | D | \$ 42.44 | 64,320 | D |
| Humana<br>Common | 12/02/2009 | S | 7,000  | D | \$ 42.55 | 57,320 | D |
| Humana<br>Common | 12/02/2009 | S | 10,000 | D | \$ 42.6  | 47,320 | D |
| Humana<br>Common | 12/02/2009 | S | 2,000  | D | \$ 42.7  | 45,320 | D |
| Humana<br>Common | 12/02/2009 | S | 3,000  | D | \$ 42.71 | 42,320 | D |
| Humana<br>Common | 12/02/2009 | S | 222    | D | \$ 42.75 | 42,098 | D |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 3) |                            |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|--|----------------------------|
|  |  |                                      |  | Code                           | V (A) (D)   | Date Exercisable   | Expiration Date   | Title                                      | Amount or Number of Shares |
| Options<br>(1)                             | \$ 32.7  |                                      |  |                                |   | (3)  | 02/24/2012  | Humana<br>Common                           | 26,666                     |
| Options<br>(2)                             | \$ 53.96   |                                      |  |                                |   | (4)  | 02/23/2013  | Humana<br>Common                           | 38,830                     |
| Options<br>(2)                             | \$ 62.1  |                                      |  |                                |   | (5)  | 02/22/2014  | Humana<br>Common                           | 45,415                     |
| Options<br>(2)                             | \$ 69.475  |                                      |  |                                |   | (6)  | 02/21/2015  | Humana<br>Common                           | 47,875                     |
| Options<br>(2)                             | \$ 41.83   |                                      |  |                                |   | (7)  | 02/19/2016  | Humana<br>Common                           | 67,728                     |

## Reporting Owners

| Reporting Owner Name / Address   | Relationships |           |                         |       |
|--|---------------|-----------|-------------------------|-------|
|  | Director      | 10% Owner | Officer                 | Other |
| BLOEM JAMES H<br>HUMANA INC.<br>500 WEST MAIN STREET<br>LOUISVILLE, KY 40202 |               |           | Sr. VP, CFO & Treasurer |       |

## Signatures

James H. Bloem                      12/02/2009

\_\_Signature of                      Date  
Reporting Person

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Right to buy pursuant to the Company's 1996 Stock Incentive Plan for Employees.
- (2) Right to buy pursuant to the Company's 2003 Stock Incentive Plan.
- (3) Incentive and Non-Qualified stock options granted to reporting person on 2/24/05, NQ options vesting in three increments from 2/24/06 to 2/24/08, and ISO's vesting on 2/24/08.
- (4) Incentive and Non-Qualified stock options granted to reporting person on 2/23/06, NQ options vesting in three increments from 2/23/07 to 2/23/09, and ISO's vesting on 2/23/09.
- (5) Incentive and Non-Qualified stock options granted to reporting person on 2/22/07, NQ options vesting in three increments from 2/22/08 to 2/22/10, and ISO's vesting on 2/22/10.
- (6) Incentive and Non-Qualified stock options granted to reporting person on 2/21/08, NQ options vesting in three increments from 2/21/09 to 2/21/11, and ISO's vesting on 2/21/11.
- (7) Reporting person was granted the maximum number of Incentive stock options allowed and remaining options were granted as Non-Qualified stock options. The option grant vests in three increments from 2/19/10 to 2/19/12.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.