

Helfant Adam S
 Form 4
 December 27, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Helfant Adam S

(Last) (First) (Middle)
 ONE BOWERMAN DRIVE
 (Street)

BEAVERTON, OR 97005

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 NIKE INC [NKE]

3. Date of Earliest Transaction
 (Month/Day/Year)
 12/23/2005

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Vice President

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|---|
| | | | Code | V | Amount (A) or (D) Price | | |
| Class B Common Stock | 12/23/2005 ⁽¹⁾ | | X | | 1,500 A \$ 48.25 | 9,993 | D |
| Class B Common Stock | 12/23/2005 | | S | | 1,500 D \$ 86.6896 | 8,493 | D |
| Class B Common Stock | 12/23/2005 | | X | | 2,000 A \$ 58.75 | 10,493 | D |
| Class B Common | 12/23/2005 | | S | | 2,000 D \$ 86.6896 | 8,493 | D |

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| | | | | | | | | | |
|----------------------------|------------|---|--------|---|---------------|----------------------|---|--|---|
| Stock | | | | | | | | | |
| Class B Common Stock | 12/23/2005 | X | 5,000 | A | \$ 48.4375 | 13,493 | D | | |
| Class B Common Stock | 12/23/2005 | S | 5,000 | D | \$ 86.6896 | 8,493 | D | | |
| Class B Common Stock | 12/23/2005 | X | 10,000 | A | \$ 54.25 | 18,493 | D | | |
| Class B Common Stock | 12/23/2005 | S | 10,000 | D | \$ 86.6896 | 8,493 | D | | |
| Class B Common Stock | 12/23/2005 | X | 10,000 | A | \$ 56.25 | 18,493 | D | | |
| Class B Common Stock | 12/23/2005 | S | 10,000 | D | \$ 86.6896 | 8,493 | D | | |
| Class B Common Stock | 12/23/2005 | X | 12,000 | A | \$ 27.6875 | 20,493 | D | | |
| Class B Common Stock | 12/23/2005 | S | 12,000 | D | \$ 86.6896 | 8,493 | D | | |
| Class B Common Stock | 12/23/2005 | X | 10,000 | A | \$ 42.36 | 18,493 | D | | |
| Class B Common Stock | 12/23/2005 | S | 10,000 | D | \$ 86.6896 | 8,493 ⁽²⁾ | D | | |
| Class B Common Stock | | | | | | 380 | I | | by ESPP ⁽³⁾ |
| Class B Common Stock | | | | | | 1,155 | I | | by Retirement Plan ⁽⁴⁾ |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Security (Instr. 3 and 4) | Amount or Number of Shares | |
|--|--|--------------------------------------|--|--------------------------------|---|--|---|----------------------------|--------|
| | | | | Code | V (A) (D) | Date Exercisable | Expiration Date | Title | |
| Non-Qualified Stock Option (right to buy) | \$ 27.6875 | 12/23/2005 | | X | 12,000 | <u>(5)</u> | 03/08/2010 | Class B Common Stock | 12,000 |
| Non-Qualified Stock Option (right to buy) | \$ 42.36 | 12/23/2005 | | X | 10,000 | <u>(6)</u> | 07/12/2011 | Class B Common Stock | 10,000 |
| Non-Qualified Stock Option (right to buy) | \$ 48.25 | 12/23/2005 | | X | 1,500 | <u>(7)</u> | 07/25/2006 | Class B Common Stock | 1,500 |
| Non-Qualified Stock Option (right to buy) | \$ 48.4375 | 12/23/2005 | | X | 5,000 | <u>(8)</u> | 07/16/2008 | Class B Common Stock | 5,000 |
| Non-Qualified Stock Option (right to buy) | \$ 54.25 | 12/23/2005 | | X | 10,000 | <u>(9)</u> | 07/23/2009 | Class B Common Stock | 10,000 |
| Non-Qualified Stock Option (right to buy) | \$ 56.25 | 12/23/2005 | | X | 10,000 | <u>(10)</u> | 10/15/2009 | Class B Common Stock | 10,000 |
| Non-Qualified Stock Option (right to buy) | \$ 58.75 | 12/23/2005 | | X | 2,000 | <u>(11)</u> | 07/14/2007 | Class B Common Stock | 2,000 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | |
|---|---------------|-----------|----------------|-------|
| | Director | 10% Owner | Officer | Other |
| Helfant Adam S ONE BOWERMAN DRIVE BEAVERTON, OR 97005 | | | Vice President | |

Signatures

By: John F. Coburn III For: Adam S.
Helfant

12/27/2005

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
Pursuant to Company policy, market sales of Company stock by officers and directors are permitted only after the second full trading day after the release of quarterly earnings and ending on the last day of the second month of the following fiscal quarter, except pursuant to approved 10b5-1 trading plans.
- (1) Includes 5,562 restricted shares granted under the NIKE, Inc. 1990 Stock Incentive Plan.
- (2) Shares held in account under NIKE, Inc. Employee Stock Purchase Plan.
- (3) Shares held in account under the NIKE, Inc. Retirement Savings Plan
- (4) Option granted on 3/08/2000 and became exercisable with respect to 25% of the shares on each of the first four anniversaries of the date of the grant.
- (5) Option granted on 7/12/2001 and becomes exercisable with respect to 25% of the shares on each of the first four anniversaries of the date of the grant.
- (6) Option granted on 7/26/1996 and became exercisable with respect to 25% of the shares on each of the first four anniversaries of the date of the grant.
- (7) Option granted on 7/16/1998 and became exercisable with respect to 25% of the shares on each of the first four anniversaries of the date of the grant.
- (8) Option granted on 7/23/1999 and became exercisable with respect to 25% of the shares on each of the first four anniversaries of the date of the grant.
- (9) Option granted on 10/15/1999 and became exercisable with respect to 25% of the shares on each of the first four anniversaries of the date of the grant.
- (10) Option granted on 7/14/1997 and became exercisable with respect to 25% of the shares on each of the first four anniversaries of the date of the grant.
- (11)

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